

Retired Women Teachers of Ontario
Organisation des enseignantes retraitées de l'Ontario
Area 10 Sudbury – Région 10 Sudbury
December 15, 2020

Greetings members and friends of RWTO/OERO.

Christmas is coming in a very different way this year. During this Coronavirus pandemic, please focus on positive thoughts. The happiness of your life depends on the quality of your choices. Make good ones, wear a mask and stay within your bubble. Better days are coming. Keep the faith and stay with us.

Entertainment: Our guest, Gavan Rousseau, will be performing live from his home on Zoom at 1:30pm on Tuesday December 15. You can enjoy his Christmas program on your device at home. Hénédine will send you a Zoom invitation with the link to join in starting at 1:00pm. Gather a few friends to enjoy the music with you, if you wish.

Membership: We are 68 members strong.

Sadly we announce the passing away of two of our members: Laretta Gagné, on October 1st 2020 and Phyllis McNichol, on November 26th 2020.

Goodwill: Surprise! We have a small gift for you. Every member will receive lottery tickets, a Christmas card and the December newsletter in your envelope. The executive wishes you all the luck in the world.

The following shut-ins, Kay, Lucienne and Dorothy will also receive a seasonal plant.

Communications: Our Facebook page is up and running thanks to Suzanne Rondeau. You, with a facebook application, can visit the site and read the news and events of RWTO/OERO Sudbury.

Laurianne Valiquette
Communications Convenor

In response to our request on “Sharing Covid Experiences” please read the following.

1.



During COVID I've been painting rocks and leaving them all over town when we go for our walks @ 1:00 ,hoping they will make people smile ☺❤

Jackie Petrilli

2. Really! I consider myself lucky. I am healthy, I can put food on my table, I have friends with whom I can communicate. Adhering to the rules to fight the corona virus can be frustrating at times but I find it is not the end of the world. Let us win this battle! **Jeannine Renaud**

3. We joined a virtual mixed choir from Ottawa, on Zoom. We practice once a week in preparation for a virtual concert on You Tube in mid December. **Laurianne Valiquette and Louise Sutcliffe.**

4. I called every member of the Northern Echos Choir to reach out and share their news. **Jocelyn McInnes.**

5. **Jeannine Longe** open-up a page called “Keep in Touch” through e-mail. Members of the Northern Echos Choir are encouraged to share their Covid experience.

6. **Lorraine Blais** continued again this year, with the gift of personalizing close to 600 Christmas cards for the clients of Blue Door Café and Meals on Wheels.

7. **Erna Fex** wrote an interesting article on the “Pandemic Thanksgiving”.

COVID-19 Symptoms in Comparison to the Flu and the Common Cold

Symptoms	Coronavirus	Cold	Flu
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
Fever	Common	Rare	Common
Fatigue	Sometimes	Sometimes	Common
Cough	Common (usually dry)	Mild	Common (usually dry)
Sneezing	No	Common	No
Aches and Pains	Sometimes	Common	Common
Runny or Stuffy Nose	Rare	Common	Sometimes
Sore Throat	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes for Children
Headaches	Sometimes	Rare	Common
Shortness of Breath	Sometimes	No	No
Loss of Taste/Smell	Common	Sometimes	Sometimes

Source: Alberta Health, Health Canada, WHO

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Finally, In the word of a famous composer/song writer, John Rutter, reinterating our feelings for you:

“I wish you Christmas

I wish you music,

I wish you song;

I wish you harmony

Your whole life long;

The warmth of memories,

That long remain;

I wish you Christmas

A merry Christmas

Till we all shall meet again.