



# Hamilton Wentworth Branch

## 2020 June Newsletter



Roll out those lazy, hazy, crazy days of summer! Stage Two of the provincial reopening has rolled out as well. Let's hope the days are not too crazy! We do not want to have to lock down again. While more things are opening, can't say I am too crazy or eager to get out there to everything yet! Likely many of you have similar trepidations. To this end we have tried to offer some summer activities and workshops, in conjunction with the use of zoom calls. We miss seeing each other! These activities will allow us to see and talk and share lunch while staying safely in our homes. Check out the interest group section to see what's up! Be sure to read about our free workshops! Not sure how to zoom.....contact our tech team. They will help you to download and get zooming in no time. The current version of Zoom has addressed the previous security concerns some may have had.

We have Zoom workshops planned for this summer with Golf pros sharing golf tips, a presentation about the Camino De Santiago, and a talk with local author Ross Pennie. Check out the dates and descriptions, then reserve your spot for ones that interest you!

We are working on a series of Zoom workshops for the fall months as well, with varied topics and presenters. The presenters can be from anywhere. If you have suggestions for presentations or topics you would like to hear about, please, pass your ideas on to our executive!

Sadly we have lost some members. You will see our In Memorium write ups for Louise Chambers and Mary Martindale. (Please note, this is not the Anne Thomson who is a current member, though they share the same name.) Also, Marilyn DePass lost her dear husband on April 10th. Many of you may know a member of ours from 2016, Anne Thomson, from Waterdown. Sadly Anne passed on May 12th. Memorial services have yet to be set, given our Covid restrictions.

We do hope that you are all keeping well, and enjoying expanding your family bubble, safely.

If you are finally scheduling a hair appointment, please consider taking before and after photos to send us for the Sept. newsletter! We all need a good chuckle these days!"

A quick reminder that membership renewals are due in by Sept. 1st. To keep your RWTO health insurance plans active you need to be a member in good standing.

Enjoy your "soda and pretzels and beer". Enjoy some semi-Crazy days of summer, "and sing a song of cheer!"

Lynn Anderton

*In caring and sharing*



Hamilton-Wentworth

# In Memoriam

## 2019-2020



Louise Chambers



Mary Martindale

We recently learned of Louise's passing last June, in her 81<sup>st</sup> year.  
Her son provided the photo, taken in 1985.

Mary passed away on May 22<sup>nd</sup>, in her 103<sup>rd</sup> year.  
She was our eldest member.

A contribution has been made in honour of Louise and Mary to the GERAS Centre for Aging Research, which is dedicated to improving the lives of seniors living with complex medical needs. Located within St. Peter's Hospital, their research focuses on improving quality of life, accelerating innovative solutions, and developing programs to support seniors and their families.

## Save The Date!!!

We are hoping to hold our  
**"BE OUR GUEST" Event**  
on the afternoon of  
Wed. September 30<sup>th</sup>!  
(Something to write on your  
calendar – yea!!!)

It will depend on the Pandemic's  
status at that time – check the  
September newsletter!

We are moving back to our  
original location, which now has  
a new name ...

The Kingdom Worship Centre  
1411 Upper Wellington

## RENEWING 2020-2021 MEMBERSHIP:

Membership for the 2020-2021 year is to be renewed by August 31st, 2020. Please print and fill out the 2020-2021 membership form and send in with your cheque to Karen Kasik, Hamilton-Wentworth RWTO Membership convenor.

So we don't miss sending you important information, PLEASE If you change your email address, phone number or mailing address - please inform Karen via email or mailing her the information.

You can always find a link to the membership form at:  
<https://rwto.org/wp-content/uploads/2020/06/RW-H-W-Membership-Form-2020-2021.pdf>

Contact Karen if you have any questions or concerns at [rwto.karen@gmail.com](mailto:rwto.karen@gmail.com) (fastest method) or on my home phone 905-385-2100 (please leave detailed message and I will return your call)

Karen Kasik  
22 Borodino Court  
Hamilton, ON L9B 2E8  
[rwto.karen@gmail.com](mailto:rwto.karen@gmail.com)



## Outreach

This year due to the Covid-19 virus we only had 4 Luncheons.

AGM, May, 1999, BE OUR GUEST, Sept, 1999, HARVEST, Oct, 1999 & CHRISTMAS at the STATION, Dec, 1999.

Here is the generous list of items that you donated.

School Supplies - 2 boxes

Books - 3 boxes

Toiletries - 5 boxes

Toys, games, crafts, etc.

9 boxes

Coats, & winter warm ups

8 extra-large bags

Monetary - \$3,590.50

Lynn Gillie

Outreach Coordinator

## Manulife Insurance

Just a note to clarify the Manulife Insurance Hospital and Home Care Plan. As a RWTO/OERO member, in good standing, you and your spouse have coverage in place until you die, as long as you remain a member in good standing. This includes life time members.

It is in the Death and Dismemberment Benefit that there are changes. At age 70 it changes to 50% of the benefit amount, a further 50% at age 80 and terminates at age 85. If you have any questions call one of the following:

Branch Convener:

Phyllis Macdonald at 289 780 9220 or broker and Agent:

Terry Kennedy at 519 583 0098 or Manulife Financial: 1 800 268 3763





## Provincial AGM 2020

As you all know, our 2020 Convention in Kingston had to be cancelled. The proposed resolutions will be moved on to the 2021 Convention, so that membership can consider and debate them. However, our Provincial AGM look place with a combination of Zoom meetings and delegate voting to accept financial reports, agendas and elect members to new positions.

While our own Sandie Bender has completed two terms as our Area 4 Director, she has now accepted the position of Provincial Recording Secretary! Thank you Sandie for your support over the past few years, and many thanks for taking on a new Provincial role.

We are also pleased to let you know that Evelyn Martin, from Haldimand Branch, is our new Area 4 Director. Congratulations to Evelyn and thank you for accepting this new role! Without the willingness take on leadership roles, organizations cannot flourish.

Our newly elected Provincial Second Vice President is Judy Dummond. Judy has been an area director in the past and most recently was one of the co- chairs for our cancelled Kingston Convention. Congratulations were sent her way on behalf of our HW Branch. Judy brings much experience and dedication to this role and will serve us well!

Last, but certainly not least, our wonderful Nancy Papiez is now our Provincial President! Hooray! We know she will do an amazing job. What a challenging year this will be for her. If anyone can handle the extreme changes due to Covid -19 restrictions and shutdowns, it will be our Nancy! If you have not had the pleasure of seeing the introductory video we prepared for her, and her Provincial Greetings, do visit the [RWTO/OERO.org](http://RWTO/OERO.org) site to enjoy them. To help make her inauguration day special, our Branch delivered a bouquet of flowers and bottle of wine to her porch, at a safe distance!

Congratulations to all of us! Our Hamilton Wentworth Branch received a Barbara Bain Award, for a Tier One Branch. This award is given for Increased Branch membership. The Branches are assigned to Tiers, 1, 2, or 3 depending on their membership size, with Tier 1 being the largest branches. Our net increase of 11 members qualified us to take third place, with a \$200 award. This will be used towards expanding our membership in the coming year! Well done, Hamilton Wentworth Team!

# Thank You!

Good morning my friends,

I want to thank the members of Hamilton-Wentworth and especially you, the Executive, for the outstanding video tribute. It was absolutely amazing! I'll do my best to be "walking" throughout the Province to meet with our sister branches this coming year, whether it's Zoom walking or an actual drive in the car.

Yesterday, the day of the installation of the 2020-2021 Provincial Executive, was very exciting despite the fact that we were celebrating in our own homes. I felt everyone's presence and believe we must have been cosmically connected.

Lynn took the time from her busy schedule to drive the beautiful bouquet of flowers, the bottle of wine and the lovely blue tiara yesterday to my place (the tiara will go in my memento box!). My husband took a picture and I managed to save it to my computer so I could send it you.

It's been a busy few years working with Provincial but I have really enjoyed it. I am looking forward to achieving new goals this year for the good of our organization.

I truly appreciate the recognition, the kind words, and the support I have always received from my RWTO/OERO friends in my home branch. I look forward to the day when I have the time to join Interest Groups again and share company with you.

Enjoy this glorious day!

In Sharing and Caring,  
Nancy





## Sunshine Call Partner

If you are living alone during these Covid Restrictions and feeling socially isolated, let us know. We could partner you up with another RWTO Member for weekly social calls. It is important that we stay mentally healthy too!  
Contact: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com) to request a Sunshine Call Partner!

Lynn Anderton

## WANTED: New Retirees!

Please send names and contact information for any friends and colleagues you know who are retiring this summer! We would like to send them information and invitations!  
Notify our executive via: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com)

## Member Tech Support

If technology is not your forte, but you would like to download and learn how to operate the Trickster Cards application or the Zoom application, we have a Tech Team who will be happy to help walk you through it, via phone calls and tablets. Not only will they help you to download, they will practice with you to use the technology so you feel comfortable with it.

As Covid looks to be in our future for some time now, Zoom calls look to be our future for socializing with us Zoomers! While some members may be reluctant to download zoom due to early concerns about its security, please know that they made several changes and put out a new version which addressed all of that. Our executive has been successfully using zoom for meetings and will be offering many opportunities for interest groups and members to enjoy workshop presentations via zoom.

So don't let your home start to feel like a tomb.....learn to ZOOM!

Tech Team Contacts:

Mardie Panabaker: [mardiepan@gmail.com](mailto:mardiepan@gmail.com)

Linda Sargeant: [rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

Karen Kasik: [rwto.karen@gmail.com](mailto:rwto.karen@gmail.com)



## Area 4 Director

Area 4 includes 3 branches, Brant, Haldimand, and Hamilton-Wentworth. Our sincere thanks to our own **Sandie Bender**, for serving on the Provincial Board of Directors as the Area 4 Director for the past 4 years. Her cheerful manner and excellent skills made the job look easy! Sandie also served as the Provincial Archivist for the past two years. Even though she is stepping down as Director, Sandie will be continuing on the Provincial Executive as the new Recording Secretary. She enjoys a challenge! Sandie was President of Hamilton-Wentworth, in 2012-13, and served on the Provincial Convention Planning Team when Hamilton-Wentworth was the host, in 2013. She received the Cora Bailey Award in 2016 for her fine efforts on our behalf.



Welcome to **Evelyn Martin**, from Haldimand Branch, who will be serving as the District 4 Director for the next 2 years ... perhaps we can convince her to stay for 4? Evelyn was



President of Haldimand Branch for 2016-2018, and has attended a number of social events in Hamilton-Wentworth over the years. Evelyn is a woman with ideas to share! She initiated an annual educational bursary donated by her branch, for women in financial need, and helped organize special events and fundraising endeavours for their local Women's Shelter. We look forward to working with Evelyn! Welcome!

**SOCKS CANADA** Relief Organization  
Charity based in Hamilton Ontario

Support Orphaned Children Kenyan Schools



### RW Community News ...

Individual members of RWTO Hamilton-Wentworth have been very supportive of SOCKS Canada endeavours over the years, attending our dinners, trivia events, bazaar booths, and golf tournaments. We have never asked members for donations directly before, but these are unusual times. Unfortunately, our spring events have been cancelled, making it difficult to send the needed funds to our Kenyan projects. If you are able to spare a few dollars, they would be greatly appreciated - \$10 would feed 4 people for a week.

What is SOCKS Canada? This Hamilton based non-profit group was founded in 2005 to assist and care for needy Kenyan children, by providing shelter, food, clothing, education and medical care. Four of the five Directors are/were teachers, and became involved because Ann Forbeck, a Hamilton teacher, was volunteering every third year at a Kenyan orphanage that was running out of food, so the children had one small meal a day. The program has grown greatly since that time, as you can see by checking our website ... [www.sockscanada.org](http://www.sockscanada.org)

Covid-19 is hitting Kenya hard, and is following in a year of regional flooding and locusts. Official Covid count numbers are not yet high, but accurate record keeping and testing is difficult in this land with no government support, price gouging, and much corruption. We are hearing some sad and frightening accounts from our contacts. Note, that as a 'non-profit', we are not permitted to issue tax receipts.

#### How to help?

- 1.) by cheque "Socks Canada Relief Organization"  
Linda Sargeant, 15-59 Queenslea Drive, Hamilton, ON  
L8W 1P6
- 2.) by e-transfer to Deb Kumita [dkumita@gmail.com](mailto:dkumita@gmail.com)  
Security question – What is the name of the charity?  
Answer – SOCKS Canada

# Hazel Broker

*If you have a garden & a puzzle book,  
you have everything you need.*

The Hamilton-Wentworth Branch of RWTO has two members named Hazel ... and they are our two most senior ladies! We have shared photos in the past of Hazel Faris' 100<sup>th</sup> birthday celebration, and her artistic talents, but Hazel Broker is also an incredible lady to meet – she has many talents, and a mind “as sharp as a tack” at the age of 98. With a table covered in puzzle books of various types, a Spectator subscription to work on the crossword puzzle daily, and being able to remember dates, people, places and events with ease, a conversation with Hazel Broker is delightful!

Hazel and her younger brother grew up in a farming family in the Erindale area NE of Oakville. She was free to adventure in the farm fields and creeks growing up ... her parents would call the dog ... when it barked, they knew where she was. Thus began her lifelong interest in birding and the natural environment.

Hazel remembers the depression years well – but as a child, thought them to be normal ... there was always food on the table, but not much money for the purchase of goods ... children's clothing was passed from child to child in the community. Her mother ‘canned’ as much produce as possible, and often gave food to transients, either at the back door, or if it was mealtime, they were invited to join the family.

Hazel has fond memories of growing up, and was an independent youth. She learned to play the piano, and was a junior helper with a Girl Guide group. She enjoyed attending camp once by Lake Erie – an opportunity to learn to swim. A teacher enjoyed taking classes on outdoor hikes, and introduced them to the Junior Audubon Society – the fee for youngsters was 10 cents annually. As a high school student, she participated in her first Toronto Field Naturalists' hike of the Credit River Valley, further developing her interest in birding.



Becoming a teacher was a natural progression for Hazel, who had lined up her dolls for their lessons at an early age. She attended a one room schoolhouse, with 3 or 4 students in a grade, and easily recalls her 2 teachers, who each stayed for several years. She took a bus to Cooksville and later Port Credit for high school, before attending Teachers' College at the Toronto Normal School. She boarded during the week, returning home by bus on the weekends.

The rural area of Kilbride is where Hazel began her 36 year teaching career, with a starting salary of \$625 annually! She received an increase of \$25 in her second year, but around Christmas, indicated it might be time to move on, so they gave her \$50 more. (Male teachers were earning \$200-

\$300 more annually than the women at that time.) After 3 years she moved to Hamilton to be closer to family. She taught kindergarten for the Public Board at several schools, including Onteora, Strathcona, and Holbrook.

Independence was an important skill to learn in Kindergarten, according to Hazel, who loved teaching this age group. The children arrived in September, often frightened to be there, and within a few weeks were making their own activity decisions. Hazel incorporated a love of the outdoors into her program, taking her classes for hikes in the Westdale ravine. She took pride in watching her young charges march down the hall with energy and enthusiasm by the end of June.

Westdale is where Hazel purchased her home, early in her teaching career, and she lived there for over 75 years. At the age of 88 she received the Westdale Community Association's “Because We Care” Award, for improving the quality of life on Paisley Avenue ... where she welcomed new residents, including university students, cleared weeds and debris, and even shoveled

sidewalks early in the mornings before they were walked on. Her own gardens were always beautifully maintained – her tulips were enormous during my visit. Her one disappointment however was when she had her windows replaced, and UV protectant glass was suggested to prevent furniture fading. She soon found that her indoor garden was no longer thriving, leaving her with only cacti indoors. It was nice to know that the flowering plant I brought on behalf of RW was the perfect gift, especially since it could be planted outdoors.



Hazel joined the Hamilton Naturalists' Club in 1950, (and also purchased her first car) and soon found herself volunteering with Club duties, including mailing out copies of their monthly publication "The Wood Duck", and eventually becoming its editor. She also became a member of their Board of Directors, and after retiring from teaching in 1977, "moved through the chairs" becoming the organization's President from 1980-82, a duty she considered "a great privilege". She participated in most of the Club's activities, well into her 80's, often leading hikes, helping to clear trails and invasive species, and developing sanctuaries.

Travel has always been of tremendous interest to Hazel, who has enjoyed adventuring with friends throughout the world! Hazel drove to our east coast twice, and the west coast four times. She liked to stay off of the Trans Canada as much as possible, as it "was a boring drive", using concession roads to see the countryside instead. She visited most of the states in the U.S., and participated in many birding adventures, which took her to Jamaica, Trinidad, the Galapagos Islands, the British Isles, Norway, Sweden, Greece, and Egypt. A five month trip to Australia and New Zealand with her friend Ethel Thayer was a memorable way to celebrate her retirement from teaching. They rented a car and travelled about, looking for a hotel around 4 in the afternoon. Great adventures!

A long time member of Westdale United Church, Hazel was a member of the United Church Women, organized catering events was a social convenor for many years. Into her 80's she spearheaded the church clean-up committee, washed and painted walls, and was lugging 12 foot ladders! She found that some of her helpers didn't last too long – it was major work!

Hazel has been a member of RWTO throughout her retirement, but was often too busy to partake in our events – however she has been a regular participant in the Knitting and Crocheting Group, making afghans for charities – and drove herself to the meetings regularly – even at the age of 98! She also honoured us at the Provincial Convention in St. Catharines last year, by representing our "Over 90's" at the closing luncheon.

This has been a year of change for Hazel. At 98, the stairs in her home had become too much, so her home and car were sold, and she moved to a retirement residence on the west mountain a few months ago. She enjoys the company and the meals are quite nice – but she is not at all keen about the confinement caused by the pandemic, where her meals are now brought to her door. She believes it is important for seniors to speak to other people every day – "it's better for your mental health and memory".

Hazel is very thankful for the teachers' well-managed pension plan. It has allowed her to live an adventurous life – after all, she taught school for 36 years, but has been retired for 43!

Hazel – you are amazing!

Linda Sargeant

Lynn Anderton presents Hazel with a pin at the Provincial Convention.





## Sea of Squares

Puzzle

★★★★★ 7



## CodyCross: Crossword Puzzles

Best Crossword Experience

★★★★★ 43K



## Magic Jigsaw Puzzles - HD Game

Fun puzzle games for adults

★★★★★ 35K



## RISK: Global Domination

Official RISK game for mobile

★★★★★ 14K



## Bubble Shooter: Snoopy POP!

Charlie Brown Bubble Shooter!

★★★★★ 4.9K



## Toon Blast

Blast the cubes, solve puzzle!

★★★★★ 127K

## Tablet Games for your iPad (most are also available for Android devices)

Linda Sargeant [rwto.linda@gmail.com](mailto:rwto.linda@gmail.com)

Looking for a new game for your iPad or android tablet? Here are a few to try out – and **please let me know about some of your own favourites for the next newsletter**. I do not pay money to buy tokens or extra lives for my games, (even though some of the games hope I will) – these are all playable without internal fees. (I have purchased additional game boards for Risk – but could have stayed with just the original board.)

Simplest Game? – **Sea of Squares** – play for 5 minutes or an hour, deleting same coloured blocks to make a shape disappear – stop at any time, the puzzle will wait for your next visit. The more blocks deleted at once – the higher the score. Your goal is to delete the entire picture. Use 2 fingers to turn the shape around.

Canadian Content Crossword – **CodyCross** Just a great game!

Make puzzles using your own photos! - **Magic Jigsaw Puzzles!** They want you to watch ads to earn points to pay for puzzles, but there are a number of free puzzles, and you can click off the ads without watching. Puzzles can be any level of difficulty from 42 pieces to 550. You can see the full picture in a screen insert if you wish – check out the photo puzzle of **my adorable grand-daughter!**

### Risk: Global Domination

The original board game is the free portion of the game. Play against the computer (my choice), or against other players – your friends, or from elsewhere in the world. I really like ruling the world!



### Bubble Shooter: Snoopy Pop!

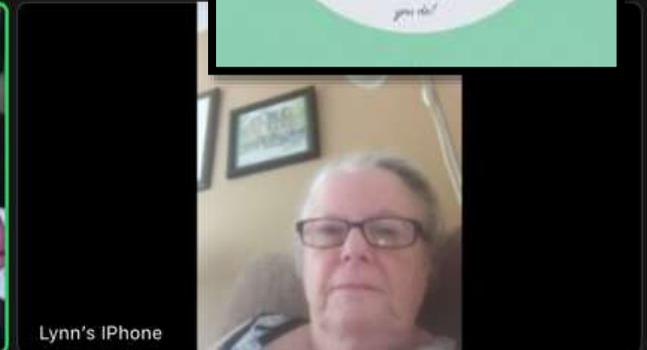
Okay – it's Snoopy! Woodstock and his buddies help Snoopy in this basic but adorable shoot the bubbles game. There is a bit of strategy, and I love their Scout uniforms! Lovely graphics!

**Toon Blast** – Every puzzle is different, and there are NO Ads! The corny graphics grow on you over time. With patience to redo puzzles, no purchases are necessary – but strategy is important. Part luck – part skill ... and addictive!

# Executive Meeting

It was great to see so many of you today. Thanks for all your input and assistance!  
Keep thinking outside the box. Thanks for all you do for our organization!

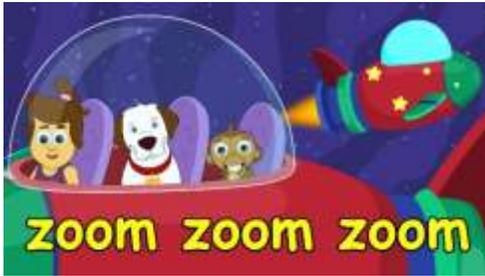
Lynn Anderton





zoom 

# ZOOMER ZOOM WORKSHOPS



My youngest grandson's favourite song right now is "Zoom, Zoom, Zoom, We're going to the Moon!"

Well, we are all being given the chance to zoom, zoom, zoom our computer signals towards the moon, in order to learn about, watch, and enjoy new things! Our tech team can help you to get downloaded and practiced if you have not gone zooming yet. No mask, no space helmet required! Given the likely continuation of Covid Restrictions of some kind for some time, we want to stay connected and offer you good information, fun and socialization. Below you will

find info on 3 Zoom workshops we have scheduled for July and August.

We are already working on several for the fall months as well. Find what interests you, then request a Zoom invitation by the posted deadlines!

Come, have fun, zooming with us!! Lynn Anderton

## "A Talk with Ross" Zoom Workshop



Ancaster Author, Ross Pennie is a retired physician who has travelled the world and written a series of mystery books involving medical catastrophes.

Do you think one about a Covid pandemic may be in his future? Many of our book clubs have read one or two of his suspense novels, some of which are set right here in Hamilton! Ross will talk about his world travels, his inspirations for plot lines, his writing process as well as share a synopsis of his various titles. Ross will also offer a short reading and/or discussion about his newest book **Bitter Paradise**. Whether you enjoy travel, reading or writing, this workshop will be of interest to you!

As Ross is doing us the favour of this talk; we ask that you do Ross the favour of considering purchasing this new book, released May of 2020. With Covid, sales have been difficult!

It is available for \$2.99 in ebook format or for \$20.00 per book. If you wish a book copy, Ross will autograph and deliver **Bitter Paradise** to your home.

Just email him at [rapennie@gmail.com](mailto:rapennie@gmail.com) to arrange this.

Also, the Hamilton Public Library has ecopies of his books "Tainted" and "Beneath the Wake" available

for electronic download, in case you would like to read some of his work prior to our workshop.

**A Talk with Ross Workshop** will start promptly at **1:30 on Wed., Aug. 12th**

Reserve your zoom invitation by August 10th via Maureen at [moe\\_richardson@hotmail.com](mailto:moe_richardson@hotmail.com)

Registered participants will receive their Zoom invitation with additional instructions on the morning of Aug. 12th.

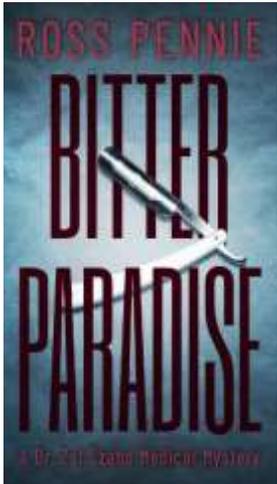
## ROSS PENNIE

### A note about me and my books:

My career as a specialist in infectious diseases spanned the globe before I took early retirement from Ontario's McMaster University and Brantford's General Hospital. My patients included hockey stars, doughnut addicts, warrior clansmen, outspoken nuns, and long-haul truckers. I've battled every germ you can think of, from Falciparum malaria to flesh-eating Streptococcus. I started writing at age ten by chronicling the four-day train trip I took solo across Canada's Prairies and Rockies. Now I'm a father of two grown children, and live in southern Ontario – somewhere near Zol Szabo and his team of epidemic busters – with my wife Lorna, a talented quilter who loves breaking the rules of that tradition with panache.

## BITTER PARADISE

### Here's the teaser for you:



After weeks of torture at the hands of Syria's secret police, the bombing of his villa in the ancient city of Aleppo, and the murder of his daughter, trauma surgeon Dr. Hosam Khousa flees his fractured homeland with his wife and son. They make their way to Canada as refugees, where Hosam is forced to trade his scalpel for a barber's clippers. Though he aches to regain his once-prominent surgical career, cutting hair in Hamilton, Ontario, seems a safe way to make a living, until a fellow Syrian is slashed to death in the barbershop. The ensuing gangland vendetta entangles Hosam and threatens his family.

At the same time, epidemic investigators Dr. Zol Szabo and Natasha Sharma are battling an outbreak of vaccine-resistant polio that has struck the city with terrifying fury. When Hosam visits a friend clinging to life in the intensive care unit, he spots something that might help the investigation but will ruin his chance of retaking his place in the operating theater. The Great White North is not the sanctuary he expected, but it's a bitter paradise he must learn to navigate.

## Free Golf Pro Duo Zoomer Workshop

Deb Eldridge and Fareen Samji, two pro golfers, will present golf tips and hints as well as answer your questions at our Golf Pro Duo Workshop being presented **at 8:40 pm, on Wednesday, July 14th**. In order to participate, you need to:

- have Zoom downloaded on your smart phone, tablet or computer
- make a reservation for the Zoom Invitation by Tuesday, July 14th, with Maureen Richardson via [moe\\_richardson@hotmail.com](mailto:moe_richardson@hotmail.com)
- submit questions and areas of interest to Danielle by end of day Fri., July 10th via [daniellechouinard3@cogeco.ca](mailto:daniellechouinard3@cogeco.ca)

No money required. If you think of additional questions they can be asked during the Q and A portion of the workshop.

However, it helps the pros to know ahead of time most of the interest areas to help them prep.

When you receive your Zoom invitation there will be some additional direction on how the workshop will work.

*Both Far and Deb offer lessons in the Hamilton and Burlington areas. You can read much more about them on their web sites.*

### **Far** *Entrepreneur, Athlete, Author Community Leader*

**Fareen “Far” Samji Is the current ILDC International Women’s Long Drive Champion and 5-time ILDC Canadian Women’s Long Drive Champion** (2012-2016). With a personal best Long Drive of 334 yards, at 5’5” tall, she is considered small for the sport, proving that bigger isn’t always better... better is better. And, at only 42 years of age, she has achieved success as an entrepreneur, an internationally acclaimed athlete, and a community leader.

Fareen “Far” Samji is the 5 time Canadian Women’s Long drive champion and former golf touring professional. Her personal best in competition is 334 yards. Just to put this in perspective that is equivalent to three and a third football fields!

Far was born and raised in Mombasa, Kenya and she came to Canada at the age of 14 to further her education. She graduated from McMaster University with degrees in Psychology and Kinesiology. She is an entrepreneur and works in the field of event management, orthotics, orthopedic footwear, compression therapy and bracing. She is also the founder and creator of Python’s Pit, a not for profit entrepreneurial pitch contest for high school students. After winning 5 straight Canadian long drive championships, Far now focuses her efforts as the Tour Commissioner and coach for ALD Canada Long Drive and works actively to recruit and develop long drivers to represent Canada at international events.

Fareen is passionate about mentoring business women and girls. Her book *Smashing the Grass Ceiling* was published in 2017. It aims to empower, motivate and inspire professional women to make meaningful connections. Through the Smashing program she runs workshops and clinics to help professionals increase confidence and learn to be comfortable with being uncomfortable.

### **Deborah Lee Eldridge**

*PGA of Canada Class A Teaching Professional*

#### **Amateur Highlights**

Previously ranked #1 Amateur in Canada

Winner of five Ontario Amateur Championships

National Amateur Champion of France

Winner of four NCAA Division 1 tournaments

Two-time Honorable-Mention All-American

#### **Professional Highlights**

Inducted into the Ontario Golf Hall of Fame, 2019

Former LPGA Tour player

Winner of 12 professional tournaments

89 top-10 professional finishes

Set 3 professional course records

#### **Coaching Highlights**

PGA of Canada Class A Teaching Professional

Coaching Association of Canada Certified Instructor

PGA Certificate in Golf Psychology Coaching

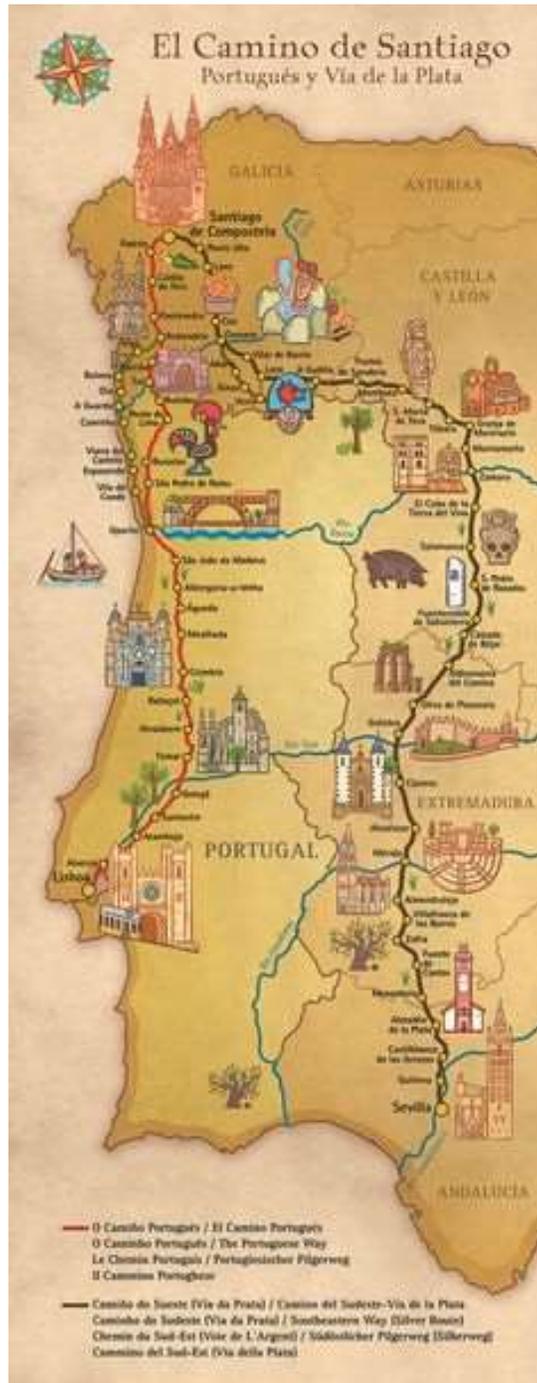
Head Coach - Mohawk College Varsity Golf Teams

7 OCAA D2 Medals (2 Gold, 3 Silver, 2 Bronze)

OCAA Men's Individual Champion

OCAA Men's 3rd place finisher

# "The Camino De Santiago" Zoom Workshop



Learn about the various trails and features of the famous Camino De Santiago from someone who has spent months hiking various sections of the Camino through France, Spain and Portugal.

Tips, advice, beautiful video, and photos are all part of this presentation. Phil Vallance, a retired engineer and avid outdoorsman, has shared this presentation with many outdoor and nature clubs. This will be a 30 to 45 min. presentation followed by a Q and A session.

Free Workshop via Zoom at **1:30 pm on Wednesday, July 29th**

Reserve your Zoom invitation via Maureen at [moe\\_richardson@hotmail.com](mailto:moe_richardson@hotmail.com) by July 28th.

A Zoom invitation will be sent to registered participants the morning of July 29<sup>th</sup>, with additional instructions.

The Camino de Santiago, known in English as the Way of St. James, is a network of pilgrims' ways or pilgrimages leading to the shrine of the apostle Saint James the Great in the cathedral of Santiago de Compostela in Galicia in northwestern Spain, where tradition has it that the remains of the saint are buried.



# Message Board

## Art Appreciation

If you come across interesting articles and sites about art, forward them to Lynn Anderton and she will send them along to the Art Appreciation Group Members.

[rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com)

## Bumper Babe Bowling

Our return to bowling is still uncertain. It will definitely be a stage 3 opening and even then I'm not sure how Kevin will be able to ensure that all the equipment is sanitized so we will just have to wait and see what happens. I hope you all have a good summer and stay healthy. Gwen Kirkpatrick



## Euchre West

During the summer months we are hoping to get some of the group playing virtual euchre, on our computers or tablets, with Trickster. By using the video component, you can see and talk with the three other players in your game. It is very social! Our Tech Team can help you to download Trickster and practice using it. To play, contact Jeanette Potter the day before. She will send out the list of foursomes and note who is hosting each game.

Dates: July 6th and 27th.

Aug. 10th and 24th

Games start at 1:00 pm. Email Jeanette by Sunday night to reserve a game spot.

[jeanette.24@icloud.com](mailto:jeanette.24@icloud.com)



## Euchre East

There will be no Euchre card playing until it is safe, no risk to one another, and healthy to get together.

Have a Safe, Enjoyable Summer

Jeanette and Donna

# Koffee Klatch

Today our Koffee Klatch met for the first time since the beginning of March and it was sure nice to get back together even if it was 6 feet apart in a driveway.

It was also the first time that our life member Marilyn Blight has been outside the house, except to go to a doctor appointment, and you could just see the enjoyment in her face.

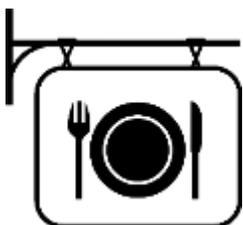
I hope that you are able to be outside enjoying the sun, too.

Gwen Kirkpatrick



*Remember to practice "social distancing"!*

## Lunch Bunch



### Lunch Bunch

Try something new this summer! Virtual lunch dates! Email Lynne to reserve a spot by the Monday evening before. She will send you a zoom invitation for the Luncheon. Make your own lunch, or pick up your favourite takeout. Set your lunch up at your table or in front of your computer, then sign into the zoom call. We can talk about what we made or ordered....and catch up with each other!

**July 7th** at 12:30. **Italian Theme!** Choose a favourite Italiano menu!

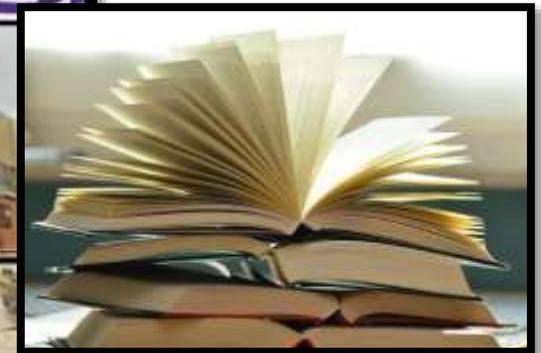
**August 4th** at 12:30. The **Great Summer BBQ** theme. Perhaps it will even be leftovers from your Civic Holiday dinner!

Remember to reserve your invite to the zoom call by emailing Lynne by Monday evening!

[lynnesmith16@gmail.com](mailto:lynnesmith16@gmail.com)

# Hamilton-Wentworth RWTO BOOK CLUB1

Caring and sharing is our motto and it has been fulfilled a hundred times over by Book Club 1. We are a group of 12 members who, since the beginning of the Pandemic shutdown on March 11, have been in touch with one and other on a daily basis. Through email we have shared videos, jokes, stories, solutions, and advice. Everyone has certainly improved their technology skills. Each of our regular meetings have been held on Zoom and this year for the first time we will be meeting during July and August; hopefully outside at a distance or at least on Zoom. Happy summer reading. Please find below our recommendations for summer reading and a photo of one of our Zoom meetings.



## Our Summer Reading List

### Mardie

*The Batchelor Girl* by Kim van Alkemade  
*Mr Churchill's Secretary* by Susan Ella McNeal  
*The Gifted School* by Bruce Holsinger  
*The Silent Patient* by Alex Michaelides  
*The Boat People* by Shawn Baka  
*American Dirt* by Jeanine Cummins

### Liz

*The Dry; The Lost Man; Force of Nature* by Jane Harper

### Jennie

*The Alice Network*  
*The Huntress* by Kate Quinn

### Nancy S

*The Prime Minister's Secret Agent* by Susan Ella McNeal

*Heads You Win* by Jeffrey Archer

### Pinky

*The Life We Bury* by Allen Eskens  
*Snares of Guilt* by Lesley Horton

### Annette

*Sing You Home* by Jodi Picoult  
*The Gilded Cage* by Camilla Lackberg

### Sylvia

*Lampedusa* by Steven Price  
*Widow, Child, The Suspect* by Fiona Baron

### Jeannie

*Unshuttered* by Barbara Kingsolver  
*Comfort Food* by Kate Jacobs  
*The Diner* by Herman Koch

### Nancy P

*The Way We Are* by Margaret Visser

### Georgina

*People of The Book* by Geraldine Brooks  
*Trying To Save Piggy Sneed* by John Irving

### Shirley

*The Beautiful Mystery*  
*How the Light Gets In* by Louise Penny

### Pat Williams

*Raven Brings the Light;*  
*Sockeye Silver* by Roy Henry  
*Saltchuck Blue* by Vickers & Robert Budd  
*Children's books are noteworthy because of the illustrations*

## Streaming Film and Theatre opportunities: TIPS re Movie and Theatre

1. **Google** - TIFF **Stay at Home Cinema** for films being screened through Crave. On June 19th "WIDOWS" was the offering.
2. **Stratford Festival Plays being streamed include:**  
Hamlet, June 4 - 25 King John, June 11 - July 2 The Adventures of Pericles, June 18- July 9.  
Antony and Cleopatra, June 25 - July 16 Romeo and Juliet, July 2 - 23 The Taming of the Shrew, July 9-30
3. Through the **Hamilton Public Library** you can connect to the **Kanopy** website or Kanopy app which provides many films for viewing. AFF films seen there include: Maudie, Sami Blood, Hannah Arendt, Bernie, Made in Dagenham, Into the Wild, Incendies, Half Nelson, Monsieur Lahzar, Cafe de Flore, I Daniel Blake, Rosewater, Paterson, Call Me By Your Name etc.
4. **The Shows Must Go On, Youtube Channel** presents a free musical each week. Beginning at 2:00 p.m. Friday June 12 - The Wiz  
- <https://www.youtube.com/watch?v=46S9yppXxKE>
5. **National Theatre of Britain** presents a free filmed play each week and offers suggestions for additional theatre online. **Google** - **Streaming the National Theatre of Britain.**
6. **Public Domain Films** on Youtube: <http://www.openculture.com/freemoviesonline>



7. If you have a tablet or iPad with a reverse camera, FaceTime, Skype, Messenger, Zoom or WhatsApp. Turn the camera to your TV and watch together with a friend. 😊😊

8. How to play cards online with a friend who does not have video or camera.

Download Trickster Cards on your computer. Add audio by phoning your friend, have the phone near your computer with the sound up. 👍

## Summer Fun with the Movie and Theatre Groups

Greetings movie and theatre lovers. The Movie and Theatre groups are alive and well and offering summer events. Members will be asked to watch a chosen movie or play, then join a scheduled online Zoom discussion.

The movie discussions on Zoom, will begin on a **Monday at 1pm** and will last 40 minutes max.

The one Stratford Play will be Zoomed on a **Sunday at 2pm**.

If you need help downloading and using Zoom, please contact **Mardie** at [mardiepan@gmail.com](mailto:mardiepan@gmail.com).

**N.B. If you wish to take part, please rsvp by Monday July 6 to indicate interest, as Spots on Zoom are limited.**

### 1. Monday, July 13 - Zoom Discussion at 1 pm.



**"The Kindergarten Teacher"** This is a free film, viewed on Kanopy, a library site, which one downloads using a HPL library card for entry.

Maggie Gyllenhaal plays a forty-year old married kindergarten teacher living on Staten Island, terminally bored by her average middle-class existence. When she discovers a budding poetic genius in her five-year old student, her pursuit of the sublime places everything else at risk.

### 2. Monday, July 20 - Discussion at 1 pm "Sweet Bean"



This is a free film, viewed on Kanopy, a library site, which one downloads using a HPL library card for entry.

The manager of a pancake stall finds himself confronted with an odd but sympathetic elderly woman looking for work. A taste of her homemade red bean paste convinces him to hire her, which starts a relationship that is about much more than just street food.

3. **SUNDAY, July 26 - Zoom at 2 pm. Stratford Festival production** - Note the day and time change).



The main plot depicts the courtship of Petruchio and Katherina, the headstrong, obdurate shrew. Initially, Katherina is an unwilling participant in the relationship; however, Petruchio "tames" her with various psychological torments, such as keeping her from eating and drinking, until she becomes a desirable, compliant, and obedient bride. The subplot features a competition between the suitors of Katherina's younger sister, Bianca, who is seen as the "ideal" woman. The question of whether the play is misogynistic has become the subject of considerable controversy, particularly among modern scholars, audiences, and readers.

4. **Monday, August 10 – Zoom Discussion at 1 pm**



**"Anatomy of a Murder"** - stream online at CTV movies – classics (1959)

Paul Biegler is a small-town lawyer. He was once the District Attorney of the area but, after 10 years in the job, lost the role in an election. Feeling betrayed by his community, he now has his own legal practice but few clients, preferring to spend his time fishing. Now he gets a huge case - an army Lieutenant has apparently murdered another man after that man allegedly raped his wife. The case will require every ounce of Biegler's cunning, experience and courtroom theatrical ability, especially when the prosecution bring in a famed hotshot attorney from the state's capital.

5. **Monday, August 31 – Zoom discussion at 1pm. "Knives Out" - Available on TV "On Demand"**

**\$6.95** (This choice may be switched by group decision.)



A detective investigates the death of a patriarch of an eccentric, combative family.

When renowned crime novelist Harlan Thrombey (Christopher Plummer) is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc (Daniel Craig) is mysteriously enlisted to investigate. From Harlan's dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Harlan's untimely death.