



After the Bell

in Scarborough

Retired Women Teachers of Ontario
Organisation des enseignantes retraitées de L'Ontario

Newsletter
September 2021

Caring and Sharing

Carol Nelson - President

September for all of our teaching years would bring new classrooms, new faces, new pencils, new crayons, new notebooks and textbooks. How it has changed for 2021. This year brings a new vocabulary---Stage 4, the Delta wave, clinics, safe openings, emotional tensions, economic recovery and a strong resurgence. These are not words and phrases that I had hoped to talk about in this message for September.

This means that we will not be meeting together this month. However, we will continue to have the monthly newsletter to keep you informed about what is happening in the Province and within the Branch. Like the sunflowers which are now seen in fall gardens, we need to stand on the sunny side of life and stay as bright, sunny and positive as these happy yellow flowers.

You know that you will be informed about any positive news that will bring us all together as soon as it is possible. For now, the Branch is working on your behalf as we go through the unknown and what it brings.

IMPORTANT NUMBERS

Carol 416.724.7107 nelson.carol@gmail.com
Linda 416.293-8689 linjar47@gmail.com
Brigitte 416.496.9590 bbryan@look.ca

Manulife Insurance
PO Box 670 Waterloo Station,
Waterloo, Ontario N2J 4B8
Terry Kennedy (Insurance Agent) 1- [519-583-0098](tel:519-583-0098)
tkennedy34@bell.net

RWTO SCARBOROUGH
Huntingwood Postal Outlet,
P.O. Box 30042,
2355 Warden Avenue,
Scarborough, ON M1T 0A1

Photo courtesy of Dede Fitzpatrick.



LOOKING FOR NEW RETIREES

Please send names and contact information for any friends and colleagues you know who have retired this summer! We would like to send them information and invitations!

Contact- Linda Jarvis at linjar47@gmail.com
or Brigitte Kolozsvary Bryan at bbryan@look.ca

COMMUNICATION

If your e-mail or phone number changes, please contact:

Connie Cole- Communications Chair 2020-2021
ed.cole@sympatico.ca

KEEPING in TOUCH



All of our members are still somewhat isolating these days and many live alone. With the fourth wave of Covid 19 now present, it is most important to maintain contact. Take a few minutes to reach out and give them a call to see how they are doing. Your Caring and Sharing will make someone's day so much better.

Caring & Sharing



Every member of RWTO Scarborough is important to us. Please let Carol know when a member is ill, injured or has passed away. We want the person or family to know that we care by sending a card and letting the rest of our members know.

This information will be passed to Connie for member notification and Peggy and Cathie for a remembrance in our monthly newsletter.

Please contact Carol at nelson.carol@gmail.com
Or 416-724-7107.

THANK YOU to our PHONERS!

During these last 18 months of our isolation, many of us have been fortunate to maintain contact with our friends who are also retirees, however for many of us our only contact with each other has been through the Newsletters (Cathie MacGillivray, Editor and Connie Cole, Email Communications). Many of our members and Executive have contributed articles to these Newsletters. We have received appreciative comments from members who have looked forward to the Newsletters to be informed and to be entertained.

We have also, in the Newsletters, asked members to reach out to each other to help relieve the sense of isolation in our membership and we know this has happened. Thank you to those who have brightened someone else's day.

Email is an easy way to communicate but we do not want to forget those who do not have access to this means of contact. Our Branch has some dedicated volunteers who, each month, reach out to our members without email to keep them informed and to check in with them. This has been especially important and valuable during these times.

THANK YOU TO:

Rosalie Amadeo, Betty Caspersen, Ellen Lowcock, Lynda Madigan, Carol Nelson, Lynn Pentz, Margaret Rataj, Marilyn Savage, and Sheila Spanos.

Each of these members has fulfilled this volunteer role for many years and has provided valuable contact with over 30 of our members.

Connie

GOODWILL

Julie



A sympathy card was sent to John Madill following the death of our member, Julie Madill.

A card was also sent to Sheila Badcock, whose husband, Peter, passed away in August.

We were sad to learn recently of our member, Judy Connor's passing, in March 2020 and were unable to celebrate her life with her family.
Peggy

PROVINCIAL PRESIDENT'S MESSAGE



I hope that you are experiencing some enjoyable summer activities and taking the opportunity to relax.

Many members of our Provincial Board of Directors

have worked over the summer on Ad HOC Committees, the Connections newsletter, our Website, Insurance and the Convention follow up and within their areas by Zoom. We thank them for their dedication and diligence on our behalf.

We have placed a marketing ad in the September edition of PROFESSIONALLY SPEAKING magazine to attract new members in all areas.

The Board of Directors will be holding their next meeting from September 13-16 via ZOOM. Following those dates, I will summarize and share follow up information with you. RWTO/OERO is a resilient organization and I am optimistic. As we carefully navigate the next stages, we will see brighter days ahead.

Nancy Bell

REPLACING "I'M SORRY"

With "Thank You"

"I'm sorry I'm late"

Thank you for waiting on me

"I'm sorry I've been so needy lately"

Thank you for being there for me

"I'm sorry to ask you for another favor"

Thank you for helping me out

"I'm sorry I made a mistake"

Thank you for pointing out my mistake

"I'm sorry but I can't make it tonight"

Thank you for inviting me

"I'm sorry for being emotional"

Thank you for loving me

"I'm sorry that I've been distant"

Thank you for being understanding

ASHLEYINTERNATIONAL.COM

WANT YOUR INSURANCE CLAIM QUICKLY?

Remember...

RWTO insurance comes from Manulife.

RTO insurance comes from Johnson.

RWTO plan number is 17777C. Include this any correspondence regarding your insurance claim.

TERRY KENNEDY is the agent who looks after the RWTO insurance plan. Her contact information is: 519-583-0098 or email: tkennedy34@bell.net

MANULIFE ADDRESS:

PO Box 670, Stn. Waterloo,
Waterloo, ON
N2J 4B8

REMEMBER

1. Your last name, first name and initial are needed to make a claim.
2. Describe the illness or injury in as much detail as you can.
3. A family member cannot authorize the form.
4. Include the name of the family doctor.
5. Send in every receipt that you have—keep copies for your records.
6. Let Manulife figure out which receipts are needed to complete your claim.

If you need an insurance claim form, contact:

nelson.carol@gmail.com

Or 416-724-7107



Four men are in the hospital waiting room because their wives are having babies. A nurse approaches the first guy and says, "Congratulations! You're the father of twins." "That's odd," answers the man. "I work for the Minnesota Twins!" A nurse then tells the second man, "Congratulations! You're the father of triplets!" "That's weird," answers the second man. "I work for the 3M company!" A nurse goes up to the third man saying, "Congratulations! You're the father of quadruplets." "That's strange," he answers. "I work for the Four Seasons Hotel!" The last man begins groaning and banging his head against the wall. "What's wrong?" the others ask.

"I work for 7 UP!"

NOT ALL THIEVES ARE STUPID

Courtesy of Joan Watson



1. LONG - TERM PARKING

Some people left their car in the long-term parking at the airport while away, and someone broke into the car. Using the information on the car's registration in the glove compartment, they drove the car to the people's home and robbed it. So, I guess if we are going to leave the car in long-term parking, we should NOT leave the registration/insurance cards in it, nor your remote garage door opener. This gives us something to think about with all our new electronic technology.

2. GPS:

Someone had their car broken into while they were at a football game. Their car was parked on the green which was adjacent to the football stadium and specially allotted to football fans. Things stolen from the car included a garage door remote control, some money and a GPS which had been prominently mounted on the dashboard. When the victims got home, they found that their house had been ransacked and just about everything worth anything had been stolen. The thieves had used the GPS to guide them to the house. They then used the garage remote control to open the garage door and gain entry to the house. The thieves knew the owners were at the football game, they knew what time the game was scheduled to finish and so they knew how much time they had to clean out the house. It would appear that they had brought a truck to empty the house of its contents. Something to consider if you have a GPS - don't put your home address in it. Put a nearby address (like a store or gas station) so you can still find your way home if you need to, but no one else would know where you live if your GPS were stolen.

3. CELL PHONES:

I never thought of this! This lady has now changed her habit of how she lists her names on her cell phone after her handbag was stolen. Her handbag, which contained her cell phone, credit card, wallet, etc., was stolen. Twenty minutes later when she called her hubby, from a pay phone telling him what had happened, hubby says, "I received your text asking about our Pin number and I replied a little while ago." When they rushed down to the bank, the bank staff told them all the money was already withdrawn. The thief had actually used the stolen cell phone to text "hubby" in the contact list and got hold of the pin number. Within 20 minute she had withdrawn all the money from their bank account.

4. PURSE IN THE GROCERY CART SCAM:

A lady went grocery-shopping at a local mall and left her purse sitting in the children's seat of the cart while she reached something off a shelf. Wait till you read the WHOLE story! Her wallet was stolen, and she reported into the store personnel. After returning home, she received a phone call from the Mall Security to say that they had her wallet and that although there was no money in it, it did still hold her personal papers. She immediately went to pick up her wallet, only to be told by Mall Security that they had not called her. By the time she returned home again, her house had been broken into and burglarized. The thieves knew that by calling and saying they were Mall Security; they could lure her out of her house long enough for them to burglarize it.

Moral lesson:

A. Do not disclose the relationship between you and the people in your contact list. Avoid using names like Home, Honey, Hubby, Sweetheart, Dad, Mum, etc.

B. And very importantly, when sensitive info is being asked through texts, CONFIRM by calling back.

C. Also, when you're being texted by friends or family to meet them somewhere, be sure to call back to confirm that the message came from them. If you don't reach them, be very careful about going places to meet "family and friends" who text you.



SPOTLIGHT ON PATSY JORDAN

I first met Patsy in the underground parking garage in the condo where I live. Why there? I was coming home from school and had just parked my car. A car went by me once, twice and three times. I knew then that the driver was 'lost' in the underground. I stopped her and asked her where she was supposed to be. She was on the wrong side of the garage! When she told me the number of her parking spot, I directed her to it—the opposite of the down ramp of the garage but the ramp led to both sides. So, this was the beginning of a friendship because I met her shortly after that at a luncheon. We often came together at luncheons and executive meetings.

Patsy worked on the Membership Committee from 2003-2007 along with Marg Lyons and Diane Nevard. She became the 1st VP from 2008-9 and became the President in 2009 but ill health prevented her continuing the President's role. However, she continued to come to luncheons and always had a message to the members at each luncheon.

Patsy also attended the annual Convention in June as a delegate for a few years.

I have kept in touch with her through her daughter. She receives the monthly newsletter and recently Leslie told me that Patsy had her 85th birthday in July (I remember her 70th!). Her daughters look after her and they do a great job. It is unlikely that she will be attending luncheons in the future but she will always be a valued member of Scarborough RWTO and will be remembered for her positivity, smile and support of the Branch.

Carol



CELEBRATING OUR LADIES WHO ARE 90 AND OVER



When we went into lockdown last year and had to cancel our September luncheon. I would not have believed that we would still be in the same place at this time. Hopefully everyone is well and is keeping safe. Thank goodness for the nice summer weather. Our September luncheon honours our ladies who are 90 and over this year. Since we have missed two years, I wanted to recognize these ladies and let them know that they are not forgotten. At the beginning of the month, I sent a letter to each one.

ON BEING 90

Congrats on being 90. You have celebrated joy and appreciation over the years with family and friends. You have seen the wonders of a constantly changing world and marveled at the advances made.

REMEMBER

You are not old. You are classic.

Age is only important when you are cheese.

You are not getting older. You are increasing in value.

QUOTES

Beautiful young people are accidents of nature, but beautiful older people are works of art.

Eleanor Roosevelt

Life is like a ten-speed bicycle. Most of us have gears we never use. Charles Schulz

Nobody is "old" anymore. They've just been around for a longer time. Abigail Van Burer

This month we honour these ladies.

Betty Caspersen Rea-belle Christiani Nan Collict Gwen Darch Beverley Davis
Milberge Gibbons Mary Kristiansen Martha Massey
Janette McLure Margaret McColl
Helen Nighswander Marion Penrose Joyce Simmons
Barbara Will

Hopefully I have not missed anyone (we have worked to update our lists) and that my spelling is correct!

Congratulations ladies on your birthdays this year.

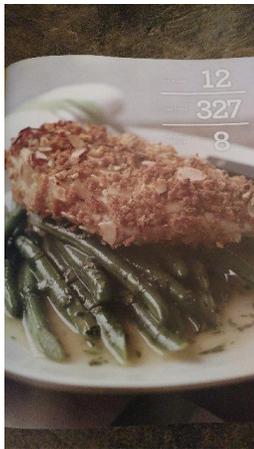
Linda Jarvis

CHRISTMAS GIFTS FOR KIDS



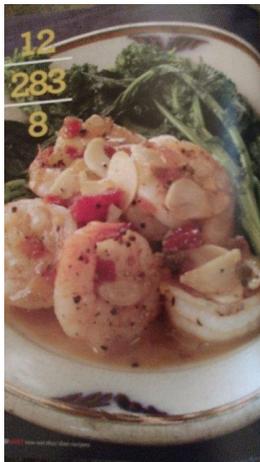
Rocco DiSpirito's book, [Now Eat This Diet!](#) has some interesting calorie-wise recipes. Two that Connie tried are linked below. Quite delicious and straightforward!

Chicken Almondine



<https://www.bigoven.com/recipe/chicken-amandine-with-green-beans-and-lemon-butter-rocco/2302691>

Lemon Pepper Shrimp



<https://www.epicurious.com/recipes/member/views/lemon-pepper-shrimp-52614101>



Due to the pandemic, we are not able to get together for luncheons at this time. Therefore, we will not collaborate with 42 Division by delivering Christmas gifts for kids. Again, Linda Jarvis and Brigitte Kolozsvary Bryan are conducting an RWTO fundraiser from which all proceeds will be presented to Julliette's Place, a women's shelter which RWTO supports on an ongoing basis.

Many thanks to our members who were very generous with their monetary donations last year. The families at Julliette's Place were deeply touched at not being forgotten. They greatly appreciated our keeping them in mind despite the isolation and stress, caused by Covid-19. We raised \$1 500.00. The mothers used the money to buy clothes, toys, other gifts and groceries for their children. These mothers know best what their kids need. Many of the families escape domestic violence, on the spur of the moment, with nothing but the clothes that they are wearing. Currently, there are many children staying at Julliette's Place.

The RWTO ladies, who contributed last year, were a small percentage of Scarborough's total number of members. Linda and Brigitte hope that more of you will participate this year. It is a very worthy cause. The suggested amount for your donation is \$20.00. Linda will write 1 cheque for the full amount that we raise.

Kindly make out your cheque out to RWTO- Scarborough and mail your cheque to Linda's home.

**Linda Jarvis
2 Moran Rd.
Scarborough, Ont.
M1S 2H9**

If you have any questions, please contact Brigitte at 416-496-9590 bbryan@look.ca or Linda 416-293-8689 linjar47@gmail.com

CHOCOLATE ZUCCHINI CAKE



(Courtesy of Shirley MacDonald)

Preparation time: 15 minutes

Preheat oven at 350F

Baking time: 35 - 40 minutes

Ingredients:

1 medium-size unpeeled zucchini

520 g pkg chocolate cake mix

½ tsp. cinnamon

½ cup sour milk (add 1 tsp. lemon juice or vinegar to make sour milk)

1/3 cup vegetable oil

3 large eggs

1 cup semisweet choc. chips

1 cup chopped walnuts or almonds

METHOD:

Preheat oven to 350F Grease a 9 by 13-inch cake pan.

Grate unpeeled zucchini and measure out 1+1/2 cups. Set aside.

Place cake mix in large mixing bowl along with seasonings, sour milk, oil & eggs.

Beat at low speed until blended, then high speed for 2 minutes to fully blend.

Stir in grated zucchini and choc. chips just until blended.

Pour into prepared 9 by 13 pan and smooth top. Sprinkle evenly with chopped nuts.

Bake in centre of preheated 350F oven for 35 to 40 minutes until cake tester comes

out clean. Cool in pan on wire rack. Voila enjoy!

Important Information for Home Care Plan Members

Plan members who require nursing services under the advice of a physician can receive services of a qualified worker in your home.

New to the plan is the need to send Manulife's Prior Authorization form which must be signed by the physician. Make sure that you update any Credit Card information. Make sure that you have your new Hospital and Home Care Identification Card.

THE MOST IMPORTANT NUMBER THAT YOU NEED TO ASK QUESTIONS OR CLARIFY ANY CONCERNS ABOUT THE MANULIFE INSURANCE PLAN IS 1-877-222-7340.



There are libraries in Los Angeles that let kids read to pay off their late fees. Each hour a child spends reading at county-run libraries knocks \$5 off their account. Library staff say at least 100 kids each week read away their debt, and 3,500 suspended accounts were cleared during the first six months of the program.

weird-facts.org

@factsweird

I tried to come up with a carpentry pun that woodwork. I think I nailed it but nobody saw it.

Treasurer's Report

Linda Jarvis

Bank balance April 9, 2021		\$10807.98
Income		
Membership	\$7450.00	
RWTO Rebate	20.00	
Total	\$7470.00	\$18277.98
Expenses		
Stamps, envelopes, photocopying	\$211.24	
Post box	224.87	
RWTO fees	7495.00	
Julliette's Place	1300.00	
Total	\$9231.11	
Bank balance September 13, 2021		\$9231.11



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From the Editor

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