

Cambridge Branch



Sept. 2013

Newsletter #21

Cambridge R.W.T.O. Executive	
2013-2014	
President: Terry Hamilton	622-2298
Past President: Sheila Wittie	745-1884
1 st Vice-President: Vacant	
Secretary/Archivist: Mary Jane Novak	622-0415
Treasurer: Barb Welfred	653-7393
Lunch Co-ordinator: Mary Latham	653-3097
Goodwill Convenor: Helen Darby	632-8819
Insurance Convenor: Sheila Wittie	
<u>Callers:</u>	Area Code 519
Marilyn	653-2117
Anne	624-8261
Terry	623-6925
Sue B.	658-2716
Pat	632-5274
Sheila	621-1737
Sue M	621-9356
Jeannie	650-1954
Carol	752-7123
If you need a ride to meetings, call one of us!	

Membership Fees of \$40.00 are due as soon as possible and before September 30th. Please pay your fees to Barb Welfred, Treasurer.

Make cheques out to: **RWTO Cambridge Branch**

The fee for a member who retired on or before Aug. 31, 1980 is \$15.00

Meetings will be held at the **Galt Golf and Country Club**, on Coronation Blvd, next to the hospital. An elevator is available in the lobby.

Meetings follow this format:

Charity item drop off: In designated bins in the lobby on the way in

Mix and Mingle: 11:30 am

Business Meeting: 12:10

Lunch served: 12:30

Guest Speaker(s) 1:30-2:30

Special Note!

Meals that you order must be paid for by our RWTO Cambridge Branch. If for any reason you cannot attend after reserving your place, send your cheque payable to our Treasurer, Barb Welfred, a.s.a.p. Her address is 99 Pioneer Tower Road, Kitchener, N2P 2H4

You may also pre-pay for luncheons, contact Barb to do so.

Cambridge Branch

2013-2014 Schedule of Events

Tuesday, September 10, 2013

Luncheon:

Speakers: Sue Sturdy, Fibre Artist

Tuesday November 19, 2013

Luncheon: Christmas theme

Speaker: Mary Zilney, Haven House

Tuesday February 18, 2013

Luncheon: Valentine theme

Speaker: Rosemary Renshaw, Women's Prison

Tuesday April 15, 2013

Luncheon

Speaker: Rene Donovan, hypnotist

Tuesday June 17, 2013

Garden Party/Social

Delegates discussed ways of getting more of a rebate from the provincial office, to the branches, among other things. **Terry Hamilton** is submitting a resolution regarding rebates before November. Dianne also announced the "*Connections*" RWTO newsletter will be available online. This will save printing and postal costs. To receive *Connections* online, members need to sign up this September. RWTO provincial currently has \$240,000 in reserve. This amount includes insurance rebates from Johnson. For more information on the RWTO Convention and photos of the event, visit the website:
<http://www.rwto.org/convention.asp>

Thank you to Sheila Wittie for her four years of dedicated service as the Cambridge Branch President. Sheila will remain on the executive for the next two years as Past President.



Caring and Sharing



Please call **Helen Darby**, our Goodwill contact at 519 632 8819 if you know of a member who is ill, injured, in hospital or experiencing the loss of a loved one and she will be sent a card on behalf of the group.

Convention report by delegate **Dianne Winkler**: Dianne, Sheila and **Terry Hamilton** attended the 57th RWTO Convention which was held in Hamilton, June 4-6. The theme for this conference was :*"Catch the Wave"*.



Cambridge Branch



President's Message

Welcome back! I hope that you all enjoyed your summer break. I was fortunate to spend the summer at our cottage on

Georgian Bay. The time just flew by. I am very excited to be your president this year. I would personally like to thank Sheila Wittie for her leadership over the last four years and her continued leadership as past-president for the next two years. I certainly value her knowledge of the RWTO organization and her expertise at running this club. I appreciate her mentorship as I only joined the Executive last year. In addition I welcome Diane Winkler as our new Area Director. Diane has extensive experience with RWTO and will be a great asset to our organization as Director.

Speaking of our Executive, we really need two volunteers to fill the two vacant positions: Vice President and Insurance Convener. The VP job is for two years and is not onerous. All you have to do is attend the four Executive meetings and fill out the luncheon planner to e-mail to the callers. That takes about 10 minutes because I will e-mail you the template for it! In addition you book four guest speakers for the year. That took me no time at all this year as there is a list of prospective speakers that have been suggested and you may have your own ideas as well. The Insurance Convener

needs to attend one meeting with the Area Director Dianne Winkler and the other area conveners and presidents. Then you need to speak at one RWTO Cambridge lunch and tell the members about the advantages to purchasing the Insurance Plan....and believe me there are a lot of advantages. Please feel free to e-mail or phone me if you are interested.

Your executive has lined up some great speakers for your enjoyment ranging from a textile artist to a hypnotist to the chaplain for the Women's Correctional Institute.

As in the past, RWTO Cambridge is again supporting the same two charities: The Bridges and Haven House. In fact the CEO of Haven House is speaking to us in November.

I am looking forward to enjoying the next two years with you and participating in some of your amazing interest groups including: Book Clubs, Hiking Groups, Day Trips and Movie Goers. If you are interested in starting your own interest group please bring your idea to the next lunch meeting along with a sign-up sheet on September 10, 2013. Hope to see many of you there and maybe some new faces too! As you know you can always bring a friend but just let your caller know too.

Respectfully submitted by

Terry Hamilton

Cambridge Branch



Congratulations to new Area Two President Dianne Winkler, from our own branch. Dianne is a busy woman with her Chicklets women's choir, church and family activities.

RW Newsletter Sept 2013 --**Book Club 1** submitted by co-ordinator Anne

I sometimes am asked how we go about selecting books for the club to read. This year we each volunteered some titles that we thought the group would enjoy at our October meeting. At our Christmas lunch in December each member randomly drew a title -- "out of a hat" -- that would make up the reading list for 2013. In retrospect we may have read too many mysteries this year, and most people in the group are not mystery addicts, those of us who are had some good reads.

If you want another new quirky take on Sherlock Holmes -- not Cumberpatch, not Downie Jr., closer to the newest television series *Elementary* -- you'll enjoy the weird and wonderful titles by Laurie R King whose young Mary is a surprising partner to an older version of Sherlock. Mary is a PhD type of doctor not the Watson of yore. If you've seen *Elementary* the young woman doctor and bee keeping are perhaps allusions to King's version of Sherlock.

Jennifer White's books are set in mid nineteenth century Istanbul and her 'detective' -- magistrate Kamil Pasha-- is quite wonderful. This title won a nomination for the Ellis Peters Historical Crime Award. White's day job is an anthropologist who specializes in Turkish history and culture. The history and setting help to make this an extraordinary first novel for this author. There are only two Kamil Pasha titles so far.

Philip Kerr's setting is Germany before, during, and after the second world war. His detective Bernie Gunther is in the wise-acre style quite reminiscent of an older American style like Philip Marlow. You will be amazed that he survives through the war years and beyond being mostly apolitical. There are at least seven Bernie titles.

P D James' newest is an homage to the author's favourite writer Jane Austen. The engaging James has honourably replicated the Austen style, setting, and characters, but as a regular reader of James you'll wonder whatever happened to Dalglish!!

We continue to keep a children's title in our list -- you may know Wind in the Willows, in 1931 the well known Shepard illustrations were added. Half Blood Blues, a Canadian Giller winner, was well liked by all and added jazz musicians to our mix of characters, and occupied France to the mix of settings. And we continue to keep non fiction as well with I Feel Great About My Hands --a short story collection of women's stories about aging. You'll find yourself laughing out loud on occasion. Cutting for Stone has an eye-opener beginning that you expect on a tv show. Once you have read the first few pages (from the point of view of one of the twins) about the birth of conjoined twins to a nun in a pre-

Cambridge Branch

revolutionary Ethiopian clinic you have to read the rest, and there's lots to read! This year we won't be reading the Wagamese title for One Book One Community because we read it in 2012, so we substituted Indian Horse. It was one of the titles debated in the CBC Canada Reads selections over the winter. Here's our reading list for 2012-13. Lots to enjoy.

The Dressmaker by Kate Alcott

The Dove Keepers by Alice Hoffman

Laurie R King: Mary Russell and Sherlock Holmes; 11 titles

Death Comes to Pemberley by PD James

Wind in the Willows by Kenneth Graham

Half Blood Blues by Esi Edugyan

I feel Great about My Hands by Shari Graydon

Cutting for Stone by Abraham Verghese

Indian Horse by Richard Wagamese

Berlin Noir (a trilogy) by Philip Kerr

The Abyssinian Proof by Jennifer White

Book Club II submitted by co-ordinator Barb

Each year the members of our club enjoy reading and discussing a variety of interesting books chosen by our members. A highlight at one of our meetings this past year was a guest from the Kitchener Public Library. Sharon Smith, a librarian in Readers' Services joined us for a meeting in the spring. She has led a book club at the library for many years and shared ideas, techniques and suggestions for book clubs. Fiction is Sharon's area of expertise. She told us fiction books could be divided into four categories and described each one. Then she asked us to think about which type of fiction books we enjoy and choose to read most often.

Listed below are the four categories of fiction she suggested with examples of each type. What is your favourite type of fiction? Perhaps you would enjoy reading a book from this list as well.

Book suggestions from Sharon Smith, KPL.

Character Driven Stories

<i>Daniel Isn't Talking</i>	Marti Leimbach
<i>The Attack</i>	Yasmina Khadra
<i>Loving Frank</i>	Nancy Horan

Setting Based Stories

<i>Smoke</i>	Elizabeth Ruth
<i>The Madonnas of Leningrad</i>	Debra Dean
<i>Three Day Road</i>	Joseph Boyden

Language Driven Stories

<i>The Lost Garden</i>	Helen Humphries
<i>The Cat's Table</i>	Michael Ondaatje
<i>The Night Circus</i>	Erin Morgenstern

Story Focused Tales

<i>The 100-Year-Old Man Who Climbed out the Window</i>	
<i>And Disappeared</i>	Jonas Jonasson
<i>Before I Go to Sleep</i>	S.J. Watson

RWTO Hiking Club Fall Hikes 2013

Hikes will start at 9:00 am. on Thursdays. We will hike for 1 -1.5 hrs. on well-established trails. Please let me know by email or phone if you are coming. All hikes are cancelled if it is raining or threatening rain. 5 19 622 0415 Mary Jane



Cambridge Branch

Please refer to the interactive hiking map found at

www.cambridge.ca/community_services/trails

[and cycling](#) This is an inter-active map which allows you to click on the stars for a detailed description of most of the trails.

Thurs. Sept. 5: Riverbank Trail

Thurs. Sept. 12: Moffat Creek Trail, meet at Duncan Mackintosh Arena parking lot in Churchill Park.

Thurs. Sept. 19: Dickson Wilderness Trail: From Cambridge, take St. Andrew's St and Spragues Rd. (formerly Hwy 24A) to the Brant-Waterloo Rd. Turn right, trail is located 1.1 km from the intersection, on the right side of the road. Park in the lot.

Thurs. Sept. 26: Mill Run Trail: Meet at the trail head which is just off the roundabout on Fountain St, Blair. Hike to Pioneer Tower. Park in lot on Blair Rd just before the roundabout.

Thurs. Oct. 3: Living Levee Trail (runs through Cambridge Galt) Meet at Waterworks Park on Grand Ave. S, hike as far as GCI. Coffee stop enroute.

Thurs. Oct. 10: Riverbuff's Park. Meet at the boat house. Follow the trail into Cambridge and complete the "Destination Cambridge Passport " route. Coffee at Monigram Coffee Roasters.

Thurs. Oct 17: Boulevard Trail along CanAmera Parkway. Meet in the parking lot at the Symposium Restaurant, 500 CanAmera

Thurs. Oct. 24: Devil's Creek Trail, George St. Meet in the parking lot at Walter Bean Trail Head, which is close to the intersection of George S. and Blair Rd

Thurs. Oct. 31: Linear Trail Meet in the parking lot on Chopin Dr. and Hamilton St. in Preston. This trail winds along the Speed and Grand Rivers

Thurs Nov. 7 : Pinehurst Lake Conservation Area, 468 Pinehurst Rd., RR 3 Ayr, ON , NOB 1E0. We should be able to park along the road at the entrance.

Thurs. Nov. 14: Langdon Hall trails

Thurs. Nov. 21: TBA

Thurs. Nov. 28: TBA

Sat. Dec. 7: *Walk to the Future*, meet at Monsignor Doyle School, Myers Rd.

Looking Ahead to February

We will be having another Silent Auction to help with the funding of our two charities. Members are encouraged to bring an item such as a craft you made, home baking or preserves, books, events tickets or new items of interest on which you have placed a minimum bid. Last year this event raised \$600 for the Haven House building fund.

Cambridge Branch