



# Super Teacher

October 2020 – Issue Twenty-Nine



## PRESIDENT'S REPORT

This past Thanksgiving weekend was a quiet one for me, as I'm sure it was for most of you: limited travel, no large get-togethers and Zoom instead of hugs. But at least we were granted iconic autumn weather - bright sunshine, crisp air and a panorama of seasonal colour. Leaving a small turkey to roast on Sunday afternoon, my daughter and I headed out for an hour's walk around Trent University. We had the hushed, beautiful campus to ourselves and as we strolled, I reminisced about the years spent there as a student, the

beginning of the road that led to a career that I loved. My daughter commented on how lucky I was to have had a career that offered so much fun, as well as satisfaction and lasting friendships. So true. But what's more is the bonus of a career that, upon retirement, led seamlessly into an opportunity for more fun and new friendships: RWTO/OERO, an organization for which, this Thanksgiving season, I am grateful.

In caring and sharing,  
Deb Glynn



### **Covid-19 Update**

At the September Board of Governors meeting, it was decided that the local branches would be given a one-time 'COVID-19' grant to off-set expenses incurred due to the pandemic. Our executive will be discussing how best to use this \$400 and any suggestions would be welcomed.

It was also decided that the 2021 Convention that was due to take place in Sault Ste. Marie will be moved to on-line with several interactive components incorporated into the format.

Unfortunately, our Area 7 annual luncheon at Baxter Creek had to be cancelled. Northumberland-South Durham had planned a wonderful day for us, and it is hoped that they can reschedule next October.

Judy-Anne hosted her Presidents' Meeting online this year (not as much fun as chatting in person and enjoying a catered lunch as we did last year) but nice to see familiar faces on Zoom, exchange ideas and receive updates from our Area Director.



VIDEO-2020-05-12-  
17-11-51.mov

Video is from Kathleen March, Vice-President, via her daughter

### **R. W. T. O. INSURANCE: NOTES AND REMINDERS**

1. The Group Plan Number is pre-printed on the RWTO form from Manulife. Your ID number is unique to you and will need to be added to the form by you.

2. Your Family Doctor will receive all reports about your condition from the Hospital or Specialist. Therefore, in most cases, **it is your Family Doctor who fills out the Physician's Statement** and not the Specialist. The Family Physician will complete the form faster and charge a lower fee.

3. If you are separating the insurance form so that your doctor can complete **Section 2 - Attending Physician Statement**, it is important to add the Group Plan and ID information to the blank space at the top of portion of that page.

Plan to retrieve the completed Physicians Statement portion of the form from your Doctor and submit both portions of the form together

4. **Keep track of dates:** date of accident, surgery or onset of illness, date of initial medical consultation, date you resumed normal daily outdoor activities

5. **Keep track of details:** How many days in hospital? (full days of 24 hours each) How did you get to the hospital? back home? to appointments? (Ambulance, Taxi, Friend?) Did you need physiotherapy? Home nursing care? Did you need aids? (Purchase of bath seat, grab bar, walker, walking poles?) (Rental of lift chair, hospital bed? Wheelchair?)

6. **Save Receipts:** Receipt are required to be reimbursed for most benefit aspects and **some may require a physician's prescription**. Physiotherapy benefit, Home Nursing

Benefit, Assistive devices, even receipts from parking machines may be claimed. Make well-documented, chronological files of receipts for each incident.

**7. Photocopy:** Make and retain copies of the completed form, any additional documentation, and all eligible receipts before you send them to Manulife.

*\*\*RWTO members are reminded that they must be In good standing in order to participate in the RWTO Insurance Plan through Manulife. This means that your RWTO membership must be paid in full each year.*

For RWTO Insurance Brochures, Application Forms and Claim Forms: contact: Ruth Anne McNaught at [ramcnaught@gmail.com](mailto:ramcnaught@gmail.com) or 705-740-3266

### OUTREACH UPDATE - October 2020

Welcome back Members! The last few months have been an extraordinary time in Ontario and around the world, in terms of events, and in the rapid growth of human need. Many charities who work directly with the public have been greatly impacted in their efforts to provide safety and basic necessities. Requests for shelter and assistance at YWCA Crossroads Shelter in Peterborough rose more than 30% in the last few months and this trend is expected to continue. I want to thank our members who responded generously to our appeal for donations for school supplies for Crossroads. We received more than \$400.00 from our members. These funds will greatly assist children at the shelter as well as women who are attending courses at Fleming College.

Crossroads has an innovative programme to teach children about nutrition and how to purchase and prepare wholesome food. This has been very successful, and we will continue to support it with a donation of \$200.00 in December. Ashley Lamothe, the Youth Education Coordinator is also presently developing school programmes to provide education to boys and girls on healthy relationships and safety. Any monetary donations to these programmes would be deeply appreciated.

This year we will continue our support of Cameron House, a shelter for homeless women, with a monetary donation as well as gently used clothing, toiletries, and other personal care items. We are also collecting handbags that are in good condition and will be filling the bags with your donations of necessities as well as comfort items (treats). If you would like to participate, please collect these items over the next three weeks; early in November a Dispatch will detail arrangements for pick-up or drop off your donations.

We will also be collecting children's books, new and gently used, for donation to the Salvation Army at Christmas. Now would be a great time to start your collection! The Dispatch will also give information re pickup/drop off your book donations.

As we head into fall, thank you for your continued generosity. It is my hope that you will stay safe and well and find joy every day.

Theresa Courtney Cornack



### Questions with no apparent answers and plays on words

- If poison expires, is it more poisonous or is it no longer poisonous?
- Which letter is silent in the word "Scent," the S or the C?
- Do twins ever realize that one of them is unplanned?
- Why is the letter W, in English, called double U? Shouldn't it be called double V?
- Maybe oxygen is slowly killing you and it just takes 75-100 years to fully work.
- Every time you clean something, you just make something else dirty.
- The word "swims" upside-down is still "swims"
- 100 years ago, everyone owned a horse and only the rich had cars. Today everyone has cars and only the rich own horses.

## Golf

During this time of COVID, the group of RWTO Golfers has continued to golf every Friday morning at Heron Landing. (Peterborough). Usually we have two tee times. Attendance has been good, as nobody is going away on vacation! Lately the colour has been awesome. As long as the weather holds, we shall be out there!

Marilyn Peavoy



Ann Siddell shot a birdie on the 2<sup>nd</sup> hole

## Bookworms

Most of the ladies in the book club have adapted to the new format of the book club on Zoom. It is not ideal for we can't meet face to face and enjoy all the goodies supplied. We are all looking forward to when we can see each other and welcome everyone back.

September's meeting was hosted by Karen Howard. The topic was "How to cope with Covid", referencing online resources and personal strategies from the group. We met for a social distancing visit in the park in September as well for we felt we needed some social contact with the group. Gwen Gifford is hosting the online meeting in October. We are looking forward to discussing "The Five" by Hallie Rubenhold.

We would like to thank Joyce Fee for organizing the book club for many years. She has a gift of running the group efficiently so everyone is comfortable and happy yet contributing their share. Thank you, Joyce.

Be well, Karen Howard

### **Great confusions still unresolved.**

- At a movie theatre, which arm rest is yours?
- If people evolve from monkeys, why are monkeys still around?
- Why is there a 'D' in fridge, but not in refrigerator?
- Who knew what time it was when the first clock was made?

### **Vagaries of The English Language!**

- Ever wonder why the word funeral starts with FUN?
- Why isn't a Fireman called a Water-man?
- How come Lipstick doesn't do what it says?
- If money doesn't grow on trees, how come Banks have Branches?
- If a Vegetarian eats vegetables, what does a Humanitarian eat?
- How do you get off a non-stop Flight?
- Why are goods sent by ship called CARGO and those sent by truck SHIPMENT?
- Why do we put cups in the dishwasher and the dishes in the Cupboard?
- Why do doctors 'practice' medicine? Are they having practice at the cost of the patients?
- Why is it called 'Rush Hour' when traffic moves at its slowest then?
- How come Noses run and Feet smell?
- Why do they call it a TV 'set' when there is only one?
- What are you vacating when you go on a vacation?
- Did you know that if you replace "W" with "T" in "What, Where and When", you get the answer to each of them?

### **The Merry Mattress Makers**

Covid 19 put a stop to our ongoing special interest project of making mattresses out of milk bags here in Peterborough as we were unable to meet together in Deb or Theresa's home.

However, some individuals continue to work from home. My 'star' pupils, Winnie and Ralph, in Trenton, weave mattresses daily and their friend, Pat, crochets them. Since we are not collecting used milk bags right now, we depend on the new bags which are discards from the plant where they are made. I pick up boxes of these bags from Angela Kesthely

in Kleinburg and deliver them to Trenton and pick up finished mattresses and pillows. Winnie and Pat also crochet children's clothing which Angela accepts.

Since Covid started, I made one delivery to Angela with 97 mattresses and a second trip with 90 mattresses in my GMC Terrain. Yes, I made a tunnel for my rear-view mirror vision! I had positive remarks from the gas attendants at Bell's in Bridgenorth and others who questioned my 'cargo'. (I always ask if they know any retired women teachers who might like to join us.)

In addition, I supply my sister-in-law with bags that she weaves at home in Toronto, members of the RWTO Branch, Rendezvous, picked up bags at Angela's and delivered some to President Nancy for the Trenton Branch. Angela delivers everything to the warehouse in Mississauga and shipments are still being made overseas.

This ongoing project gets me out of the house and gives my vehicle a much-needed run on the highway. I also enjoyed viewing the spectacular Fall foliage on my last trip.

Judy-Anne Tumber





**Here is a little poem to express how we all feel:**

I haven't seen you in a while  
Yet often imagine  
All your expressions.

I haven't spoken to you recently  
But many times  
I hear your thoughts.

Good friends must not always be together  
It is the feeling of oneness when distant  
That proves a lasting friendship.

Susan Polis Schutz

**My Kitchen Magnets**

I took these all down so that I could type up the list. These have been on the fridge for about 7 years so now some are 'kitchen magnets' and the others are just 'kitchen'. The magnet part is still on the fridge.

A messy kitchen is a happy kitchen, and this kitchen is delirious.

Charm – the ability to make someone think you are both wonderful.

Blessed are they who expect nothing for they shall not be disappointed.

Don't overwork me; I'm resting up for the weekend.

If I ever do get it all together, I doubt if I will be able to figure out what it is.

I'm not heard of hearing. I'm ignoring you.

I didn't intend to do anything today and so far I am right on schedule.

I can't be overdrawn – I still have some cheques.

Over the hill? I don't remember any hill.

Dust is just a protective covering.

Let us all be happy and live within our means even if we have to go in to debt to do it.

A merry heart doeth good like a medicine.

Where there's a will, I hope I'm in it.

The road to success – is currently under construction.

What a beautiful day – now watch someone louse it up.

Work fascinates me. I can sit and look at it for hours.

Keep smiling. It makes people wonder what you've been up to.

If music be the food of love, play on .... Wm. Shakespeare, Twelfth Night

Anytime you see a turtle on top of a fence post, you know he had some help.

It took years of neglect to get a body like this.

Birthdays – the more you have the faster they arrive.

Only some of us learn by other's mistakes. The rest of us have to be the other people.

I just ate my willpower.

Attitudes are contagious. Make yours worth catching.

The sooner you fall behind, the more time you have to catch up.

Would this body lie?

I'm not dis-organized – just flexible.

Don't serve meals on time. The starving will eat anything.

Blessed are the quiltmakers for they are the piecemakers.

Patience is a virtue that carries a lot of wait.

Never just put off until tomorrow what you can put off until next week.



My first practice-teaching assignment at Teachers' College in 1963, was to teach the following poem to the 2nd graders at Armour Heights School. I think we only learned the first 2 verses but cannot remember.

Marilyn Sutherst

October gave a party;  
The leaves by hundreds came—  
The Chestnuts, Oaks, and Maples,  
And leaves of every name.  
The Sunshine spread a carpet,  
And everything was grand,  
Miss Weather led the dancing,  
Professor Wind the band.

The Chestnuts came in yellow,  
The Oaks in crimson dressed;  
The lovely Misses Maple  
In scarlet looked their best;  
All balanced to their partners,  
And gaily fluttered by;  
The sight was like a rainbow  
New fallen from the sky.

Then, in the rustic hollow,  
At hide-and-seek they played,  
The party closed at sundown,  
And everybody stayed.  
Professor Wind played louder;  
They flew along the ground;  
And then the party ended  
In jolly 'hands around.'

George Cooper