

CONNECTIONS

Retired Women Teachers of Ontario • Organisation des enseignantes retraitées de l'Ontario



*Carol Bell
President*

Congratulations, congratulations and congratulations! I am so pleased to announce that all 52 branches have applied for and received the Membership Incentive Grant. As of the end of December, 16 of those branches have achieved the 5% increase in their membership. The other good news is that more than 1400 people have applied for the Hospital and Home Care Insurance through the Open Window from Manulife. These initiatives came from ideas presented by you, the members, and have certainly increased our membership. My sincere thanks go to all who have been involved with these activities.

Even though we have seen an increase in membership, the nature of our organization is that we lose several members each year due to death. As well, there is a lot of competition for retired teachers to join other organizations since the skills that we all possess are in constant demand. Therefore we must never rest on our laurels but must stay diligent in our pursuit of new members each and every year.

As I have travelled the province this year, during my visits to various branches, I have been very impressed with the organization, programs and caring and sharing that is evident in

President's Message

so many ways. Leadership abounds and I am hopeful that the leadership, which I have seen at the branches, will be transferred to leadership at the provincial level. Most have the ability and if you have the inclination to serve our organization on the provincial board, it is an honour and a privilege to do so. Please consider letting your name stand for a position, if not this year, then next.

It is hard to believe that this is my last message as your president, since this is the last newsletter for this year. My sincere thanks go to all members of the board, who try very hard to carry out your wishes and keep the organization on an even keel, and to you at the grassroots level of RWTO/OERO. You are the reason that we exist. I would be negligent if I did not mention two people who work for us and are not retired teachers. They are Gloria Drake, our Secretary-Treasurer and Terry Kennedy, the broker for our Insur-

ance Program with Manulife. Both have done an exemplary job for us this year and every year. My sincere thank you to both.

I have been very mindful of our motto this year. I have seen Caring and Sharing happening in so many ways – milestone birthdays celebrated, helping with bereavement issues, lending a hand to those who have been in hospital or incapacitated and just being there for our sisters and their families when needed. It is important work that we do.

I am enjoying my year as your president – visiting the branches is an immense joy and privilege and I hope to see you at the convention in Niagara in June.

Carol Bell

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Publication

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Insurance Matters

Hold on to your hat – WE HAVE AN ANNOUNCEMENT TO MAKE!!!

During the “Open Enrollment” for our Hospital and Home Care Plan, 1,417 policies were issued to members and/or their spouses. According to Manulife, roughly 380 policies were issued during the last Open Enrolled a few years ago. The number of members insured went from 29.1% in April 2010 to 44.57% in January 2011. Terry Kennedy, our broker, summed it up in one word ...**INCREDIBLE!**

Congratulations to those who enrolled in the plan – so much coverage at such a reasonable cost! There are now 3,052 members and/or spouses covered by our special insurance.

Thank you to all those who helped in so many ways to get the message across. There were many factors that made our campaign so successful. The commitment and support from RWTO/OERO and Manulife made it all possible. The enthusiastic and hardworking Branch Convenors who began by taking home the information from last year’s convention, started the ball rolling. The letter to uninsured members made many aware of the coverage. Newsletter articles and information on the website reinforced the message. Our president, Carol Bell, carried the insurance message with her to many branches throughout the province.

Another very important member of our team was Terry’s husband, Carl, who worked side-by-side with her throughout the campaign – stamping brochures, stuffing envelopes and a

myriad of other jobs that allowed Terry to devote so much time to visit branches.

As we (Anne, Judy and Terry) travelled throughout the province to present workshops, we were very warmly received by branches. We told about the special coverages available in our Hospital and Home Care Plan and emphasized that this was the time to join – no medical questions asked. Area Directors, Branch Presidents and Branch Insurance Convenors were all very supportive and encouraging. In many branches, the Membership Initiative and the Insurance Open Enrolment accounted for several new members. What a pleasure it was to get to know so many of our members!

We are very proud of our Team and the results of our Marketing Campaign.



← Anne Graham,
Provincial Insurance
Convenor

Judy Anderson, →
Assistant Provincial
Insurance Convenor

Terry Kennedy, Broker



Your Best Decade

Several years ago retired friends, both teachers and those from other fields, complained about being retired! They said they were bored with nothing to do and also they felt the skills for which they had been trained were now going to waste. Shortly after this, I had an opportunity to speak to a group of East York Retired Women Teachers, some of whom were newly retired. Thinking of what I had overheard (although it was not from this group) I decided to include in my talk a few things we can do in retirement.

Harolyn Panetta,
RWTO member of Rendezvous, Toronto

The best decade of life for many of us can be our 60’s, but actually this “decade” can span twenty years. Most of us retire in our mid-50’s with a comfortable pension from our years in the classroom. By our mid-70’s we are enjoying reasonably good health and an especially good life.

The freedom! You can attend Wednesday matinees, travel,

become involved with volunteer work, read those authors you just didn’t have time for while you were teaching, and join retired teachers’ groups such as RWTO/OERO. Have you ever considered being a docent at the museum or art gallery in your town? You will enjoy an exciting experience escorting groups through and educating them as to what they are seeing.

Perhaps there has been a novel floating around in your head for years. Now is the time to put pen to paper. Do you have a craft you especially enjoy? Maybe a jewellery designer has been locked inside you since you were in your teens. Set her free.

At 65 years of age, Old Age Security kicks in. Now, for some there will be a clawback by the government but that just means you are financially stable. This magic ‘decade’ actually extends well in our 70’s -- twenty super years for many of us.

Enjoy every day.

Goodwill

Since I reside in the snowbelt, it is great to receive so many cheery messages from our members who are ninety years or older. As Provincial Second Vice-President it is indeed an honour to have the assigned task to send birthday wishes, Christmas greetings and spring messages to all our RWTO/OERO members who have reached this milestone. It is heartwarming to read of their adventures during their teaching careers and their determination to live each day of retirement to the fullest. Many still live independently and take an active role in their local branches and communities.

I would like to remind branches that Provincial RWTO/OERO reimburses a branch that acknowledges the 100th birthday of a branch member with flowers. Please send the receipt to me at

Leslie Uttley
86714 Courtney Court, Box 13
RR1, Kincardine ON N2Z2X3.

It is best to send the receipt by mail to me, as I do not want to receive your credit card number and other personal information through the Internet.

Branches are reminded to verify the addresses of these special members to make sure your greetings reach them.

Gratitude goes out to branches for all their work with local Goodwill Committees and for informing me when changes have occurred.

Leslie Uttley
Provincial Second Vice-President
and Goodwill Convenor

Membership Report

Thank you to all for your enthusiastic participation in our Membership Matters incentive project. Not only did you attract new members but you had fun doing it. There were so many good ideas generated through this program that it gave many Branches a boost of energy that inspired new projects. Again, many thanks to Carole Watson for coming up with this strategy for us.

To date sixteen Branches have received the extra \$200 for increasing their membership by 5% before November 30, 2010. For the rest of you, you've still got til November 30, 2011 to achieve this—some are very close so keep on trying. I would like to congratulate the **St. Catharines** Branch for attracting the most new members, by November 30, 2010. With their Wine and Cheese reception, social networking and Insurance presentation they brought in 40 new members. They emphasize renewing friendships and offer many interest groups like Golf, a Book Club and a Travel Club that meets in restaurants. Well done St. Kitts!

Sault Ste. Marie attracted 18 new members with a Welcome Pot Luck provided by the Executive, a draw for Tim Hortons Cards for members who invited a new recruit, and a half price meal for everyone at the Insurance meeting. President Bernice Glew believes in focusing on the grassroots. "Each member needs to take ownership." She always holds an Executive meeting to deal with the business so at the luncheons members can come and have fun. **London-Middlesex** attracted 13 new members before the deadline and continues to grow. Starting last August, with their Community Awareness Campaign and poster, they sent out invitations and telephoned prospective members inviting them to their "Each One, Reach One" Tea at the home of an Executive member. New members were welcomed with a pink carnation at their first luncheon. President Linda Smith told me her Branch has a new energy and sense

of purpose since hosting the 2010 Convention. **Brant** brought in 11 new members with a free Welcome Buffet Breakfast featuring a guest speaker from Friendship House which is part of their outreach program. The topic was wellness and good mental health. Members invited a guest. Congratulations also to **Durham North** who went from 20 to 26 members using funds from the Membership Matters Grant.

Whether your Branch is big or small it is still very important to continue to seek and welcome new members. Due to the age of our ladies we unfortunately lose many valued members each year. If it wasn't for the Membership Matters incentive grant and award and the Open Enrolment we would probably be facing another year of significant decrease. Now that we've had this opportunity it's critical that we do whatever we can to keep our members. Thank you again and congratulations to all Branches for the enthusiasm and creativity you brought to your Membership Matters projects.



Annalee Ladouceur
Membership Convenor

Mary Duffin, Donna Parkhill, Pat Depencier
Membership Committee

We apologize...

In the November newsletter, the Wiarion pictures are shown with the Beaver Valley write-up.

What Do Members and Branches get for their fees?

- 3 Newsletters per year;
- Access to RWTO/OERO insurance products for any eligible member in good standing and assistance from the Branch and Provincial Insurance Convenors, if needed;
- RWTO/OERO website to answer questions about RWTO/OERO (history, list of Executive/Board members, Conventions, etc); provide insurance information; obtain copy of Constitution online, etc;
- Opportunity to participate in interest groups and activities with other members – a chance to interact with other retired women teachers to establish new friendships and maintain those with former colleagues;
- Opportunity to attend the annual Convention—all expenses are paid for 1 Provincial delegate to attend the Convention. Depending on the distance to the Convention, a 2nd delegate might be paid for part of her mileage (some branches pay for a portion of other delegate's expenses);
- Birthday and festive greeting cards every year after the member reaches the age of 90;
- Flowers paid for by Provincial on the occasion of a member's 100th birthday;
- Inclusion in the In Memoriam remembrances upon death;
- Branch rebates – currently \$8.00 or \$10.00 depending on when the member retired;
- Remittance packages (including updated membership list) are mailed to Branch Treasurers;
- Membership lists are printed and mailed to Branch Presidents in January. – This list includes the names of paid-up members, the current Life Members, the names of unpaid members and a list of the deceased members;
- Free assistance on a 1-800 phone line from the Secretary-Treasurer regarding any questions about RWTO/OERO;
- Liability insurance for Branch activities (meetings, trips, etc) is paid for by Provincial;
- Assistance and support from Provincial Executive members and Committees (ie. Membership, Insurance, Program, Communications, Archivist);
- Up-to-date copies of the RWTO/OERO Constitution and Policy Handbook;
- Free RWTO/OERO membership brochures and RWTO/OERO insurance brochures;
- Opportunity to raise money for Branch funds by hosting a Convention;
- Past President's pins available for a very affordable price;
- Cora Bailey Award certificates are printed and mailed to Branches as requested, and an opportunity to display the Branch's Cora Bailey Award winners at the Convention;
- Opportunity to be awarded the Barbara Bain Award and receive \$200.00 for the Branch;
- Opportunity to have Branch News published in the RWTO/OERO Connections Newsletter;
- Opportunity to nominate a member to be recognized as Life Member, in which case the Life Member is no longer required to pay Provincial dues;
- Opportunity for members of the Branch Executive to develop their leadership skills by volunteering to participate on the Provincial Board and have her expenses paid for;
- Audited Provincial financial statements are available every year (at Convention) to providing assurance of the appropriate use of Provincial funds;
- Honorary membership to recognize outstanding achievements to Provincial by individual members;
- Various incentive programs that reward and recognize branch efforts e.g. Membership incentive and grant of this year.



100th Birthday

Barbara Moorcroft, Area 7 Director and Provincial Archivist, presents red roses to Muriel McRae, Peterborough, on the occasion of her 100th birthday.

Issues and Concerns

The Silent Thief

How many of us, as we age, are fearful of slipping on the ice, tripping when we are out for a walk or falling up a step? The statistics tell us we are right to be concerned. One in four women over the age of 50 has osteoporosis and it is estimated that 2 million Canadians may be at risk of a fracture due to osteoporosis during their lifetime. It is believed that 80% of fractures that occur in people 60 and over are osteoporosis related. One bone breaking due to osteoporosis often leads to breaking a second, yet fewer than 20% of women who fracture are assessed or treated for osteoporosis. These are alarming statistics.

Osteoporosis results in loss of bone tissue. Bones become fragile, brittle and break very easily. The most common fractures are wrist, spine and hip. Problems begin when the body does not absorb enough calcium. Osteoporosis is particularly troubling because the bone loss occurs without any symptoms. You may only know you have a problem when you have a fracture. That is why it is sometimes referred to as the silent thief. The question is, what can we do to reduce our risk of osteoporosis?



Know your risk factors. The new 2010 guidelines encourage individuals to have a discussion with their medical professional to understand their risk factors for developing osteoporosis and what they can do to improve their bone health. On the website www.healthandbone.ca a list of questions can be found that could help with that discussion. It is recommended that you ask your doctor for a fracture risk assessment.

Maintain a balanced diet and get the Calcium and Vitamin D you need. Calcium helps bones stay strong. Dairy products such as milk, cheese and yogurt contain high amounts of calcium that are easily absorbed by the body. Vegetables can also be a good source as well as salmon, sardines, lentils and beans. The new guidelines recommend that our daily calcium intake from all sources should be 1200 mg. If you

find it difficult to get the recommended amount of calcium through your diet alone, a combination of calcium rich foods and a supplement can be a good strategy. The Osteoporosis Canada website www.osteoporosis.ca has a good list of the calcium content of some common foods. One caution: some foods have the potential to cause calcium loss. Consumption of salt, caffeine and alcohol should be kept to a minimum.

Vitamin D helps the body absorb calcium. Our bodies can produce Vitamin D when we are exposed to sunlight. However as we age our skin is less able to do so. Most Canadians do not get enough sun exposure to produce adequate amounts, nor do we get enough through our diet. The new guidelines recommend supplement of between 800 and 2000 IU for those 50 and over. This may vary for some individuals depending on sunlight exposure, winter travel south and certain medical conditions. For healthy individuals the dosages suggested are safe but for more specific recommendations you should talk to your health care professional.

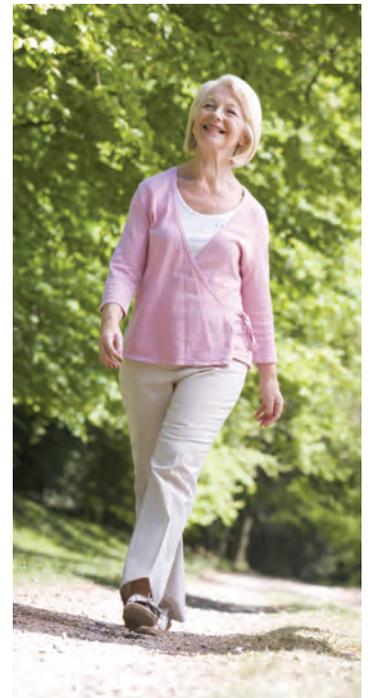
Physical activity is important in risk reduction and treatment and it helps to build and maintain bone health. Include weight bearing activities (any activity you do standing up where bones and muscles work against the force of gravity) such as walking or jogging. It is important to avoid any exercise with jarring, twisting or sudden movements. Exercise that improves balance, coordination and posture are also recommended as they may reduce the risk of falls and fractures. Be sure to check with your doctor before starting any exercise program.

If you are diagnosed with osteoporosis, there are a number of medications that can be taken, which can be discussed with your doctor.

The Osteoporosis Canada website has the complete 2010 guidelines and an executive summary. The information presented here and much more can be found there. Working together we can slow the progress of this silent thief.



Dianne Rice
Issues and Concerns Convener



Branch News

Brockville

Brockville branch has had another eventful year. We honoured Helen Mac Kenzie who died this past year with our Remembrance Service in October. At our Christmas luncheon, Betty Bates presented the Cora Bailey Award to Sherril Mitchell for outstanding service to RW and the community. Sherril has decorated our luncheon tables, donated generously to prizes at our luncheons and been a willing volunteer. At one of our meetings, Sir John A. and Mrs. MacDonald (aka Brian and Renee Porter) gave us an interesting talk while in January Sherril and Dave Mitchell shared their trip to see the polar bears in Churchill, Manitoba. We continue to support children in our community by supplying pajamas and slippers in bags, and by donating books and toiletries to the women's shelter. Members help in the April Cancer Daffodil Drive. A local program, Fun with Books which encourages preschool reading by supplying free books monthly was our charity at Christmas.



Central Algoma

The RWTO retirees who live in the north have found a way to meet more often. Central Algoma branch has formed six special interest groups to further pursue the motto of "sharing, caring and having lots of fun". Five of these- Book Club, Hiking, Outings, Crafts and Games- meet on different days each month, while the sixth, Theme Dinner Group, meets quarterly (spouses invited). Our activities included hiking the Voyageur Trail at Mount Zion, walking, skiing and snowshoeing on Desbarats Lake, attending a Ka'Naan concert, helping sew name tags for our 2012 convention, feasting on Ukrainian and Russian dishes, reading The Help and The Secret History of the Mongol Queens and playing Taboo, Pictionary and Balderdash.

Central Algoma with the assistance from the Sault Ste. Marie branch will host the 2012 Convention in Sault Ste. Marie. We're busy planning a great time and hope you'll all come "North to Algoma" in June of 2012.



Central Algoma members enjoying the snow.

Oakville

December 13th was a special day for our group. It was the Christmas Luncheon at Deerfield Golf Club. Joyce Burnell and Jean Hamilton were about to celebrate their 90th birthdays in December and were recognized by their colleagues. Joyce Burnell wrote a poem titled "Ninety" and read it to the enjoyment of the members.

It is enclosed for all RWTO newsletter readers to enjoy.

Ninety

Today Lord I'm 90 a new decade has just begun

I hope dear Lord You'll let me live until I'm 91.

With unfinished jobs, there's so much I still want to do,

Would You let me stay awhile longer until I'm 92.

Blessed with sight in a beautiful world there is so much
to see,

Do You think the You could extend it until I'm 93?

With the economy ever changing, each day more and more,

I'd like to leave a legacy of helpfulness until I'm 94.

If by then I'm healthy and still alive,

I'd like to stay around until I'm 95.

Still feeling mischievous and playing childish tricks,

Could I please enjoy the fun in life until I'm 96?

I know dear Lord, living on earth I've had a taste of heaven,

Therefore I'm willing to stay until I'm 97.

By now I move slowly and am often late,

continued next page

If it is Your will Lord let me live to 98.
 A decade's passed and I've had a wonderful time,
 I'll be happy to join You, maybe! at 99.
 A century of living, and unexpected, too.
 Excitedly I'm coming, singing praises to You.

Amen

Joyce Burnell. December, 2010.



90th Birthday Celebration

Gail Cargo, Diann Rigg (executive members), Jean Hamilton,
 Joyce Burnell



Broken Arms

Diane Sinden, Marguerite Murphy were both able to be with us and
 enjoy this happy occasion.

Sudbury

Branch 10, Sudbury, is happily being revitalized with a number of new members this year. Our membership reception on May 17 will hopefully add more members. organization. Our entertaining Valentine Meeting is just around the corner when all of our members wear something red. We also prepare valentine wishes for each other showing evidence of our fun spirit as well as of our caring for one another. Several of our

members are excited about attending the annual convention in Niagara Falls. Door prizes are now standard at our meetings and as luck would have it—a new member attending her very first RWTO/OERO meeting won the door prize!

Our annual golf tournaments in June are enthusiastically attended and those who are not golfers join the 'athletes' for lunch.

Our branch members function well as a team which makes our activities very successful.

The Archivist brings old albums to every meeting and they are of great interest to our ladies who peruse them with comments of, "Oh, do you remember her?" or a groaning, "Look at what I was wearing that day!"

Poinsettias are delivered to our shut-ins and over 90s, as are cards at Christmas, Easter, Valentine's Day, birthdays, in times of illness, grief, or to a member who needs a pick-me-up. These are evidence of our motto of sharing and caring.

Upper Canada East

RWTO Upper Canada East appreciated receiving the Membership Matters grant because we were able to plan the activities to increase our membership. At a special luncheon in October and at our November Christmas luncheon, 22 new members joined our branch.

That day, with over 100 retired teachers watching, three Cora Bailey Awards were given out to deserving individuals. Annalee Ladouceur, who is our Past President, has gone on to represent us well at the provincial level. Her hard work and dedication in her new position has benefitted all members of RWTO/OERO. Sharon Richardson, who has faithfully volunteered her time and efforts for many years as secretary, was another recipient. Diana McKendry who has spent countless hours carrying out the duties of the Treasurer since 2003 and until recently, was the Membership Convener, was also recognized. She continues to volunteer her time and very efficiently balances the books. All of these worthy recipients are valued members of this branch and we thank them for their contributions.



Sharon Richardson , Annalee Ladouceur and Diana McKendry receive Cora Bailey Awards.

In Memoriam

NAME	CITY	BRANCH	NAME	CITY	BRANCH
Armstrong, Heather	St Thomas	St. Thomas-Elgin	Mailing, Marjorie	Brantford	Brant
Baines, Patricia	Petrolia	Sarnia-Lambton	Maley, Frances	Smiths Falls	Lanark
Ball, Flossie	Caledonia	Chatham-Kent	McClymont, Catherine	Mississauga	Peel North
Ball, Genevieve	Coldwater	Coldwater	McCordic, Kay	Toronto	Pay Direct
Barr, Laura	Burlington	Burlington	McCumber, Betty	London	London-Middlesex
Bartels, Idena	Kitchener	Kitchener-Waterloo	McIntee, Ellen	Port Colborne	Niagara South
Bassett, Elva	St Thomas	St. Thomas-Elgin	McIntosh, Doreen	Listowel	Listowel
Bird, Ismey	Woodstock	Lydia Snow	McKaig, Madelon	Sarnia	Sarnia-Lambton
Blue, Carrie	Blenheim	Chatham-Kent	Menzies, Alice	Rodney	St. Thomas-Elgin
Bottineau, Debra	New Lowell	Blue Mountain	Mifflin, Tena	Merlin	Chatham-Kent
Brown, Shirley	Cambridge	Cambridge	Miller, Frances	Kitchener	London-Middlesex
Bull, Marian	Campbellcroft	Northumberland	Mossop, Marion	Ottawa	Napanee
Burgess, Laura	Napanee	Napanee	Munro-MacKenzie, Maralin	Peterborough	Peterborough
Chandler, Margaret	Brantford	Brant	Murphy, Mary	Guelph	Pay Direct
Clark, Mabel	Niagara Falls	Niagara Falls	Mustard, Bari	Port Hope	Northumberland
Clarke, Jean	Port Sydney	Muskoka	Nicol, Lyla	Petrolia	Sarnia-Lambton
Clenyg-Jones, Beryl	St George Brant	Burlington	Ogden, Alice	St Catharines	St. Catharines
Coleman, Agnes	Blenheim	Chatham-Kent	O'Neill, Elsie	Petrolia	Sarnia-Lambton
Cotter, Betty	Colborne	Northumberland	Paton, Doris	Mississauga	Mississauga
Crossley, Betty	North York	York North	Patterson, Grace	Hanover	South Bruce
Currey, Beth	St Catharines	St. Catharines	Pearce, Doris	Toronto	Rendezvous
Dargavel, Evelyn	Flesherton	Flesherton	Perger, Linda	Dutton	St. Thomas-Elgin
Davidson, Eleanor	Listowel	Listowel	Pitman, Ferne	Owen Sound	Owen Sound
Deline, Lillian	Toronto	Rendezvous	Potter, Betty-Lou	London	London-Middlesex
Demore, Rhea	Hanmer	Sudbury	Powell, Catharine	Hamilton	Hamilton-Wentworth
Douglas, Marie	Wingham	Listowel	Robertson, Ina	Toronto	York North
Dowling, Vera	Napanee	Napanee	Robinson, Doris	Don Mills	York North
Eagles, Ruth	Markdale	Owen Sound	Robson, Beatrice	Paris	Brant
Elliott, Carol	Burlington	Burlington	Schroeter, Shirley	Kanata	Ottawa-Carleton
Field, Muriel	Chatham	Chatham-Kent	Secord, Evelyn	Fonthill	Niagara South
Finn, Violet A.	Stoney Creek	Lincoln West	Semple, Margaret	Guelph	Guelph-Wellington
Ford, Jean H.	Hamilton	Mississauga	Shantz, Marie	New Hamburg	Kitchener-Waterloo
Francis, Evelyn	South Mountain	Upper Canada East	Smeaton, Marion	Orangeville	Lydia Snow
Galbraith, Ruth	Brussels	Listowel	Smith, Myrtle	Hamilton	Hamilton-Wentworth
Gee, Margaret	Toronto	Rendezvous	Smith, Pauline	Port Colborne	Niagara South
Girling, Frances	London	London-Middlesex	Smith, Sybil	Portland	Gananoque
Goudge, Emma	Peterborough	Peterborough	Spafford, Thelia	Belleville	Belleville
Gowan, Madalene	Tara	Wiarion	Squire, Anna E.	Sarnia	Sarnia-Lambton
Gracie, Dorothy	Hamilton	Hamilton-Wentworth	Stacey, Doris	Toronto	Rendezvous
Grant, Frances J.	Nepean	Pay Direct	Stevenson, Dorothy	Petrolia	Sarnia-Lambton
Greenfield, Edna	Thornbury	Beaver Valley	Storey, Ramona	Campbellville	Guelph-Wellington
Halpenny, Vera	Guelph	Mississauga	Street, Grace	Kingston	Kingston
Hannon, Vera	Badjeros	Dundalk-High Pt	Talcott, Mina	Picton	Belleville
Harrison, Laura	Trenton	Trenton	Telling, Marion	Windsor	Windsor-Essex
Healey, Elsie	Stayner	Blue Mountain	Terryberry, Clara	Brantford	Brant
Henderson, Verna	Owen Sound	Owen Sound	Unger, Agnes	Trenton	Trenton
Houghton, Alma	Shedden	St. Thomas-Elgin	Van Camp, Ruby	Cardinal	Upper Canada East
Howke, Isabel	Southampton	South Bruce	Voakes, Janet C	Kingsville	Windsor-Essex
Hyndman, Margaret	Mountain	Upper Canada East	Vokes, Dorothea	Lions Head	Sarnia-Lambton
Johnson, Lillian	Kitchener	Kitchener-Waterloo	Watson, Ana	Belleville	Trenton
Jordan, Eileen	Kitchener	Kitchener-Waterloo	Weddell, Helen	Peterborough	Peterborough
Kennedy, Mary Lee	Ottawa	Ottawa-Carleton	Wedeles, Irene	Burlington	Oakville
King, Margaret	Burlington	Hamilton-Wentworth	Wettlaufer, Jean	Waterloo	Kitchener-Waterloo
Kinrade, Dorothy	York	Rendezvous	White, Marie	Sundridge	East Parry Sound
Kitto, Hazel	North York	Rendezvous	Whitfield, Ethel	Arthur	Palmerston
Larsen, Ellen	Victoria	Pay Direct	Wiens, Kay	St Catharines	St. Catharines
Lavalley, Vera	Wiarion	Wiarion	Wilkins, Ann Marie	Bothwell	Chatham-Kent
Law, Kathleen	London	London-Middlesex	Wilson, Jean	Fordwich	Listowel
Lee, Mary	Cobble Hill	Pay Direct	Wrightson, Islay	Tiverton	South Bruce
Lindsay, Lelia	Oakville	Oakville	Wyonch, Freda	Owen Sound	Owen Sound
Luton, Dorothy	Guelph	Guelph-Wellington	Yaegar, Rosalie	Belleville	Belleville
MacHardy, Marjorie	Chatham	Chatham-Kent	Yake, Myra	Hamilton	Hamilton-Wentworth
Mackenzie, Helen	Brockville	Brockville			

Resolutions for Annual General Meeting 2011

Note: Resolutions that amend the Constitution, which are submitted by the deadline, require a 66% majority vote of the registered delegates. Amendments without prior notice require an 80% majority vote. (Constitution Article X- Annual Meeting, Section 4 (a))

Resolutions From The Board Of Directors

Resolution 1

Be it resolved that the Constitution be amended by addition to read as follows:

Article IX Branch Organization

5. The Branch Treasurer shall:

- (iv) forward a copy of the Branch Annual Financial Report to the RWTO/OERO Provincial Office no later than April 30.

Rationale:

- In the auditor's report, May 17, 2010, which was presented to the 2010 RWTO/OERO Annual Meeting, he stated that he was unable to satisfy himself as to the completeness of the financial statements. A complete statement of revenue and expenses will enable the provincial auditor to complete the provincial audit.
- The Branch Financial Report should be forwarded to the Provincial Office no later than April 30 to enable the Executive Secretary-Treasurer to then submit it to the provincial auditor.

Resolution 2:

Be it resolved that the Constitution be amended by addition to read as follows:

Article X Annual Meeting

5. Voting delegates:

- (d) Branch delegates selected to attend the Annual Meeting must be representing the Branch through which they pay their Provincial fees.

Rationale:

- A Branch delegate is selected to represent her Branch at the Annual Meeting. Therefore, it follows that the delegate should be an official member of the Branch she is representing.
- A delegate should mirror the wishes of her Branch.

Resolution 3:

Be it resolved that the Constitution be amended by addition to read as follows:

Article VIII Duties and Structures of Provincial Committees

B. Appointed Committees / Convenors

3. Convention Committee Convenor

- (f) send a financial statement of Convention income and expenses, including the original invoices and expense reports, to the Provincial Office by the respective October Board Meeting following the Annual Meeting.

Rationale:

- The auditor has requested a better accounting for the Annual Convention funds because there is a sizable amount handled. A complete statement of revenue and expenses will enable the provincial auditor to complete the RWTO/OERO Provincial audit.

Resolutions From The Branches

Resolution 4 from Sault Ste. Marie Branch

Be it resolved that RWTO/OERO fund the expenses (mileage, meals and accommodation) for a branch delegate for the entitled branches.

Rationale:

- With the new window in the insurance plan and the subsequent increased enrollment, Provincial is in a better position to fund a branch delegate. The Provincial Office already funds the Provincial delegate.

Resolution 5 from Scarborough and York North Branches

Be it resolved that the practice of paying the RWTO/OERO President an honorarium be discontinued.

Rationale:

- The President currently receives an honorarium in addition to being reimbursed for all expenses relating to her position, including travel, meals and accommodations. Many others who work on behalf of the provincial organization incur out-of-pocket expenses. The limited financial resources of our organization need to be distributed more equitably.



Annette Rhodes -
First Vice President

RWTO/OERO 55th ANNUAL CONVENTION June 7, 8 and 9, 2011

The Wonders of Niagara

You are cordially invited to **Hilton Hotel and Suites Niagara Falls/Fallsview**, 6361 Fallsview Blvd., Niagara Falls, ON. The Hilton is a four diamond resort complex within a 2 minute walking distance of the actual Falls, with all of the amenities associated with a first class venue. The hospitality suite is located on the 16th floor with 2 balcony patios, one overlooking the American Falls and one overlooking the Canadian Falls - an absolutely breathtaking view in the daylight or after dark. All parking is **valet** and **free**, with in and out privileges. You might want to consider tipping the valets when you leave. It is a large hotel and will be busy at peak times, so plan accordingly.

DIRECTIONS

Follow the QEW signs to Niagara. As you pass Thorold Stone Road, merge left onto Hwy #420. You will come to the main intersection of Hwy #420 and Stanley Ave. Make a right turn onto Stanley Ave. Go straight for 1.4 km. then turn left onto Murray St. At the next intersection, turn right onto Fallsview Boulevard and you will see the Hilton Niagara Falls directly to your right. Follow the signs for Hilton Hotel Parking.

NETWORKING SESSIONS - TUESDAY, JUNE 7

3:00 - 4:00 PM

1- **Area Directors Meeting - Pat Depencier**

2- **Treasurer's Question and Answer - Gloria Drake**
An open forum where Branch Treasurers can bring questions

4:00 - 5:00 PM

3- **Communications & Goodwill - Leslie Uttley and Bev Pickard** *Have we told you lately . . .?*

4- **Polishing Policy and Procedures - Mary Jane Finn**
A fresh look at the Policy & Procedures Manual. What are some of the latest revisions? How do they apply to your Branch? Branch suggestions?

Note:

- Check-in time is NOON ☺
- Check out time 1:00 PM . . . if requested
- Names of all persons sharing a room to be on the reservation file **as soon as possible**.
- Reservation cut-off date is May 6, 2011
- Convention Registration begins June 7 at 11:00 AM.
- Hospitality Room opens June 7 at 1:00 PM. Snacks and beverages available.



TOURS - Convention 2011 Niagara Parks Floral Showhouse & Gardens

Your tour begins with a ride along the Niagara Parkway to Betty's Restaurant in Chippawa. Your lunch includes a piece of Betty's famous pies.-YUM. Returning to the Falls, you will stop at the Niagara Floral Showhouse where Regal Geraniums, Fuschia and Caladiums will be in full bloom. You can visit the gift shop and wander the gorgeous fully labeled gardens. - Limit 46

The Bird Kingdom - A Tropical Adventure

After a short bus ride from the Hilton, you will arrive at the Secret Garden for lunch. After lunch a "Tropical Adventure" awaits you at the world's largest indoor aviary. You will see many exotic birds, including a golden pheasant and scarlet ibis. You will witness a bat feeding demonstration and other exciting surprises on this guided tour. - Limit 38

Behind the Falls - A Walking Tour

A short, easy walk from the Hilton brings you to the Incline Railway. You will enjoy a unique ride with a spectacular view of the Niagara River and the Falls. Across another short walkway, you will have lunch at the Elements on the Falls. Here you can feel the "power" of the Falls as you enjoy lunch. Later you will don your slicker and head into the catacombs behind the falls where you will experience thousands of gallons of water pouring over the Falls above you. Scary?? - NO . . . just exciting! - Limit 50

Fallsview Casino - A Walking Tour

What could be better than a short walk across a covered concourse to the beautiful Golden Lotus Restaurant for a delicious authentic Chinese Buffet (no MSG)? A short walk leads you to Niagara's newest Casino where you can spend time at the slots and tables. Your tour includes a **\$25.00 certificate** that can be used at the Casino, the Spa (book ahead) or at any of the gorgeous shops in Casino concourse. You can wander back to the Hilton at your leisure. - Limit 50

Niagara College Teaching Winery

Your bus will take you through wine country to Niagara College where the famous chef Michael Olsen and his team of future chefs will have prepared a light lunch for you in beautiful Benchmark Restaurant. Your lunch will be followed by an educational wine tour and a journey through the wine making facilities where you will discover the secrets of producing award winning wines. The tour ends with a structured wine tasting of 3 VQA wines. - Limit 45



The Wonders of Niagara

RWTO/OERO 55th Annual Convention 2011- June 7, 8, 9

Hilton Hotel and Suites Niagara Falls/Fallsview
6361 Fallsview Boulevard, Niagara Falls, Ontario,

**Hosted by: St. Catharines, Niagara Falls, Niagara South
and Lincoln West Branches of Area 4.**



Name: _____
(Given Name) (Surname)

Address: _____

City: _____ (Province) (Postal Code)

Contact: _____ (Phone) (Email)

RWTO/OERO Branch: _____

Check your role at this Convention

- Provincial Board of Directors
 Provincial Past President
 Provincial Delegate (1 per Branch)
 Branch Delegate
 RWTO/OERO Member
 Other _____

Special Ambulatory Requests (if any)

Special Dietary Request (if any)

_____ Check here if you do not have a roommate and want help finding one.

TOURS

(All tours include lunch)
Indicate 1st, 2nd and 3rd choices.

- Niagara Parks Floral Gardens
 A Tropical Adventure
 Behind the Falls
 Fallsview Casino
 Wine Tour

Convention Package	Cost	✓	My Cost
Full Convention Package 3 Day Registration, Coffee Breaks, Tuesday Dinner, Wednesday & Thursday Hot Buffet Breakfast, Wednesday Banquet and Thursday Luncheon.	\$ 270.00		
Wednesday Tour & Lunch (not included in packages)	\$ 55.00		
Tuesday Dinner (if not included in packages)	\$ 55.00		
Wednesday Banquet (if not included in package)	\$ 75.00		
Thursday Luncheon (if not included in package)	\$ 45.00		
Single Day Registration - Information available upon request from Registrar			
Late Registration Fee (after April 30)	\$ 25.00		
Tuesday Networking Workshops 3:00 - 4:00 p.m. ◆ Area Directors Meeting	No Cost		Check if you are attending!
◆ Treasurer's Q and A	No Cost		
Tuesday Networking Workshops 4:00 - 5:00 p.m. ◆ Communication & Goodwill	No Cost		Check if you are attending!
◆ Polishing Policies and Procedures	No Cost		
TOTAL ENCLOSED (Post-dated cheques dated not later than April 10)			

Registrar: Linda Foster

14 Woodgarden Crt.,
St. Catharines, ON L2M7C9
905-935-6182
lindaf@cogeco.ca

- ✓ Send this completed registration form with your cheque to the Registrar by **April 30**.
- ✓ Cheques payable to **RWTO Convention 2011**.
- ✓ **Cancellation:** Registration fees refundable, less \$25.00 service fee, upon receipt of written notification prior to May 1.
- ✓ **HOTEL RESERVATIONS - Quote RWT - Call 1-866-873-9826 or 905-354-7887 or e-mail ecomm@fallshotel.com or online http://www.hilton.com/en/hi/groups/personalized/XLVNFHF-RWT-20110605/index.jhtml?WT.mc_id=POG**

RWTO/OERO

RWTO/OERO Provincial Office
2332 WOODBURN RD
BINBROOK ON LOR TCO

PM Agreement
40739021
