



## Hamilton Wentworth Branch 2018 March /April Newsletter

### Is it **SPRING** yet?

Well, aren't we retired teachers a hearty lot! About 120 of us braved one of the worst weather days of the year, to party at the **Friendship Luncheon!** I have heard nothing but rave reviews of the event – the food was fabulous, you donated wonderful items for the silent auction, and Elvis was definitely in the building! A memorable event indeed – our thanks to everyone who helped to make it so!

Michelangelo's did let me know, that in the case of severely **inclement weather**, as long as an event is cancelled before any of the food preparation has taken place, that they would postpone an event to another day. It would definitely be a concern trying to contact everyone on such short notice, but if one or two from each table were notified, perhaps they could spread the word – a telephone tree. We will check with Liuna Station about their policy as well. Hopefully, if we have a plan in place, it will not be needed!

Speaking of Liuna Station, the **results of our poll** are in. You were asked if you would like to continue our Liuna tradition despite rising prices, or if we should look for alternative venues. 69% of those who replied (about 2/3 of our membership took part) wish to continue having our **Celebration at the Station!**

We are looking for **a new venue** for another of our events, however! Our September **"Be Our Guest"** afternoon needs a new home. The church we were using has been sold, will be demolished, and a senior living complex will be developed on the site. It is sad to lose such a lovely church, but the land will be well used.



If you have a **suggestion for a new location**, please contact me!

It needs a large open space, tables and chairs, great parking, and accessible accommodations, including the washrooms. We provide our own munchies for this event, so that is not a concern. We need to find our new location in March, for our planning and for the brochures to be made for next year's program.

Speaking of new locations, please note that our Breakfast in the Valley Annual Meeting in May has been changed greatly for this year. You voted to have a luncheon instead of a breakfast, and our new location is at The Courtyard by Marriott Hotel on Upper James (near The Keg Restaurant). Please check out the details in this newsletter, and join us for our new event, **"Courtyard Cuisine Annual Meeting"**

A location we changed last year, worked out extremely well! Our **"Fun & Games & Delectable Desserts"** afternoon, is now held at Emmanuel United Church, just a few blocks down the street from Michelangelos! An accessible location with excellent parking, the ladies of Emmanuel make home-made treats and bring out the fancy tea cups for this event! So whether you enjoy an afternoon of cards, traditional board games, or interesting new challenges, (or just a nice chat!), this is the place to be on Wed. March 21<sup>st</sup>!

Continue enjoying our adventures!

**Linda Sargeant**

[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

In caring & sharing,

(905) 575-3831

# Fun & Games & Delectable Desserts!

(Enjoy our cards and board games, or bring your own!)

Great Location! Easy Parking!

Wednesday March 21, 2018

1:00 - 3:30 pm, Desserts Included

Emmanuel United Church

871 Upper Ottawa

(between Giant Tiger & Shoppers)

Please email Pinky to book your ticket  
by Wed. March 7th, and mail your cheque made out to:

RWTO Hamilton-Wentworth **\$15**

Pinky Moro

24-1967 Main St. W.  
Hamilton, ON L8S 4P4

pinky1@cogeco.ca

905.527.5756

Please let  
us know of  
any dietary  
concerns!



Would you like to  
attend an event,  
but do not have  
a ride?

Please contact  
Linda to see if we  
are able to help!

rwto.linda@gmail.com  
905-575-3831

*The Lunch Bunch  
greatly enjoyed a gathering at  
La Spaghetta on Upper James in  
February! Thanks to Lynne  
Smith for organizing these  
monthly events!*



# Courtyard Cuisine

A tasty luncheon, time with friends, & the Annual Meeting!

Wednesday May 2, 2018 \$30

Social 11 am, Seating 11:45



The Courtyard by Marriott  
1224 Upper James (south of The Keg)



*Tickets & Table Reservations by Wed. April 18th, please!*

*Pinky Moro*  
24-1967 Main St. W.  
Hamilton, ON L8S 4P4  
[pinky1@cogeco.ca](mailto:pinky1@cogeco.ca)  
905.527.5756

*Please date your cheque for April 1st,  
2018 or later (for our new fiscal year).*

*"RWTO Hamilton-Wentworth Branch"*

*Table Buddies & dietary requests please!*

Any questions about  
tickets and payments  
after April 16th should  
be directed to Gwen  
[kirpa@cogeco.ca](mailto:kirpa@cogeco.ca)  
905-689-8975



Please bring your copy  
of the Provincial  
Resolutions, found in  
your RWTO  
Connections Magazine  
(soon to be arriving!)

Gently used Book Sale!  
Donate some books, and pick  
out your summer reading!

~  
School Supplies will be  
donated to Wesley Urban  
Ministries: monetary donations  
to Neighbour to Neighbour  
School Programmes.

Clean out the closet!  
The "Men's Street Ministry",  
is in need of winter coats.  
If you have one to spare,  
please bring it to the  
luncheon. See Hope's  
article about the Special  
Outreach Project for details!

Parking at front and back.



# Wellness Fair

Rejuvenate Your Future!

FRIDAY, APRIL 27, 2018  
8:30 A.M. – 3:15 P.M.

**F.W. SHERMAN RECREATION AND LEARNING CENTRE**  
(formerly known as Dofasco Park)  
388 FIRST ROAD EAST, UPPER STONEY CREEK

**COST: \$20.00 PER PERSON** (Includes lunch /refreshments)

**SPONSORED BY: RTO/ERO District 13** (Retired Teachers of Ontario)  
& **RWTO/OERO Hamilton-Wentworth** (Retired Women Teachers of Ontario)

- This Arcelor-Mittal recreation facility is spacious, with ample free parking and an exceptionally supportive staff
- An opportunity for older adults to attend 4 to 5 workshops promoting healthy active living and aging successfully
- The Wellness Fair is open to family and friends and older adults in the community
- Over 30 different workshops presented by competent professionals on a broad spectrum of topics focusing on health, exercise, nutrition, finances and senior issues
- Over 30 Exhibits from both Not-for-Profit Organizations and For-Profit Organizations offering additional information and support

**Plan to join us on April 27<sup>th</sup> for an exceptional experience!**

We are looking forward to expanding your interests,  
increasing your knowledge,  
providing an active and social day,  
and enjoying your company!

**SAVE THE DATE**

RW Members who receive their newsletters by email will automatically receive a workshop booklet.

If you receive your newsletter by Canada Post, please contact Linda Sargeant, if you would like to have a copy mailed to you.  
[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)  
905-575-3831

The booklet will be sent to you in March, outlining specific workshops and times, participating displays by organizations and businesses, and procedures for registration.

Registration deadline:  
**Wednesday, April 4, 2018**

An **"AGING SUCCESSFULLY"** Project!

**Planning Team:**

Mary Tice (RTO) & Linda Sargeant (RWTO)  
Coordinators

Lynn Anderton, Helen Downey,  
Lee Hondronicols, Doreen Horbach,  
Helen Szydłowski, Joanne Weeks

# Thank you from Mental Health Rights Coalition

MENTAL HEALTH RIGHTS COALITION



Mental Health Rights Coalition  
103-100 Main St E  
Hamilton ON L8N 3W4  
[www.mentalhealthrights.ca](http://www.mentalhealthrights.ca)

Our mission is to encourage,  
enable and empower the voice  
of consumers in the mental  
health system

January 22<sup>nd</sup>, 2018

Dear Retired Women Teachers of Ontario, Hamilton Wentworth Branch,

On behalf of the members and Board of Directors I would like to thank you for your extraordinary efforts to organize a generous donation to Mental Health Rights Coalition (MHRC) this Christmas. The gift items and toiletries are greatly appreciated by everyone.

MHRC is a Consumer Survivor Initiative serving persons with lived experience of mental health and addiction issues. MHRC offers peer support and a daily drop-in serving some of the Hamilton's most vulnerable population. The gifts are much needed items at this time of year.

Once again thank you for the generosity of spirit during the holiday season.

Sincerely,

*Frances V Jewell*

Frances V Jewell  
Executive Director  
Mental Health Rights Coalition  
[mhrced@bellnet.ca](mailto:mhrced@bellnet.ca)



## *In Memoriam*

*Our thoughts and prayers are with the family  
and friends of Jean Graham  
who passed away on September 17, 2017.*



# H-W's Fourth Annual Special Outreach Project

Our "Fourth Annual Special Outreach Project" was another huge success this year, with "2" very special submissions. My Committee, as in the past was delighted to carefully choose the recipient of our annual \$500 donation, and provide suggestions to help the other submission. The recipient of the 2018 RWTO \$500 donation was *Linda Karolak*, a single mom on a small income,..who recently lost her middle son very tragically at home. Her family is in great financial need, and so they were nominated by member, *Maria Brenyo*. Our 'Special Outreach' one time donation of \$500 was used to help pay for a 'marker stone' for her son Marcus at St. Augustine's, where his father is also buried.

Several Committee members and I met with Linda Karolak and her son Jacob on **Sunday January 21, 2018** to present her with the \$500 cheque. It was an absolute pleasure to meet her, and hear about her challenges, determination, and positive attitude which have all helped her to get through this difficult situation. Her family are very appreciative of the \$500 donation, and send their thanks to all of you in RWTO. She and her son posed for some photos of our time together, so they could be shared with you. She also asked me if she could share her story details and message with all of you because *"it's therapeutic for her, and people need to hear and talk about this because it may save another life."* Below is her story.

We certainly wish Linda and her family the very best! I want to thank my Committee: *Linda Sargeant, Lynn Anderton, Gwen Kirkpatrick, and Phyllis MacDonald*, for their hard work, and thank you to the membership for participating in this annual initiative.

## "In Caring and Sharing" ....

Hope Leon, Branch Past President  
"Annual Special Outreach Project" Chair



## Linda's Message:

*On October the 21st, 2017 my eighteen year old son Marcus died by suicide. The choice Marcus made was not meant to hurt us. His death leaves all of us feeling angry and questioning, ... could we have done more for him?*

*Suicide is the second leading cause of death among people aged 18 to 24. Yet, we are still reluctant to speak openly about mental illness. I hope that by opening this discussion more people will come forward to talk about their own struggles. The incredible support of my family, friends and community has allowed me to continue to face each day.*

*On behalf of my sons, and myself I would like to thank all of the members of the Retired Women Teachers of Ontario,...Hamilton-Wentworth Branch for their generous 'Special Outreach' donation. This money will be used towards a marker for my son.*

*Thank you all so very much for thinking of my family.*

*Sincerely grateful, Linda Karolak*

## ....Second Submission News!

Our second submission this year, ... nominated by Branch Executive Secretary, *Gwen Kirkpatrick*, was "**Roger Boyd**" and his "**Men's Street Ministry**". Over a year ago Roger Boyd, father of three,... began 'to feed and clothe Hamiltonians in need',...and has become known as the "*Soup Guy*". Boyd grew up in a large family that didn't have much, and had always wanted to give back, and in a way he believed would honour his twin brother Robin, who died as an infant. He "always wanted a soup kitchen",...and the rest is history. His story has appeared in the Hamilton Spectator, and he has a Facebook page with videos describing his work:

<https://www.facebook.com/menstreetministry/about>

Boyd accepts donations such as : **Gift Cards** for grocery stores: Walmart, Tim Hortons,...**Men's Clothing**: socks underwear, shirts, and t-shirts, track pants, jeans, hoodies, winter outerwear, running and walking shoes, work boots,...and **Food Donations**: pre-cooked frozen meatballs or frozen turkey, peanut butter, and pasta, to name a few.

Our Special Outreach Committee decided that we wanted to help Roger with his commitment to feed and clothe Hamiltonians in need. He told me in a phone interview that "**winter coats**" are particularly needed, so we will be collecting them at the "**Courtyard Cuisine & AGM on Wednesday May 2, 2018**". I will have some boxes set up for this special outreach. This will be the perfect time to do your *spring cleaning*, and help out with this very worthy cause!

## OUTREACH



*Elvis Presley*

*... Is in the building!*

Thank you to everyone who braved the snow storm to come to the luncheon. A big thank you to all of the ladies who donated such varied items to the auction and to the team who ran it. An even bigger thank you to all who showed such generosity. The auction, the table envelopes and the 50/50 draw raised \$1314.00 which will be shared by the Alzheimer Society of Canada and the Dr. Bob Kemp Hospice.

*Thank you! Thank you very much!!*



*Friendship Luncheon*



2018  Elvis!

# Writing Club: Guest Speakers: Ellen S. Jaffe & Liz Crocket

Ladies! ...Are you interested in *unique* experiences like me?... I've booked two more wonderful guest speakers I'm sure you'll enjoy and won't want to miss. Remember to mark these dates on your calendars!

On **Friday March 23rd** ... our Writing Club is having special guest, ...*Ellen Ryan*, ... speaking on the topic of "*legacy letters*",... and you are invited!



*Ellen Ryan* is Professor Emeritus in Gerontology at McMaster University in Hamilton. A psychologist of aging, her special interests are resilient aging, acquired disability, assertive communication, and writing life stories. Currently, she leads a local 'Aging in Community' initiative to create mutual support networks.

Along with talented colleagues, she fosters writing of life stories, legacy letters, and poetry among older adults. She hosts the website on **Writing, Aging and Spirit**: [www.writingdownouryears.ca](http://www.writingdownouryears.ca).

• **Friday March 23rd** ....10:00am. - Noon

- Fortino's, West Hamilton Community Room
- 10:00am. - Noon
- RSVP by **Mar. 16th**: Hope- hleon@bserv.com
- [905- 528- 2348](tel:905-528-2348)



All members  
welcome! ...  
Bring a friend!

On **Friday April 20th** (new time: 1- 3pm.)...*Elizabeth*



*Crocket*,...will be speaking on the topic of "Haiku": Japanese Poetry. This should be amazing to learn the technique, and hear about some of her other genres of writing too. Please join us!

*Elizabeth Crocket* has been published in different genres, including Japanese short form poetry, (haiku, tanka, haibun, and photo-haiga) non-fiction, short fiction, free verse poetry and has recently written three women's fiction novels, all with a strong romantic element. Her first women's fiction

novel, "A Path to the Lake" will be released in 2018. Her second women's fiction novel, "A Smell of Roses" has yet to be given a release date.

*Elizabeth's* Japanese short form poetry has been translated into many languages including Japanese (the *Asahi* and the *Mainichi* newspapers in Japan) and has been published internationally and in most of the leading journals, including *Modern Haiku*, *The Heron's Nest*, *Mayfly*, *Haiku Canada* and many more. She has had two chapbooks published by Red Moon Press, the largest publisher of Japanese short form poetry in the western world. Her first chapbook, "Not Like Fred and Ginger" is a collection of haibun poetry, and was short listed for the prestigious American Haiku Foundation Touchstone Distinguished Book Award in 2014. Her photo-haiga (a combination of photography and haiku) recently won the photographic category of the Jane Reichold Memorial Haiga Contest.

For more information, you can find her on face book (*Elizabeth Crocket*) or samples of her work can be found on her website at:

[elizabethcrocket.wordpress.com](http://elizabethcrocket.wordpress.com)

- **Friday April 20th** ....1:00am. - 3:00pm. \*\*\* Note change of time!
- Fortino's, West Hamilton Community Room
- RSVP by April 13th: Hope- hleon@bserv.com
- [905- 528- 2348](tel:905-528-2348)

## ...So Let's Talk!

*I know this is unusual,...but then again,....so am I! Afterall, ... how could I just give up two years of writing, ....something I love to do so much,....and especially,...writing to all of you? ...And so,...here I am,...again!*

*I won't be writing about RWTO events, happenings and so on, because I'll leave all that to Linda. This will be more of a 'chit chat' with you. I've been called a 'Social Butterfly',...and so this will be right up my alley. What do I want to talk about? Hmm.... Something light and fun of course! Have you seen any **good movies** or **theatre** lately, or been somewhere great for **dinner**? Lots of people are taking interesting and **exotic vacations** or **cruises** which are inspiring me to pack my bags. Perhaps we can assist each other with those 'not so much fun' things too! ... Do you need help with **snow shoveling** in the winter? Can anyone recommend someone for 'odd jobs' around the house? Do you have a **pet peeve**? Mine is: Where have all those kids gone who used to knock on doors to find work to do to earn money? Hmmm!*

*Perhaps we'll discuss some of these issues. Let's wait and see! Please email me your ideas & suggestions so we can get started on this new adventure together!*

...Till we meet again!

Hope :o) [hleon@bserv.com](mailto:hleon@bserv.com)



# MESSAGE BOARD

## *Art Appreciation Interest Group*

If you are not on our Art Appreciation email list and would like to be, contact Lynn Anderton via [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com) or [905-308-1133](tel:905-308-1133). Further info will be emailed out closer to dates, including the rsvp email to say you would like to attend.

**Wed., March 28th**



11:30 optional lunch at Bangkok Spoon,  
[57 King St W., Dundas](#)

1:15 **Dundas Museum and Archives Exhibit,**  
[139 Park St W., Dundas](#)

Great Scott! Fashion to the Future will be coming to the Dundas Museum & Archives this spring. Take a journey through time, as we explore fashion trends worn in Dundas throughout the late 20th century, from the groovy 1960s to the trendy 2000s. Join our discussion Help Curate the Show! The Dundas Museum & Archives is home to a fantastic collection of the fashions worn in Dundas during this time period. And along the ride, sans the DeLorean, discover how clothing is often dominated by larger global trends. Fashion to the Future is part of a series of exhibitions focused on local attire that the Museum has curated over the last three years. These previous exhibits covered fashion between 1790-1900 and 1910-1960.

*Save the Dates:*

**Thurs., April 5**



11:30 optional lunch at Thirsty Cactus, 2 King St. E, Dundas  
1:00 **Dundas Valley School of Art – “Auction Review”**

**Tues., April 24**

11:30- optional lunch at Spencer's  
[1340 Lakeshore Rd., Burlington](#)

1:15 - **Art Gallery of Burlington – “All Guilds Exhibit”**



**Wed., May 30**



12:00 optional lunch at Garden Cafe and tour of the new Rock Garden at the **RBG**

# Bumper Babes Bowling

Our new year started with the largest number of bowlers, that we've seen in over a year, including several new "Babes". More bowlers are always welcome. We meet at Mountain Lanes, [335 Upper Wentworth St.](#)

[Hamilton](#) between 11:00 and 11:30 on the 3rd Tuesday of the month. There is on street parking on Upper Wentworth or in a paid lot in the next block. Our next 3 dates are March 20, April 17 and May 15.

Hope to see you there!

Gwen; [kirpa@cogeco.ca](mailto:kirpa@cogeco.ca) (905) 689-8975



# Citizenship Celebration



On February 13 a Team of 5 RW members hosted 62 new citizens from over 40 countries. There were many guests in attendance as well. The contact procedure for our group has changed to email. The telephone tree of the past has become a redundancy in our busy lives. I will be contacting a few people by phone to get updated emails as several bounced back on my last contact. We will be called to duty again in the spring.

Trish Nanayakkara; [nanagor@aol.com](mailto:nanagor@aol.com) (905) 628-7809



Ladies, It's time to get back into the swing of things!! **GOLF!!** Yea! Our organizational meeting will take place on Wednesday, April 25th at 10:00am at Williams on Discovery Drive. If you are unable to make it, you can still "volunteer" to book tee times. Looking forward to seeing you.

Your Golf Madame, Danielle

[daniellechouinard3@cogeco.ca](mailto:daniellechouinard3@cogeco.ca); 905-635-9051

## Euchre East

Lots of Fun, Euchre, Laughter & Friendship.

Where: TEDDY'S (Main St, Grimsby)

Time: Lunch at NOON, Euchre 12:30 to 3pm

When: We meet one Thursday a month.

Thursday, March 8th, 2018.

Thursday, April 12th, 2018.

Thursday, May 10th, 2018.



Please come and join us, beginners welcome.

Contact: Lynn [ldj1999@gmail.com](mailto:ldj1999@gmail.com) (905)-309-4438

## Euchre West

Happy Spring and Easter!

Join a fun group of cards on the last Monday of the month:

March 26; April 30; May 28; June 25

Fortinos -upstairs

1579 Main St. W

Lunch at 12 Noon; Cards at 1 p.m

Contacts Jeanette at [jeanette.24@icloud.com](mailto:jeanette.24@icloud.com) (905) 648-2044

Or Donna at [donnapatmoore@gmail.com](mailto:donnapatmoore@gmail.com)

## "FIRST CUP @ SECOND CUP", WESTDALE

1. **Fri. Mar. 16th** **\*\*\*change of date!**
2. **Fri. Apr. 13th** **\*\*\*change of date!**
3. **Fri. May 25th**
4. **Fri. June 29th**



- 10:00 am. - 11:30am.
- Socialize
- Make new friends
- Exchange ideas/contacts
- Contact: Hope: [hleon@bserv.com](mailto:hleon@bserv.com) OR: 905- 528- 2348

## iPaD InTeReSt GrOuP



Owners of iPads are welcome to drop in when they can!

Bring your fully charged iPad!

Fortinos Community Room

1579 Main St. W - L8S 1E6

Thursdays 10am - Noon

March 29<sup>th</sup>, April 19<sup>th</sup>, May 17<sup>th</sup>, June 21<sup>st</sup>

Send your topic suggestions/questions to Linda

[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com) 905-575-3831

# Lunch Bunch



March 6, 12:30 pm  
Cavallo Nero  
370 Wilson St., E.,  
Ancaster  
(905) 648-8888

April 3, 12:30 pm  
Mattson & Co.  
225 Locke St.,  
Hamilton  
(905) 525-0225



May 1, 12:30  
Royal Botanical Gardens (this one is iffy –  
they haven't returned any of my calls)  
I may have to go in person to reserve our  
lunch,  
or find another restaurant.

June 12. Time note: 12 NOON  
Donn Zver pottery and Cafe  
2290 Highway 5  
Troy  
(519) 647-2117



## Mohawk Trail Schoolhouse

The HWDSB Archives are undergoing a change of venue, from Vincent Massey School to Hill Park over the next few months. Therefore the Board will not be taking part in the Doors Open Weekend at the beginning of May this year. The displays at the Archives, the Board of Education building and the Mohawk Trail School Museum will hopefully return again next year.



Contact: Lynne [lynnsmith16@gmail.com](mailto:lynnsmith16@gmail.com) (905) 679-6639

# MOVIE GROUP

Cineplex Cinemas Ancaster – Meadowlands - \$10 for non AFF members



**Meditation Park** - Monday March 5: 1:00 (RWTO Movie Group), 4:00, 7:15 p.m.

- Monday April 9: 4pm - *Call Me By Your Name* 4:00 p.m.
- Upcoming Dates:
- Monday April 9: 1:00, 7:15 pm - To Be Announced,
- Monday April 23 To Be Announced
- Monday May 7 To Be Announced

Contact: Mardie [mardiepan@gmail.com](mailto:mardiepan@gmail.com) (905) 527-6075

# THEATRE GROUP

Contact: Mardie [mardiepan@gmail.com](mailto:mardiepan@gmail.com) (905) 527-6075



**Heroes** by Gerald Sibleyras - \$25

translated by Tom Stoppard  
Director: Graham Clements

April 6, 7, 12, 13, 14\*(RWTO Matinee), 19, 20, 21\* 2018

In this hilarious and poignant translation, we meet three World War I veterans, each with his own strengths and maladies, who meet together to counter the monotony of their lives in a military hospital. Their cantankerous camaraderie becomes strained when they begin to dream of freedom, and Gustave presents an escape plan.



**A...MY NAME IS ALICE** - \$30

A musical revue by Joan Micklin Silver and Julianne Boyd  
Director: David Dayler

June 1, 2, 7, 8, 9\*(RWTO matinee), 14, 15, 16\* 2018

This compilation of thirty writers and composers provides a vehicle for triple threat actresses to reflect on life as a woman through monologues, scenes, dance, and song. Sometimes reflective, often hilarious, it is wonderful entertainment for women and all who love them.

**For Tickets Call: (905) 529-0284 and identify as RWTO.**

# Writing Club:

Our writers are creating and making us proud! ...Today's guest speaker was retired teacher, Caroline MacArthur, ... editor of her new "Sideburns Magazine" ...the ultimate "Elvis Tribute Artist" fan magazine, her latest project. With her was her daughter, Lori-Anne, her web manager. How exciting it was to learn how Caroline created her own magazine! Check it out on:

[sideburnsmagazine.com](http://sideburnsmagazine.com)

Hope to see you at our next "Writing Club" for more adventures!



## Remember these dates!

1. Fri. Mar. 23rd .... **special guest speaker**, ... "Ellen Ryan": "**Legacy Letters**"
2. Fri. Apr. 20th .... **special guest speaker**, ... "Liz Crocket": "**Contemporary Haiku** " **\*\*\*change of time: 1:00 - 3:00pm.**
3. Fri. May 18th

- Fri. June 22nd
- Fortino's, West Hamilton Community Room
- 10:00am. - Noon (except on Apr. 20th)
- No writing skills required
- Socialize; Make new friends and contacts
- Learn some new writing skills and styles too!
- Contact: Hope: [hleon@bserv.com](mailto:hleon@bserv.com) OR: 905- 528- 2348
- Bring a friend!



# COMMUNITY

If you have a community event or announcement that you would like to advertise in this newsletter, please email your information to [rwto.patty@gmail.com](mailto:rwto.patty@gmail.com)  
Patty Alexander - Communications

Ancaster Community Theatre presents

## Don't Mention My Name

Wednesday April 25, 2018 @ 7:30pm

St. John's Parish Hall (Halson Ave, Ancaster)

Tickets: \$25

Proceeds go to *Cancer Assistance Program*

Doors open at 6:45 - Raffle - 50/50 Draw- Refreshments



An ADK Rho Fundraiser

For tickets, email Peppy Tew at: [pep.jim@explornet.ca](mailto:pep.jim@explornet.ca)

# A GERMAN REQUIEM

JOHANNES BRAHMS

## Chorus Hamilton

David Holler, conductor

Melanie Conly, soprano

Erika Reiman, pianist

Chad Louwerse, baritone

Join us for Johannes Brahms' most celebrated choral work, *A German Requiem* with chamber orchestra. This requiem is different in that it was written to be a source of comfort to the living, with a sympathetic humanism throughout the work. We guarantee a concert of uplifting choral music that will fill your heart and soul with joy!

**Sunday, March 25, 2018**  
**3:00 pm**

St. Paul's United Church

29 Park Street West

Dundas, ON

**Tickets: \$25 includes on-line or  
in advance ticket prices**

## The 26th Annual Ancaster Community Food Drive

POSTED ON FEBRUARY 12, 2018



The Ancaster Community Food Drive and Hamilton Food Share share a long history of helping people.

Now in its 26th year, the biggest single day food drive in the region has collected over 1.5 million pounds of food since it started in 1992.

The food drive is a door-to-door blitz of Ancaster homes to collect non-perishable food. On Saturday, February 24, volunteers fan out in the community to deliver flyers to homes. One week later, on Saturday March 3rd hundreds of volunteers return door-to-door to collect food donations. The neighbourhood collections take about 2 – 3 hours.

Donations can also be dropped off between February 19th and March 3rd at Ancaster's two Fire Halls. Hamilton Fire Station 20 is located at 661 Garner Rd E and Station 21 is at 365 Wilson St W. As usual, members from Hamilton Police Services and the Hamilton Fire Department will be volunteering.

Schools can get involved, too. Volunteers will pick up food at Ancaster schools on Thursday, March 1st.

Food from the drive is distributed to Ancaster Community Services, Good Shepherd Centre, Neighbour to Neighbour, Mission Services of Hamilton, St. Matthew's House, the Salvation Army and Wesley Urban Ministries, as well as smaller agencies in the Emergency Food Network in Hamilton.



## SOCKS Annual Chinese Food Dinner Edibles Silent Auction

Date: Saturday March 3, 2018

Time: Doors open 5:00

Dinner 6:00

Location: Linden Park Church

484 East 16<sup>th</sup> Street L9A 4K8

Price: Adults \$20 Children \$10

Food Provided by Kim Shan (Ancaster)

Menu – Spring roll, chicken chow mein, breaded shrimp, sweet and sour chicken, pork/chicken rice, beef & mixed veg, honey ribs, orange pork.

Tickets: Linda Sargeant

[rwto.linda@gmail.com](mailto:rwto.linda@gmail.com) (905) 575-3831



# SOCKS<sup>CANADA</sup>

SUPPORT ORPHANED CHILDREN KENYAN SCHOOLS

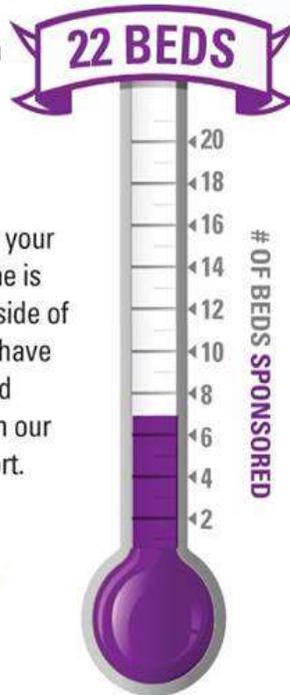
## 2018 SPECIAL REQUEST

# ROOM with a View

SPONSOR



Room with a View Sponsorship Campaign supports the personal needs of a woman and her children that stay in one of the 22 beds at our emergency shelter.



A plaque with your company name is displayed outside of the room you have sponsored and in the lobby on our Wall of Support.

**\$3000**  
for the year  
or  
**\$250**  
per month.

2016/2017  
Room with a View  
Sponsors



DONNA TIQUI-SHEBIB  
Barrister, Solicitor & Notary Public



Your Support **CHANGES & SAVES LIVES**

905-387-9959 | [www.intervalhousehamilton.org](http://www.intervalhousehamilton.org)

## Senior of the Year Awards

Mar 29: Nomination deadline for the 2018 Senior of the Year Awards - City of Hamilton

<https://www.hamilton.ca/city-awards/senior-year-awards>

What are the categories for the Senior of the Year Awards? There are 9 categories of the Senior of the Year Awards.

- Senior of the Year
- Lifetime Achievement
- Innovation
- Behind the Scenes
- Diversity and Cultural
- Leadership
- Compassion and Companionship
- Economic Leadership
- Healthy and Active Living

<https://www.hamilton.ca/city-awards/senior-year-awards/senior-year-awards-nomination-form>

Before submitting a nomination, please review these guidelines:

- One nomination form per nominee
- All information must be verifiable
- Submissions must include:
  - reason for the nomination
  - the special work or service
  - the effect it had on the community
  - who has benefited from these efforts
  - two letters of support or testimonial

NEW

The Youth Award is given to a youth between the ages of 15 to 24 that provides special work or service for seniors during or after their required hours for high school. The individual is dedicated to volunteering with seniors and serves as a role model for other young people.

# Posting Events in the Hamilton Community News

<https://www.hamiltonnews.com/whatson-static/7996759-everything-you-wanted-to-know-about-the-hamiltonnews-com-events-calendar/>

The events calendar at [hamiltonnews.com](http://hamiltonnews.com) is a popular website feature. To better serve you, we've compiled a list of helpful hints and instructions for submitting your events as well as a list of calendar features that you can use. We've also added a pair of how-to videos: one on how to sign up for the site, and the second on how to submit an event. If you wish to submit an event, you must register as a user. Click here to register. If you're already registered, click here to login.

If you wish to submit an event but need some additional assistance, you can download our easy-to-follow instructions here in PDF format.

## QUESTIONS

How much do I pay to use the online calendar?

The online calendar is a free feature, primarily for non-profit organizations and community groups. Your event will appear on our Hamilton calendar, an all-encompassing calendar of every event in the communities covered by [hamiltonnews.com](http://hamiltonnews.com).

How long does it take for my event to go live on the website?

Events submitted go online within a half-hour after administrator approval. We check for events a minimum of twice a day.

What filtering options are there?

In addition to a comprehensive calendar, we have calendars that can be filtered by date and by category.

Will my event appear in the newspaper?

While all events are given consideration for print in the relevant local edition, space is limited and is prioritized for local, not-for-profit events.

Can I edit my event?

Even if it's already published, you can edit and update your event at any time.

Once I've submitted my event, do I have to do anything else to make sure it gets considered for print?

No, once it's online we know it's there.

Who can I contact for further help?

You can email [communities@metroland.com](mailto:communities@metroland.com) for further assistance.



Hamilton

Events  
& ACTIVITIES



## TIPS FOR SUBMITTING YOUR EVENTS

- The earlier you submit the better for maximum exposure. You can always add additional information later.
- Avoid using all caps.
- To save yourself time, check and see if the event venue is already in our system by typing the first few letters into the venue field. If it's in our system, the venue details will automatically flow in.
- Fields marked with an asterisk are mandatory.

## CALENDAR FEATURES

- **IT'S ALL ABOUT THE COMMUNITY:** We have lots of venues already in our system for users to access -- and that number continues to grow.
- **IT'S VISUAL:** You can upload photos and video with your events, and each event comes with its own locator map.
- **IT'S SHAREABLE:** There are sharing options for your event on several social media platforms.
- **IT'S FLEXIBLE & CONVENIENT:** Our repeat event function is a time-saver