## The Feather In Your Hat Award 2020

**Central Algoma Teacher Support (CATS)** identified a need in their rural Community for caregivers of Seniors with dementia who were experiencing "burnout". For any support, caregivers needed to travel 40 to 80 km. to participate or to receive interactive materials or experience Day Away programs.

CATS has created 4 Activity kits to rotate among local Libraries and Community Centers for borrowing. They are being promoted through open houses, on Community web sites and in local Newsletters.

CATS is actively seeking financial aid for more Resource materials, Activity kits and local Programs so that their rural population will have easier, on-going access for themselves and their family members to engage in meaningful activities that challenge and enrich their lives!

**St Catharines' Community Outreach Project** called "Shaver Totes" re-purposed 42 hand-sewn tote bags left from their Convention 2019. They chose to fill them with personal items for female patients at the local Hotel Dieu Shaver Health and Rehabilitation Foundation. The totes make excellent "assists" on wheelchairs, walkers or beds for those recovering from illness, stroke, or reduced mobility and...they can keep them!

They also formed an on-going knitting group, "We've Got your Back", to make shawls and lap blankets for Branch members who can no longer attend luncheons or interest groups. A short visit is planned with the recipient and the gift is delivered! This interest group is planning to take on more projects such as hats, scarves and mittens for the homeless next year!