



After the Bell

in Scarborough

Retired Women Teachers of Ontario
Organisation des Enseignantes Retraitées de L'Ontario

Newsletter
May 2018

Caring and Sharing

Carol Nelson - President



"Volunteers are paid in six figures—S.M.I.L. E " (Garfu Lemaire)

Today is the last meeting of the 2017-2018 year. It has been a busy year—great programs, great lunches and great times to meet with friends and great times to meet new friends who have joined our group. None of this has been possible without the help of the volunteers who have worked together to plan all these events. Please thank an executive member when you greet her today.

Volunteering is the key word of the meeting. For the first time, we are honouring six women with the Ontario Volunteer Service Award for their dedication to the Branch. Also, two of our members will also receive the Cora Bailey Award for their service to the branch. It is an exciting day to be able to honour these eight women.

You will have read, in the dispatch and now in the newsletter, that tax man was forgotten in planning for 2018-19. As a result, luncheons for 2018-2019 will cost \$38.00. Susan will accept cheques, today, for September 2018. Please check the August dispatch for due dates if you mail in your cheque so that Shelley can plan those wonderful lunches.

On behalf of every executive member, I thank everyone for attending and enjoying the year with us. Of course, without a great executive of twenty-nine dedicated and hardworking women, none of this would have been possible. Of course, the members who attend also make it possible to plan the year. Thank you to all of you who come to the monthly luncheons.

Have a safe and happy summer with family and friends. We will see you on TUESDAY, SEPTEMBER 18 at THE ESTATE. *Carol*

Don't Forget!

Allergy Alerts to Shelley Goodman
The Estate Banquet Centre
430 Nugget Avenue
(at Markham Road)

Scarborough
Please Note

The rising cost of food has made it necessary for the Estates Banquet Hall to raise the price of the lunch to \$38.00 for next year.

Please make sure your cheque is made out for this amount.

Tuesday, May 15, 2018 - 11:30 a.m.
Luncheon - Estate Banquet Centre
Edith George - "Heritage Trees"
Cora Bailey Awards
Plant Sale: Doors open 10:30 a.m.

Wednesday, July 11, 2018
The King and I - Trip

Tuesday, September 18, 2018 - 11:30
Luncheon - Estate Banquet Centre
Celebrating our 90+ ladies
Vendors table request due

September 25- 28th, 2018
Agawa Canyon - Trip

Tuesday, October 16, 2018 - 11:30
Luncheon - Estate Banquet Centre
Arts & Craft Show - Doors open - 10:30.

Please Note:

It is important to renew your RWTO membership now in order to ensure your RWTO Insurance Policies are renewed and your coverage continues.

Grace
For food in a world
Where many walk in hunger
For faith in a world
Where many walk in fear
For fellowship
Where many walk alone
We give Thee thanks,
O God
Amen



Plant Sale

RWTO/OERO ON THE GO



All buses will depart PROMPTLY from in front of the shops at Kennedy Commons, in front of Michaels and LA Fitness. Please park around the perimeter of that parking lot. Paid reservations are NON-REFUNDABLE. Please let the coordinators know if you are unable to attend.
NOTE: Cheques for the excursions are to be made payable to Mary Morton Tours and forwarded to the coordinator of each excursion by the Payment Due Date.

Mary Morton Tours Presents
TICO #448872

The King and I

Cost: \$160

Wednesday, July 11, 2018

Includes bus, Toronto City Tour, lunch at the Hot House Café and orchestra theatre tickets

Bus departs at 9:00 a.m., returning at approx. 5:00 p.m.

Payment due: May 1st

Coordinator: Lamoine Mustard 416-494-5103



Based on a true story, The King and I traces the blossoming romance between an English governess and the King of 19th Century Siam. Part love story and part culture clash comedy, the show contains some of musical theatre's greatest numbers, from Shall We Dance to Getting to Know You, to I Whistle a Happy

Tune.

Agawa Canyon 4-Day Tour September 25 to 28, 2018

Cost: Twin: \$949

Single: \$1179

Includes deluxe motor coach transportation, 3 nights' hotel accommodation, 8 meals: 3 breakfasts / 2 lunches / 3 dinners, ticket for the Agawa Canyon Train Tour, step-on guide, ticket for travel on the Chi-Cheemaun Ferry

Bus departs at 8:30 a.m. returning at approx. 5 p.m. p.m.

Cheques for \$100, by May 31st, will confirm your interest.

Balance due, with cheque post-dated to July 31st.

Coordinator: Carol Everitt 905-655-0638



"The seemingly unending mixed forests of the Canadian Shield open up as you skirt the shores of northern lakes and rivers, cross towering trestles, and set eyes on the same rugged landscapes and majestic views that inspired the Group of Seven."

Music Man

Cost: \$185

Thursday, October 4, 2018

Includes bus, shopping time, orchestra seating theatre tickets, lunch, dinner and all gratuities

Bus departs at 8 a.m., returns 8 p.m.

Coordinator: Mary Marchut 416-291-2389



A LOVE STORY WITH TWISTS AND TUNES. A

charming but fraudulent salesman arrives in River City to work his usual scam – only to find that a bill of goods can be the real deal. With melodies that include the rousing “Seventy-Six Trombones,” this musical- comedy classic will delight the whole family.

A Christmas Carol

Cost: \$145

Friday, December 7, 2018

At the Shaw Royal George Theatre, Niagara-on-the-Lake
Includes bus, lunch at the Prince of Wales, orchestra seating theatre tickets, shopping in Niagara-on-the-Lake, visit to Pickard Peanuts

Bus departs at 8:15 a.m., returning approx. 7:30 p.m.

Coordinator: Carol Everitt 905-655-0638



Ebenezer Scrooge is a miserable old miser. But when three ghosts decide to swoop in overnight, he gets the wake-up call of a lifetime. This charming Christmas classic by Charles Dickens has one of life's most inspiring questions at its heart: what — and who — will really matter in the end? See it brought to life in the historic Royal George Theatre by the Shaw Festival's world-class Ensemble.

Welcome to Edith George



Edith George has been an Advisor to the non-profit the Ontario Urban Forest Council (est. 1963) for over ten years. She is a former Director of the Board of the Weston

Historical Society. She is quick to admit her passion for heritage trees and travels the province of Ontario answering the questions, "What is a heritage tree?" and "Why should they be protected?". People come away from her presentation, looking at trees with a different viewpoint. She uses her neighbourhood's great red oak and tells its story. She is an online columnist for Metroland Media Group. Her column is titled, "Natural Roots" and is about the various significant trees found in the city where she was born and lives – Toronto.

There will be a draw for a bee house, some natural honey and some beeswax candles.

MEMBERSHIP RENEWAL 2018 – 2019



The RWTO membership year runs from September 1st to August 31st. If you plan to renew your membership for 2018-19, please consider doing it soon before the busy summer months. The fee remains at \$40. and your cheque may be postdated to July 1 or August 15, 2018.

Thank you to the many ladies who have submitted their fee and for your continued support of our group. If you have any questions regarding your payment, please contact Marg Lyons. marglyons@hotmail.com

The membership form is also attached to the newsletter. Marg & Lilli - Membership Committee.

RWTO SCARBOROUGH BRANCH
BOX 66564
685 McCOWAN ROAD
SCARBOROUGH, ONTARIO
M1J 3N8

RWTO Annual Plant Sale



Celebrate spring at our annual May luncheon plant sale. You will find amazing cuttings and plants from our member gardeners. All items should be brought to the tables beginning at 10:00 a.m.

It would be appreciated if you could label your plants with a popsicle stick, indicating sun or shade and the name of your plant.

Plants will be available for \$2, \$3, and \$5. If possible, change would be appreciated.

Lana and Lynn will there to help you.

Doors open at 10:30 a.m.

Address any questions to Lynn Cook
art_chickadee@hotmail.com



COME FROM AWAY



54 of our members enjoyed a wonderful lunch at the Hot House Café on April 18, with extra special service from the staff. The afternoon show *Come From Away* was thoroughly enjoyed by everyone. Thanks, Carol, for organizing this phenomenal theatre outing!

GOODWILL



We sent Thinking of You cards to Jean Dennis, Lynn Cook, Anna Donnellan, Lorraine Lewis, Beverley Williamson and Lynda Paine.

A donation was made to The House of Compassion of Toronto in memory of Glen Currie. A belated sympathy card was sent to Michele Trantau whose son Michael passed away. Our condolences go out to Michele and her family. Betty



Agawa Canyon Trip

Day One - Tuesday, September 25, 2018

8:30 a.m. Depart from Kennedy Commons - Travel to Sault Ste Marie (Coffee stop en route, on own) Lunch stop en route in Parry Sound, (on own).

Check into the Delta Hotels Sault Ste Marie Waterfront. Modern, beautifully appointed hotel rooms showcase plush bedding, free Wi-Fi and flat screen TVs and indoor pool. 6:30 p.m. Dinner at hotel

Day Two - Wednesday, September 26, 2018 8:00 a.m.

The Algoma Central Train departs for Agawa Canyon. Enjoy the beauty of the region and experience the same rugged landscapes that inspired the Group of Seven. A commentary will be provided, which will tell you about upcoming points of interest and share some of the rich history of the region Just when you thought you'd experienced it all, the train will begin its descent, traveling down 500 feet to the floor of Agawa Canyon. You can enjoy scenic walks on graveled trails leading to several waterfalls and experience an invigorating climb up over 300 stairs to the breathtaking Lookout, perched 250 feet above the canyon floor. There are opportunities to enjoy the Canyon through more relaxed means, as well. Breakfast and a boxed lunch will be included on the train. Return to hotel at 5:30 p.m. Dinner at hotel at 6:30 p.m.

Day Three - Thursday, September 27, 2018

Breakfast at hotel 8:00 a.m. Depart for Manitoulin Island. Lunch on own at Little Current. Meet guide and stop at 10 Mile Point. This is a great place to stop, stretch your legs, and soak in the spectacular view from the point. The store boasts the island's biggest collection of traditionally designed native crafts and aboriginal art. An historic marker commemorates an early Jesuit mission at Wikwemikong. See High Falls. Enjoy commentary en route to South Baymouth 2:30 p.m. Arrive at Ferry in South Baymouth 3:40 p.m. Take the Chi-Cheemaun to Tobermory 5:40 p.m. Travel to Owen Sound 7:30 p.m. Check into the Best Western Inn on the Bay. Hotel amenities include an on-site restaurant, hot tub and whirlpool and a cocktail lounge to name a few. Dinner at the hotel.

Day Four - Friday, September 28, 2018

Breakfast at hotel. Tour Owen Sound. Tour through Harrison Park, with more than 40 hectares of streams, trails, gardens, playgrounds, forest, and green space. Its network of trails connects directly with the Bruce Trail, the longest footpath in Canada, which will take you to Inglis Falls or the Centennial Tower, one of the highest points in Owen Sound. See Fish Ladder. Stop at Grandma Lambe's in Meaford, for browsing. Enjoy a scenic drive to Southampton and a delicious hot turkey lunch at Mylar and Loretta's. 5:00 p.m. Approximate return time home.

RWTO FASHION SHOW



ALLERGIES AND DIET RESTRICTIONS:

If you have food allergies or dietary restrictions, it is important that we know about these so that accommodations can be made for you. We need to have the information **BEFORE** the luncheon. Please call Shelley Goodman at 416-491-1683 or e-mail her at shelley.goodman@sympatico.ca to let her know about these allergies or restrictions. She will confirm the change with you once you have advised her. If fruit for dessert is the only change you require, then you will not have to inform her every month. This will be done automatically. Please keep Shelley informed if there are changes during the year. We want to ensure that you enjoy each lunch! Shelley

CONVENTION 2018 - June 5-7



We wish our delegates well at Convention Nottawasaga.

Linda Jarvis
Sheila Meyers
Trudy Sutton
Elaine Apted

Also attending: Adrienne Johnson
Carol Nelson

dates to Remember

Luncheon Dates for 2018-2019



Tuesday, September 18, 2018

Tuesday, October 16, 2018

Tuesday, November 20, 2018

Tuesday, January 15, 2019

Tuesday, February 19, 2019

Tuesday, March 19, 2019

Tuesday, April 16, 2019

Tuesday, May 21, 2019

Luncheon cost is \$38 for 2018-19

RWTO Executive 2018-2019

Area Director – Carol Nelson

Past President – Linda Jarvis

President – Carol Nelson

Secretary/Lunches - Shelley Goodman

Treasurers - Linda Jarvis, Susan Urie

Membership - Marg Lyons, Lilli Chu

New Retirees – Lilli Chu

Archivist - Nan Collict

Communications - Connie Cole, Elaine Apted

Program- Lynne Said, Linda Brent, Jeannie Tom

Outreach - Trudy Sutton, Sheila Meyer

Goodwill - Betty Caspersen, Janette McClure

Fundraising - Lynne Said, Allison Chase

Books - Chris Elliot

Newsletter/Website - Cathie MacGillivray

Travel - Carol Everitt - Lamoine Mustard - Mary Marchut -

Insurance – Carol Nelson

Flowers - Donna Husband

Photographer - Jeannie Tom

Name Tags – Chris Elliot, Peggy Irwin

Member-at-Large – Marilyn Hodge

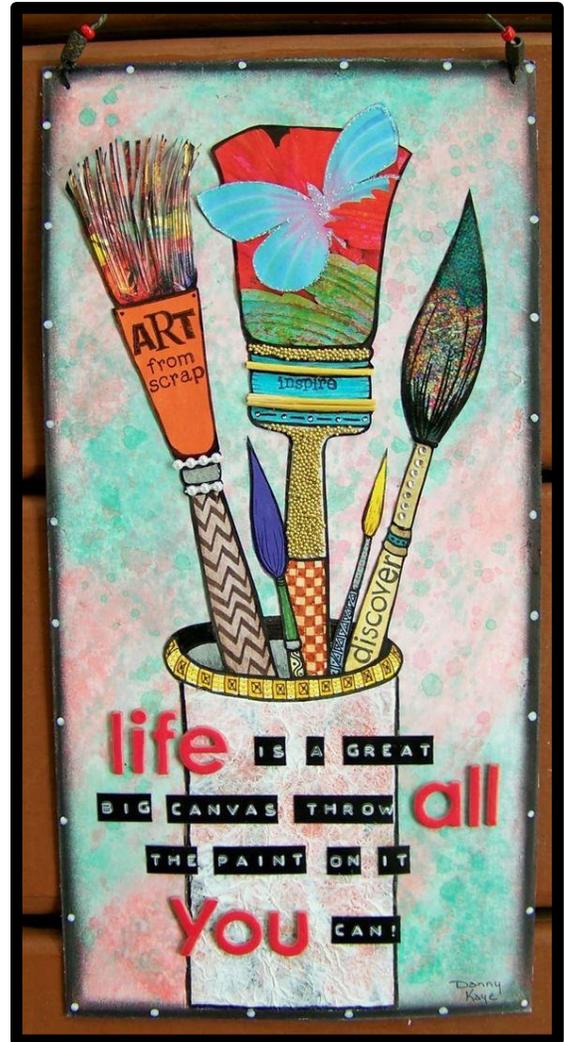
Support Team

Greeters - Helen Sharpe

Over 80's – Pam Parsons

Gifts for Kids – Rosalie Ientile

Annual Craft Sale



Get ready for another amazing RWTO Arts and Craft Show & Sale at our October Luncheon, celebrating the many talents of our member ladies.

Vendors are asked to contact:

Lynne Said lynnesaid@sympatico.ca or

Linda Brent lbrentj@yahoo.com

by September 18, 2018.

Book a table for the sale for \$5.00 plus a product. It is very important that all vendors book a table by the September 18th Luncheon, as we make arrangements for table setup, with the Estate, well in advance. We are unable to accommodate new vendors on the day of the sale.

Thank You,
Program Committee

RWTO/OERO SCARBOROUGH

Financial statement April 1, 2017 - March 31, 2018

<u>Income:</u>	Luncheons	34216.00	
	Fundraising	1079.70	
	Membership	8750.00	
	RWTO/OERO rebate	2234.00	
	Convention rebate	1655.59	
	RWTO/OERO grant	300.00	
	Pin sales	10.00	Total \$48245.29

<u>Expenses:</u>			
Administration:	Post box	210.18	
	Treasurer	17.76	
	Convention	1210.50	
	RWTO/OERO fees	8885.00	
	Administration	122.64	
Member services:	Luncheons	33667.42	
	Travel	303.03	
	Donations	1200.00	
	Flowers	414.04	
	Membership committee	114.70	
	Newsletter, mailing	348.93	
	Program	1333.57	Total \$47827.77

Bank balance March 31, 2018 \$10801.16

TO BE PAID:

Shelter	\$700.00 + \$200
RTO	\$300.00
Goodwill	\$300.00
Club Amick	\$100.00

Submitted by Linda Jarvis – Treasurer RWTO/OERO Scarborough

Cora Bailey Award:

Cora Bailey, from the Peterborough branch, was RWTO's first executive secretary-treasurer. Beginning in 2003, this award was presented in her honour. The Cora Bailey Award is presented to a branch member(s) who has contributed outstanding service to her branch. Awards to our members will be presented at the May Luncheon.



A man and a woman were sitting in the living room one night having a discussion about living wills. 'Just so you know,' said the man, 'I never want to live in a vegetative state,

dependent upon a machine and fluids from a bottle. If that ever happens, just pull the plug.' With that his wife got up, unplugged the TV and then threw out his beer.



OUTREACH

There **WILL** be our regular collection of toiletries, magazines and baby products at the May luncheon. Also, we will be shopping for sports equipment and filling backpacks for the start of school in the fall so any monetary donations will be greatly appreciated Thank you.

Sheila & Trudy Outreach Committee



It is very important that your cheque for the luncheons are received well in advance. We are required by The Estate Banquet Centre to give them the number of meals required **A WEEK IN ADVANCE**, so they can accommodate everyone. If your cheque is late or you decide, at the last minute, to attend, the Estate has not prepared a lunch for you. To avoid putting the Estate and our branch Executive in a difficult position, please ensure that Susan Urie is aware of your attendance by receiving your cheque. Many thanks to those who honour this.



RECOGNIZING THE 80+ MEMBERS

Marion Allan, Fern Allen, Sheila Badcock, Betty Caspersen, Josey Chisamore, Olive Cheron, Nan Collict, Pat Devlin, Liz Hall, Marie Harvey, Isabel Hirlehey, Donna Hubel, Isabel Kavanaugh, Janette McClure, Elizabeth McGowan, Ora McKay, Lamoine Mustard, Helen

Nighswander, Margaret Rataj Joyce Simmons and Barb Will.

Unable to attend but nor forgotten for their support over the years: Mary Allen, Mary Eileen Brown, Rea-belle Christiani, Irene Duncan, Christine Ferguson, Milberg Gibbons, Patsy Jordan, Mary Kristiansen, Martha Massey, Kathy Matsusthita, Marg McColl, Jeanne Milovanovic, Agnes Rix, Frances Stainton, Mildred Wideman and Jean Woodard.

Thank you for your support of our Branch and your many years of service.

RWTO/OERO INSURANCE PLANS



are exclusively for and or available only to the members of RWTO/OERO. The plan is administered and underwritten by the MANULIFE.

1. CATARACT SURGERY CLAIMS—need to indicate the following information in the 'details' section:

- which eye—left, right, both
- date of surgery
- doesn't require attending physician's statement
- attach receipts

2. TRANSPORTATION CLAIMS—attach the following:

- date
- starting address
- address of hospital or doctor's office
- number of kilometers travelled
- attach parking receipt

Note: Transportation claims are for transport to and/or from hospital and for post-hospital doctor's visits only—not for trips to the dentist, the mall, hairdressers, nail appointments, etc.

3. HEARING AID claims don't require an attending physician statement but do need receipts.

4. Claim forms for Convalescent Care should be submitted within 30 days (or as soon as possible) after the date of full recovery. A subsequent Convalescent Care Claim can be submitted as an addendum to the original claim. It is just important that claims be filed within the 30 days and the subsequent claim form can then be sent in for compensation, if necessary

5. Claims for sickness or accident, where the member has been in the hospital, need to have an attending Physician's Statement and should be completed by the family doctor.

Information from Terry M. Kennedy 519-583-0098
Remember when you are filing an insurance claim, please send in all of your receipts to Terry Kennedy. She can find things that you may have forgotten about or don't think can be used.

For assistance with your insurance claims please contact TERRY M. KENNEDY 519-583-0098

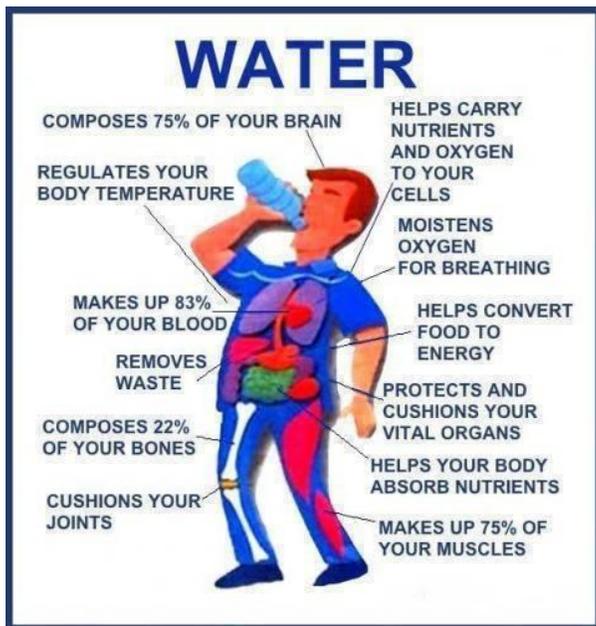
tkennedy34@bell.net

May also call: 1-800-268-3763

Branch Insurance rep:

Carol Nelson: 416-724-7107

carol.nelson@sympatico.ca



Are you getting enough fluids to stay healthy?

Water is an essential component of our body and plays a vital role in maintaining nearly all major organ systems. The human body contains 2/3 water by weight.

As you age, you will likely feel less thirsty and thus be prone to drinking less fluid. However, hydration is as important as ever in old age, so be sure to keep water on hand and drink regularly throughout the day, even if you don't feel thirsty.

You don't need to rely only on what you drink to meet your fluid needs. What you eat also provides a significant portion. For example, many fruits and vegetables, such as watermelon and spinach, are almost 100 percent water by weight.

In addition, beverages such as milk, juice and herbal teas are composed mostly of water. Even caffeinated drinks — such as coffee and soda — can contribute to your daily water intake. But water is your best bet because it's calorie-free, inexpensive and readily available.

Benefits of drinking water:

1. Water helps maintain the balance of body fluids.
2. Water can help control calories.
3. Water helps energize muscles.
4. Water helps keep skin looking good.
5. Water helps your kidneys.
6. Water helps maintain normal bowel function.



BOOKS

There **WILL** be a Book Sale at the **May** luncheon but please **do not** bring any books. There will be a half-price sale on all books. Please save your book donations for September. Thank you.

Chris Elliot



Ontario Volunteer Service Awards

This award recognizes volunteers for providing committed and dedicated service to an organization.

Nominations are sent in and the Ministry of Citizenship and Immigration reviews all nominees and sends a letter to the organization to confirm their nomination has been accepted.

The awards are presented at ceremonies across Ontario from March to June. The recipients are given a stylized trillium service pin and a personalized certificate to acknowledge their years of service.

For the first time, we are honouring six women with the Ontario Volunteer Service Award for their dedication to the Scarborough Branch.

Thanks to Our Greeters



Since last April, 12 of our members have been Greeters for our various luncheons.

They are Rosalie Amodeo, June Bourdon, Lynda de Jonge van der Halen, Carmela Gaudet, Susan Greves, Pat Lever, Marianne Rose (twice), Pat Roy, Joyce Simmons, Marjorie Smalley, Shiela Spanos, and Susan Stupeski.

They each deserve our thanks for helping to make our meetings the friendly occasions we enjoy.
Helen

The Retired Teachers of Ontario
District 24 Scarborough and East York
Welcomes new members and new retirees on
Wednesday, September 26, 2018



Come along and meet the members of the Executive and find out more about the many benefits of being a member of RTO/ERO.

Bluffer's Restaurant

7 Brimley Road South, Scarborough

All new RWTO retirees are welcome to attend.

For further information contact:

Linda Jarvis

linjar@rogers.com

Thank You to our Phoners



It's that time of year again when we give a special 'Thank-you!' to our phoners. These ladies take time to call those members who do not have e-mail, keeping them informed about upcoming luncheons, special

notices, messages of bereavements. It is so important that our members are kept informed. Thank you to these ladies, most of whom have been phoners for many years!

Betty Caspersen	Lynda Madigan
Carol Currie	Lynn Pentz
Carol Nelson	Margaret Rataj
Ellen Lowcock	Marilyn Savage
Rosalie Amodeo	Shiela Spanos

Supply Phoner: Marilyn Hodge

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

BRIGITTE KOLOZSVARY BRYAN is leaving the position of Fundraising Events. We thank her for her dedication and creativity in planning the silent auction each month. Good luck in your future endeavours and we look forward to seeing you at the luncheons.

LYNN COOK has been very involved in planning this year's programs but will be leaving the executive. Thanks Lynn for your support in making this year a great one for all of our members. We look forward to seeing at luncheons.

WELCOME

ROSE IENTILE is taking on the role of working with 43 Division for our Gifts for Kids in November. We look forward to receiving information on the plans for this annual event.

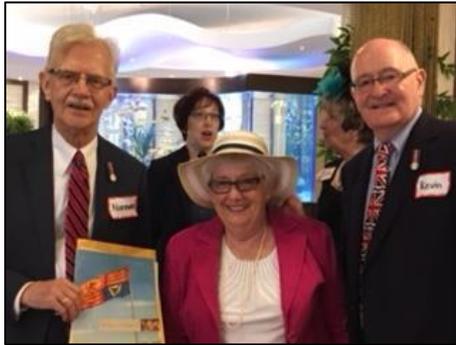
JEANNIE TOM is back—this time she will be working with the Program Committee. She will continue as the branch photographer.

FUNDRAISING:



The silent auction theme for the May Luncheon is **'Summer'**. Think about donating items for al fresco dining on the patio or deck. Let's make our final silent auction for this year a good one.

Lynne lynnesaid@sympatico.ca
Brigitte bbryan@look.ca
Fundraising Committee



Kevin Dark & Norman McMullen



RWTO ROYAL WEDDING TEA



Treasurer's Report – May 2018

Linda Jarvis

Bank balance April 8, 2018 \$10801.16

Income

April luncheon	\$4759.00
Mary Morton – refund	250.00
Total	\$5009.00

\$15810.16

Expenses

The Estate – April luncheon	\$5284.41
Cathie MacGillivray – newsletter	40.65
Donna Husband – flowers	67.31
Carol Nelson – flowers Over 80	22.60
Outreach	900.00
Pam Parsons – over 80s	55.63
Linda Brent – program	15.00
Total	\$6385.60

Bank balance May 7, 2018 \$9424.56

Cheques are mailed to:
RWTO Scarborough
Box 66564
685 McCowan Road,
Scarborough, Ontario
M1J3N8

cathiemacgillivray@hotmail.com

