



# SUPER TEACHER

September 2018

Just a Short Note from Esther Kampstra,  
President of Peterborough RWTO

A new season has begun! Unfortunately, we had to cancel the President's Tea in August, but we are looking forward to several exciting events. On September 18<sup>th</sup>, our General Meeting at Baxter Creek with Bruce Gravel as our speaker should be entertaining! On October 16<sup>th</sup> we are hosting a High Tea to introduce retirees to RWTO Peterborough. Also, our Area Director, Judy-Anne will host a Regional Meeting on October 23<sup>rd</sup>.

Join in and invite your retired friends to the many different activities: Monthly Lunches, Book Club, Bridge, Golf, Merry Mattress Makers and Theatre/Concerts. Be involved, make new friends and have fun!



Our Birthday Bash at Royal Gardens



We were very well entertained by the Aces of Harmony

### High Tea

On Tuesday, October 16 we are hosting an exciting event to introduce the newly retired and those who retired earlier to the excitement of joining our branch. Our hostess for this event, Deb Glynn, and our executive will provide nourishment and information to our guests. Our membership committee have a list of newly retired teachers, but we need **you** to invite your teacher friends who have retired in past years. You will receive an invitation to give to your friends at our September 18 meeting.

### Membership

This year at the ETFO and the OECTA Retirement Galas, RWTO had a huge response from the Retirees. A \$25 voucher was offered as a prize at each Gala, to one lucky retiree woman teacher who entered the draw. Our presence was thus far more pronounced. Thank you to Esther, Theresa and Deb for representing us well at the Galas.



Deb Glynn with our posters and draw prize at Retirement Dinner

40 ladies submitted their email addresses and we have been able to contact them this summer to invite them to our activities. We realize that many new retirees want a complete break for a year or two. Several ladies who had retired some years ago and came to wish a colleague well, signed up though. A few new retirees are travelling this September, but they have asked us to continue to send them information.

It was decided not to hold the Muffin and Mimosa Party this August for the new retirees. However, we are excited about the High Tea that is planned for them in October.

A few new members have joined us this year, because one of us mentioned RWTO. Let's keep spreading the word about our Sharing, Caring and Having Fun group! Ann Siddell

### **Merry Mattress Makers**

Our chief mattress maker, Judy-Anne, is busy moving to a new house so the mattress making is on hold for a few weeks. They will return and produce the many mattresses and pillows for Third World people.

## Awards at our Annual General Meeting



Esther Kampstra presents Cora Bailey Awards to Judy-Anne Tumber, Marilyn Darling and Mena Fulton assisted by Deb Glynn



The Jean Axcell Award was presented to Sharon Maskell by Jean

## Our Trip to the Theatre

This year, St. James Players presents SHREK, The Musical. Based on the Oscar-winning, DreamWorks Animation film, Shrek The Musical is a Tony Award-winning fairy tale adventure, featuring all new songs from Jeanine Tesori (Thoroughly Modern Millie; Caroline, or Change) and a side-splitting book by David Lindsay-Abaire. Shrek brings all

the beloved characters you know from the film to life on stage and proves there's more to the story than meets the ears.

Our RWTO group's matinee performance will be at 2:00 p.m. on Saturday November 10th. Cost is \$26.00 (seniors and students, \$29.00 (adults)) and \$23.00 (children).

Please contact: Ruth Anne McNaught for information and ticket purchase details.

[ramcnaught@cogeco.ca](mailto:ramcnaught@cogeco.ca) - 705-740-3266



### RWTO INSURANCE:

What can I claim?

This year I needed:

- i) hearing aids,
- ii) cataract surgery
- iii) stronger lenses for my glasses
- and iv) dentures

You will find the answers later in the newsletter



- ✓ Make sure your medical insurance is up to date and inform your supplier where you will be travelling.
- ✓ Make sure your immunization is up to date. Vaccines for Hepatitis A, B and C are important for travel anywhere including cruising. If tropics are on your agenda, vaccines for tropical diseases like malaria, gangue fever, TB and diphtheria are very important.
- ✓ Make sure you take along enough medications to last the endurance of the trip. Many areas will not be able to provide you with such if you run out.
- ✓ In your luggage pack a medical kit including band aids, pain killers, antacids, polysporin etc.
- ✓ Pack an extra pair of reading glasses.
- ✓ Above all, pack light.
- ✓ Leave an itinerary of your trip with relatives.
- ✓ Leave a copy of your documents (credit cards, passports) at home in a safe place.
- ✓ Carry a copy of your health insurance numbers with you at all times.

#### While travelling----

- ✓ Stay in tourist safe areas.
- ✓ Do not use a fanny pack. Pick pockets love them.
- ✓ Purses should always be closed with zippers and carried under your arm.
- ✓ Never keep wallets in a back pocket.
- ✓ Documents and extra money should be carried in a money belt under your clothing.
- ✓ If travelling by car never leave valuables in the car. Such things as cameras, computers, hiking and fishing gear are easy targets for thieves.
- ✓ Never get into a taxi unless you have first negotiated the price.
- ✓ Drink only bottled water, carbonated beverages, beer or wine – never drink water from the tap.
- ✓ Do not eat food from street vendors.
- ✓ Wash carefully or peel fruit and vegetables.
- ✓ Salads in tropical countries (unless there is proper refrigeration) should be eaten with caution.
- ✓ Take proper precaution and carry medication for diarrhea.



## Let's Do Lunch

In August, our Let's do Lunch group visited the Heritage site for Lucy Maud Montgomery in Leaskdale. We had a delicious lunch, and, with our tour guide visited the church and the manse where Lucy Maud Montgomery lived for fifteen years. As well as all the work of raising two children and being a minister's wife, she managed to write twelve books, including some of the Anne series, while living here.



Lucy Maud Montgomery and Mary Parulski share a bench in the gardens,  
discussing Anne (with an 'e') Shirley

Tuesday, September 11 – lunch at Beachwood Resort

**Monday, October 8** - buffet at Elmhurst Resort

Tuesday, November 6 – lunch at La Hacienda

Tuesday, December 4 – Christmas at Chemong Lodge

### **The answers to the Insurance Questionnaire**

- i) Hearing Aids: Yes, check the brochure for limit.
- ii) Cataract Surgery: Yes, up to \$100.00 per eye.
- iii) Stronger Lenses: Yes, up to \$100.00 per eye when a result of cataract surgery.
- iv) Dentures: Not claimable

Don't forget to check your RWTO Insurance coverage and send in your claims!

Your RWTO Insurance contact: Ruth Anne McNaught - [ramcnaught@cogeco.ca](mailto:ramcnaught@cogeco.ca) - 705-740-3266

### Bookworms

Our readers have an interesting year of reading organized. We meet the second Tuesday of each month at 1:30. We take turns being hostess, leading the discussion and providing lunch. We welcome new members.

Joyce Fee

Sept	at Sheila's	Full Disclosure by Beverley McLachlan
Oct	at Ann's	The German Girl by Armando Lucas Correa
Nov	at Gwen's	Seven Fallen Feathers by Tanya Talaga
Dec	at Diane's	Roughing It In the Bush by Susanna Moodie

### Golf

What a marvellous summer we have had for golf this year! By starting between 8:30 and 9 a.m., we were able to complete our 9-hole game before 10:30 a.m., when the day was really starting to heat up. How good the cold homemade lemonade tasted back at the club house! Golf continues Friday mornings at Heron Landing until late October. New members are always welcome. Counting is not a necessary skill!

Ann Siddell

### Bridge Games

Each month, on the second Monday, we have an average of ten ladies who join us to play a rousing game of bridge. As we play we chat, we laugh, we share life stories, we ask for advice about our bridge hands. It is an afternoon of fun and fellowship. We meet at Grace United Church at the corners of Howden Avenue and Monaghan Road. The games start at one fifteen and we are well on the way home by four. During the afternoon we also pause to have a small snack which includes muffins, cheese, and coffee. We have been surprised with special treats sometimes too! We pay three dollars each time we

play, and the money is donated to the Collective Kitchen programme in the city. It supports single moms and helps with budgeting and healthy meals. If you are interested in joining us, please call **Sharon Maskell at 705 741-3313**. We would love to have you and we would make you feel welcome.

### Highlights of the 2018 Annual RWTO Convention

The 62<sup>nd</sup> Annual Convention of RWTO/OERO was held from June 5<sup>th</sup> to 7<sup>th</sup> at the Nottawasaga Inn, near Alliston. In attendance from our local branch were Esther Kampstra (President), Deb Glynn (Vice-President and Branch Representative), Judy-Ann Tumber (incoming Director for Area 7), Jean Axcell (Past-President of RWTO/OERO), Marion Philp, Joyce Fee and Mary Parulski, who joined us on the 6<sup>th</sup>.

The location was picturesque, and the food and service were excellent. Entertainment included musical groups, bus tours, the hospitality room and the silent auction.

Workshops related to information, wellness and exercise included one for Treasurers and one for Websites, as well as two for music and belly-dancing enthusiasts!

Our over 90s were given recognition at our final luncheon. Through a poignant slide show, the In-Memoriam Service honoured those members who recently passed away.

During the business portion of the convention there were several housekeeping resolutions which carried. In addition, there was a motion from the floor which prompted quite a bit of discussion. It was proposed that Kathy Gallagher (Communication and Website) be given some monetary reimbursement for the time and expense she incurs in the fulfilling of that role. It was argued that because most of the positions are voluntary, with only Gloria Drake (Executive Secretary-Treasurer) being paid, this would have been a deviation from the norm.

This resolution did not pass but later, during budget discussions, a decision was made by the majority to increase the budget line for Web Expenses to \$2,400 to pay our Webmaster for services (which is not new) and to reimburse Kathy Gallagher for any expenses she might incur in the purchasing of software or new programmes.

It was also announced that all branches will receive \$400 for Recruitment, Retention and Recognition.

The Convention wrapped up with a rousing, enthusiastic 'Call to Convention 2019' to be held in St. Catharines next June. Anyone wanting to become more involved in RWTO

would find it a wonderfully informative and enjoyable experience! Deb Glynn, our Branch Delegate

Congratulations to Judy-Anne Tumber, our Branch Past President, on her promotion to Area 7 Director. We are very proud of you.



Judy-Anne Tumber, Our New Area 7 Director, at Convention

### **Life Members**

In recognition of the years of service to the Peterborough Branch, the executive approved the following members for Life Membership:

Charlotte (Carly) Kelly, Eleanor Glover and Laura Lobb. Evelyn Davidson will also be recognized by the Provincial Office as a Life Member when she celebrates her 100<sup>th</sup> birthday on December 2<sup>nd</sup> of this year.

**IN MEMORIAM**

**Pomeroy, Marilyn Jean (nee Cavano)**  
Passed away at Campbellford Memorial  
Hospital on Sunday, May 20, 2018.



**McAfee, Patricia Jean (McIlraith)** Passed  
away peacefully at home in her sleep on  
June 14, 2018.

**McRae, Muriel (née Mutton)** Born the 14th of February 1911 - Died the 8th of August 2018 at Empress Gardens



**Pammett, Maureen (nee Brown )** Died peacefully at home on Tuesday, August 28, 2018.



RTO sponsored Panama Travel Poster

RWTO has been invited to go also.

If interested in this trip, please contact Judy-Anne or Ceris Higgs



## PLAYA BLANCA, PANAMA HOSTED TOUR

Hosted by: Thom Whitby of Activity Haven

Join Thom Whitby from Activity Haven on this week-long tour to Panama! Escape the cold of winter and fly away to Panama where turquoise water, coffee farms, cloud forests, thrilling adventure and plenty of opportunities to relax, await you!

From clear turquoise seas to the coffee farms and cloud forests of Chiriquí, Panama can be as chilled out or as thrilling as you wish. Panama is a country on the isthmus linking Central and South America. The Panama Canal, a famous feat of human engineering, cuts through its centre, linking the Atlantic and Pacific oceans.

The Royal Decameron Panama is a beachfront property, 137 km from Panama City and 2 km from the Scarlet Martinez airport. You'll be as busy or relaxed as you like while staying at the resort. There is an 18-hole golf course, windsurfing, kayaking, pedal boats, snorkeling, sailing, nightly entertainment, fitness centre and much more! You can also join a day trip to the Panama Canal!

Enjoy an endless summer, thrilling adventures and beautiful natural surroundings.

**Call Merit Travel Peterborough for more information and to start planning!**

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Peterborough@MeritTravel.com | 705.743.1635

7 nights

♦ **\$1,449\*** p.p.

Departs Toronto:  
Feb. 21 - 28, 2019

### ✔ What's Included:

- \* Roundtrip air from Toronto
- \* Transfers in destination

#### Royal Decameron Golf, Beach Resort & Villas inclusions:

- 7-nights accommodation in Hotel Room category
- All meals at the buffet restaurants and unlimited a la carte meals
- Unlimited domestic and select international drinks in bars and restaurants
- Daily sports and activities program
- Select non-motorized water sports
- Nightly entertainment
- WiFi in lobby
- Hotel taxes and service fees