



# Cambridge Branch



Sept. 2018

Newsletter #27

Cambridge R.W.T.O. Executive

2018-2019

President: Terry Hamilton 622-2298

Past President: Sheila W. 745-1884

1<sup>st</sup> Vice-President: Dianne W. 622 0859

Secretary/Archivist: Mary Jane N. 622-0415

Treasurer: Anita M. 622-9231

Lunch Co-ordinator: Monica R. 658 5495  
Lili G. 624 0292

Goodwill Convenor: Mary L. 653-3097

Insurance Convenor: Marg G. 623-1425

Callers: Area Code 519

Mary L. 623-3097

Bonnie M. unlisted

Monica R. 658-5495

Jean S. 653-1257

Emailers:

Anne <anne@borchardt.ca>

Penny <pkrahenbil@gmail.com>

Sue <susannemeighan@hotmail.com>

Sheila <artbysheila@bell.ca>

Carol <crstinson1986@rogers.com>

**Please contact your caller about EACH meeting.**

## Membership Fees of

\$40.00 are due as soon as possible and before September 30<sup>th</sup>. Please pay your fees to Anita Mullin, Treasurer.

Make cheques out to: **RWTO Cambridge Branch**

The fee for a member who retired on or before Aug. 31, 1980 is \$15.00

Luncheon cost is \$25.00 each time.

Meetings will be held at the **Galt Golf and Country Club**, on Coronation Blvd, next to the hospital. An elevator is available in the lobby.

Meetings follow this format:

Charity item drop off: In designated bins in the lobby on the way in: info from your caller,

**first meeting bring** personal hygiene

products for the women of Ancora House.

Mix and Mingle: 11:30 am

Business Meeting: 12:10

Lunch served: 12:30

Guest Speaker(s) 1:30-2:30

## **Guest speakers for 2018-2019**

**September 18, 2018 – speaker- Joyce Palubski – RTO Foundation**

**November 20, 2018 – Silent Auction and carol sing led by Dianne Winkler**

**February 19, 2019 – speaker – Jaime Griffith – Librarian at Idea Exchange**

**April 16, 2019 – speaker – Waterloo Regional Police - Fraud with Seniors**

**June 11, 2019 – Garden Party, Social Victoria Park or Riverside park in Cambridge**

**Sept. 17, 2019**

**Nov. 19, 2019**

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***Special Note!***  
***Meals that you order must be paid for by our RWTO Cambridge Branch. If for any reason you cannot attend after reserving your place, send your cheque payable to our Treasurer, Anita Mullin, 47 Hillcrest Dr., Cambridge, N1S 3M3 Phone: 519 622 9231 reroth@sympatico.ca***  
**This year it is not possible to accept prepaid cheques for meals.**



**Caring and Sharing**  
Mary Latham  
**519 653 3097**



As your Goodwill Convenor, I send sympathy, get well, thinking-of-you and congratulatory cards to some of our members. Please contact me by phone at any time if you know of anyone who should receive a card on behalf of our group.

## **President's Report:** **Terry Hamilton**



President's Message 2018

Welcome back! I hope that you all enjoyed your summer with family and friends. We have an exciting line up of speakers this year as you can see:

September 18, 2018 – Joyce Palubiski – RTO Foundation

November 20, 2018 – Silent auction and Christmas sing-s-long with Diane Winkler

February 19, 2019 - Jaime Griffin – Librarian with Idea/Exchange

April 16, 2019 – Waterloo Regional Police – Fraud in Seniors

Your executive for next year is almost the same as last year's except that Barb has retired after 10 years of being treasurer! Thank you Barb for all your years of service! We all appreciate it! Anita (one of your past-presidents) has taken over as treasurer for the 2018-2019 year. Another more recent Past-President and past Regional Director, Dianne, has agreed to come on as my Vice President and then will become your president again in 2019-2020. So that means that this coming year (my sixth) will be the last year that I am President and the last year Sheila W. will be Past-President. Thank you Dianne for coming back on the Executive! We still need someone to fill the 2<sup>nd</sup> Vice position so that Dianne doesn't have to be president forever! Mary Jane is staying on as Secretary and Web Master; Mary will stay as Goodwill; and Marg will also stay as Insurance Convenor. Our Lunch Convenors will stay as Monica and Lili. Monica also organizes the callers and e-mailers. She would love you to volunteer to help out with this as more callers/e-mailers are needed to make the job less time consuming. Please call or e-mail her if you can spare a few minutes several times a year prior to our luncheons. Your executive works hard on your behalf and would appreciate any help that you can give them. Of course, two even three people can share an Executive position. Please consider helping out!

The RWTO AGM and conference in Alliston this year was mainly resolutions around Housekeeping and involved re-wording of by-laws in a more orderly fashion. One new resolution was passed to

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give \$200 to help a new RWTO club start-up. Terry Kennedy reported that our profit sharing with Manulife was much less than other years due to the fact that many more claims were made this year. Also it was passed to make a new line in the budget for Kathy Gallagher, who is our provincial webmaster, a budget of \$1200 to use on computer products and programs after it was found out that she was paying for them out-of-pocket.

We will continue to support the Bridge's Homeless Shelter and Haven House with donations at our luncheons and will again donate from our silent auction in November to these two very needy causes.

I am looking forward to seeing you all this year!

In caring and sharing

Terry Hamilton

### Book Club 1:



I don't always want this writing deadline for Mary Jane but when I've completed the task the reflections about the year remind me every time what good friendship can be enjoyed as a result of reading.

Not many of us had much familiarity with the ancient traditions of Japanese culture. Sisters of Heart and Snow by Margaret Dilloway draws on parallel stories between a twelfth-century

female samurai who helps two present-day sisters release the past and heal their fractured lives. Glenna's choice gave us an entirely new setting and history to think and talk about.

Being Mortal by Atul Gawande generated vivid discussion as Sue M hosted November's gathering. Sue B and myself are figuring out parents longer term care needs with differing levels of cooperation and participation by family members. Karen detailed her sister's end of life choices. Like us, lots of you would find this book thought provoking indeed. An American reviewer suggests she learned the following by reading Dr. Gawande's book:

- **Nursing homes were never intended as permanent housing**
- **People need to be needed**
- Bodily safety is easy to measure, while quality of life is not.
- If you want to die peacefully at home, you have to be able to say "Enough."
- **There are worse things than dying**

**See what I mean? There are just times when life and literature collide too closely.**

So it was a great mood changer in December to thoroughly enjoy the best dishes- crystal - silverware kind of Christmas potluck in Liz's beautiful dining room. We all felt the gift of Liz's special hospitality.

I'm always looking for new authors to read and I enjoyed watching a BBC tv series called Case Histories, main character PI Jackson Brodie. Kate Atkinson's first three novels became that series. In addition I found Life after Life : what if you could travel back in time to give life another go... and another, and another, until you got it just so? Main character Ursula Todd did and didn't. In the prologue, which takes place in November 1930, Ursula walks into a cafe and finishes the Führer with her father's former service revolver. In chapter one she is born, and so it sort-of begins. It's an understatement to say this book is structurally very unusual, the sections we see at the outset develop into a

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series of portraits of a family in the good times and the bad, the happy times and the sad — before dissolving again at the end. A master of skillful writing and great characters.

Glenna keeps us attached to history with her choice of Lilac Girls by Martha Hall Kelly. It's based on a true story of a New York socialite Caroline Ferriday who championed a group of concentration camp survivors known as the Rabbits. The intermingling of fiction and history introduces you to Kasia Kuzmerick, a Polish teenage courier for the resistance movement, and an ambitious young female German doctor Herta Oberheuser whose career choices land her in a Nazi concentration camp experimenting on young women who become known as The Rabbits. Don't let the socialite get in your way of reading this!

In March it was a delight to find Jean had some snowdrops blooming in her garden as we laughed about the adventures in The Little Old Lady series by Catharina Ingelman-Sundberg. You can't find many seniors who plan bank heists with their friends. Enjoy The Little Old Lady Who Broke All the Rules, or ...Who Strikes Again, or ...Behaving Badly.

After a "heavy reading" winter we continued with lighter fare at Marine's in April reading Canadian Ian Hamilton's Ava Lee series. Members could read any of his 11 titles. The Water Rat of Wanchai was the first. The Imam of Tawi-Tawi was released in January. Ava is a Chinese-Canadian forensic accountant who deals with corruption as her business. Our plans for May changed when Mary invited us all to attend a RTO luncheon celebrating their 50th Anniversary, saving the Tea Shop mystery series by Laura Childs for another time.

On a too warm beautiful spring day in April we were at Liz's to share The Storied Life of A. J. Fikry by Gabrielle Zevin -- it's about a book store and readers. I'm sure I missed some of the allusions to Storied Lives the author uses as

the structure for your reading. You'll laugh and cry. What book club member cannot continue to read a book when a mom abandons her new born in a book store because that's a good place to restart life -- the child's and AJ's?

I'm sorry to say I missed a great discussion at the August meeting at Wendy's AND her strawberry pie! She chose an oldie but goodie, A Tree Grows In Brooklyn by Betty Smith. Just after you read this we will meet at Bonnie's to discuss I Gen by Jean Twenge.

Mary reminds us that Broken Promise by Linwood Barclay is the One Book One Community title this year, he is visiting Cambridge on Sept 27th. His mysteries series Promise Falls is quite good.

Enjoy!

### Book Club 2

Barb Welfred, Co-ordinator



The twelve members of Book Club 2 met every fourth Wednesday from September to June. The hostess for the month provided a light snack to begin our get together and another member lead the book discussion.

We began with reading **Emancipation Day** by Wayne Grady the One Book, One Community choice as has been our tradition for September. The rest of the year we read a variety of titles many with Canadian content, **The Light Keepers Daughters** set on an island in Lake Superior and **The Lost Diaries of**

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**Susanna Moodie** an account of a pioneer woman and her struggles to survive in the backwoods of eastern Ontario and **The Break** which was a fictional indigenous family in Winnipeg struggling to break the cycle of drugs and alcohol.

One of our favourite books was **Hillbilly Elegy** by J. D. Vance. This memoir of a “dirt poor” family from Kentucky ‘s Appalachian region that moves to Ohio to escape the poverty and build the American dream for themselves sparked a lively discussion within the group on whether this American dream will continue to be achievable within the political climate of today.

Our group enjoyed lunch at the New Dundee Emporium in June to celebrate the yearend and to also plan for the coming year with members suggesting titles that we might read next year.

Submitted by Joanne D.

## Hiking Club:



**Pedestrian**

## **Bridge over the Grand River, Cambridge**

We have been blessed with sunny weather for most of our hikes this season, although it has been humid. The Linear Trail reopened and we were able to hike it twice. Portions of the Riverside Park trails and Moffat Creek trail are have been closed due to nearby construction; however, the hike to the Pioneer Tower will be possible once again as

the Fountain St bridge has reopened. In addition to hiking segments of the rail trail between Cambridge and Paris, we have hiked in the Dickson Wilderness Area, Shades Mills and the Sudden Tract this summer. On the third Thursday of the month some of us join the “seniors” at Wesley Church, Cambridge for their \$10 lunch. Two new hikers have joined our group, Rose from the Kitchener Branch and newly retired Carolyn Y. We usually hike for 1.5 hours, and then go for coffee, often at Melville Café in Cambridge.

New members, friends are always welcome.



Mary Jane Novak, 622 0415

## *Ancora House*

Thank-you for your kind donation

Product List:

Turkey Pie: \$ 4 each

Beef Pie: \$ 4 each

Pecan Butter Tarts: 4 for \$ 5

Jam: \$ 6 each, Blackberry-Strawberry – Raspberry

Please [email-](mailto:ancorahouse@cambridgesheltercorp.ca)

[ancorahouse@cambridgesheltercorp.ca](mailto:ancorahouse@cambridgesheltercorp.ca)

to place your order and arrange pickup.





# Cambridge Branch

## NEW GENEALOGY CLUB



For anyone interested in learning more about their roots in North America or Europe using online resources such as Library and Archives Canada, Ancestry.com, Family Search.org, Find My Past, Ontario Genealogical Society and MyHeritage sites.



Catharine M. and Mary Jane Novak will offer tutorials and help you to create an online Family Tree. A sign-up sheet will be available at the September meeting or contact Catharine at

[bflows@sympatico.ca](mailto:bflows@sympatico.ca)

or Mary Jane at [mjnovak50@gmail.com](mailto:mjnovak50@gmail.com)

Five women from our Branch attended the June convention in Alliston: Terry H., Barb W, Ruth F, Pat T and Mary Jane N. They toured the Banting Homestead in addition to attending meetings, workshops and banquets.



Our branch donation to the silent auction was a piece of Hilborn pottery. Terry Hamilton was the Cora Bailey recipient from Cambridge this year. For a full convention report go to: [rwto.org](http://rwto.org) and look under: **Convention/AGM**

## Silent Auction 2018 (Nov. 20)

Last year \$1665 was raised in our annual Silent Auction and donated to the Bridges and Haven House.

Your donations of crafts, sewing, knitting, gift baskets, books, toys, gift cards, baking etc. is much appreciated. Thank you to Karen L. for preparing the bid sheets for many years. This year Mary Jane will be preparing the sheets, so please keep in mind a fair price when you are preparing your item.

