



# After the Bell

in Scarborough

Retired Women Teachers of Ontario  
Organisation des enseignantes retraitées de L'Ontario

Newsletter  
November 2021

*Caring and Sharing*

*Carol Nelson - President*



November

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November is the last month of Autumn.  
November is the time to pull out the heavy sweaters, jackets, hats and mitts.  
It is time to make a big pot of soup.  
We watch the geese fly south in their v-formations.  
Did you know that a group of geese is called a skein?

Pots of yellow and bronze chrysanthemums on the doorsteps add a splash of colour in what a dull month November can be.

We must remember the veterans on November 11. Did you know that the Canadian Seymour Allward was the artist who created and gifted Vimy Ridge monument, in France, as a memory for Canadians? There are the names of 11,285 Canadians who died in WW1.

In November, you begin to know how long winter will be –so enjoy November.

Carol

## LOOKING FOR NEW RETIREES

Please send names and contact information for any friends and colleagues you know who have retired this summer! We would like to send them information and invitations!

Contact- Linda Jarvis at [linjar47@gmail.com](mailto:linjar47@gmail.com)  
or Bridgette Kolozsvary Bryan at [bbryan@look.ca](mailto:bbryan@look.ca)

## COMMUNICATION

If your e-mail or phone number changes, please contact:

Connie Cole- Communications Chair 2021-2022  
[ed.cole@sympatico.ca](mailto:ed.cole@sympatico.ca)

## CARING & SHARING



Many of our members are carefully beginning to enter the world once again. This can be more difficult for those who live alone. With the fourth wave of Covid 19 still present, it continues to be important to venture out carefully, and maintain contact with those who are on their own. Take a few minutes to reach out and give someone a call to see how they are doing. Your Caring and Sharing will make someone's day so much better.

## GOODWILL

A Thinking of You card was sent to Mary Marchut after an unfortunate fall at home.

Peggy

### The Pending Coffee

We were in a small coffee shop when two customers arrived. "5 coffees. 2 for us, 3 pending." They paid for 5, and only received 2. "What's a pending coffee?" I asked. "Wait and see." More customers came. Two others got their coffees and paid normally. After a while, 3 more came in, asked for 7 coffees, they only drank 3, but paid for 7. While we were talking, a homeless man entered the shop. With a soft voice he asked, "Do you have any pending coffee?" This type of charity was born in Napoli (Naples, Italy). People pay in anticipation for the coffees, and even meals, for others who can't.



## A MEMORY OF NOVEMBER 11

I was 'a military brat' and lived most of my life on RCAF air bases in Toronto, Lachine, Edmonton and Trenton. November 11 was a school holiday in my early school years. We always attended a parade on the base. If my father was not on parade, he came home to take us to the parade. In later years, I took my Mom to the parades in Trenton.

I was able to attend the 2005 Remembrance Day parade in Ottawa. This was the Year of the Veteran. My son and I went early on a very cold November day. I watched the 'old vets' remember their war experiences as THEY marched proudly as they left the ceremony. Now, I watch the ceremony in Ottawa and think back to those vets marching along at the end of the parade. It was an amazing sight.

The other good thing about being at home on November 11, was the day that my Mom made the Christmas cakes. We had to cut the brown paper and the wax paper to fit the bottom of the three round pans. We were allowed to stir the many ingredients in the big pot and were even allowed to taste the mixture!

November 11 continues to bring good memories for me.  
Carol Nelson

## FROM THE TREASURER

When you make any changes in your personal information, you must notify the provincial office as well as our Scarborough Branch. Send an email with your changes (address, phone number, email address) to the provincial treasurer at [info@rwto.org](mailto:info@rwto.org).

Thanks. Linda



## THANK YOU, JEANNIE,

Jeannie Tom has decided to resign from the Branch Executive. It is with some regret that she has made this decision to move on. However, Jeannie was a valued member of the

Executive from 2011-2020 as the photographer and also assisted on the Program Committee. Of course, Jeannie loved being a model in the annual fashion show. She will be remembered for her photographs that have enhanced the newsletter. We wish her the best as she moves on to new ventures. She will be missed at our meetings. Thank you for support over the years.

## CHRISTMAS GIFTS FOR KIDS



Linda and Brigitte thank those ladies who have generously sent in their donations for the Christmas Gifts for Kids at Juliette's Place. As you are aware, due to covid, we must forego our annual teaming up with 42 Division. For those of you who still want to participate, there is time. This is completely voluntary.



## THE IMPORTANCE OF EMERGENCY NUMBERS

Every year we ask for specific information on the membership form. Brigitte keeps the updated forms so that they are easily reached by me or any other Executive member. It is hoped that the EMERGENCY CONTACT NUMBER that is on the form will never need to be used. This month I did use a member's emergency contact number. Thank goodness because I was able to follow up to a couple of phone calls because someone had not heard from a friend. The emergency contact number gave me the necessary information that I needed to make the contact for a member who had some health problems. My message to everyone—please make sure we have an up-to-date EMERGENCY CONTACT NUMBER for you. We care about every member and we know that information can change over time. Please keep us informed.  
Carol

**Kindly make your cheques payable to  
RWTO- Scarborough.**

Mail your cheque to our treasurer,  
Linda Jarvis  
2 Moran Rd.,  
Scarborough, M1S 2H9

For any questions, please phone or email  
Brigitte: 416- 496- 9590 – [bbryan@look.ca](mailto:bbryan@look.ca) or  
Linda: 416-293-8689 – [linjar47@gmail.com](mailto:linjar47@gmail.com).

**The deadline for mailing your cheque:  
Tuesday, November 23, 2021**

## INSURANCE

There will not be an Insurance Report this month. There is no new information to share. I will summarize all the information in the January newsletter.

I have just been asked to submit a list of names of members who do not have emails. There is a survey being done. I don't know much other than it has something to do with membership extension. When I have more information (probably in the new year, I will put something about what is happening at that time.  
Carol

# Let the MEMORIES Begin!







## CRISPY PARMESAN BAKED CHICKEN MILANESE & VEGGIES



<https://cafedelites.com/sheet-pan-lemon-parmesan-garlic-chicken-veggies-milanese/>

## SHORT RIB RAGU WITH PAPPARDELLE

Short Rib Ragù with Pappardelle recipe by Randy Feltis. I love braised meat dishes and this is one of my favourites. I have used bone-in beef ribs (because they were on sale) and just removed bones and cartilage from cooked ribs. Connie



<https://www.cityline.tv/recipe/dinner/savory-red-wine-short-rib-ragu-pappardelle/>

## FRILLY LEMON MELTAWAYS



<http://pinkpiccadilypastries.blogspot.com/2014/03/frilly-lemon-meltaway-cookies.html?sref=pi&m=1>

## KEY LIME CHEESECAKES



<https://www.livewellbakeoften.com/mini-key-lime-cheesecakes/>

## WHITE CHOCOLATE NANAIMO BARS



<https://www.rockrecipes.com/white-chocolate-nanaimo-bars/>

# IMPORTANT NUMBERS

Carol 416.724.7107 [nelson.carol@gmail.com](mailto:nelson.carol@gmail.com)

Linda 416.293-8689 [linjar47@gmail.com](mailto:linjar47@gmail.com)

Brigitte 416.496.9590 [bbryan@look.ca](mailto:bbryan@look.ca)

Manulife Insurance PO Box 670 Waterloo Station,  
Waterloo, Ontario N2J 4B8

Terry Kennedy (Insurance Agent) 1- 519-583-0098  
[tkennedy34@bell.net](mailto:tkennedy34@bell.net)

A man ran home from work, pulled his wife into the bedroom, threw her on the bed, and pulled the blankets over them. She was shocked- he hadn't been like this for 20 years. Then her husband said: "Look! My new watch glows in the dark" 😊



There will be a December newsletter.

**RWTO Scarborough**  
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From the Editor

Cathie MacGillivray  
[cathiemacgillivray@hotmail.com](mailto:cathiemacgillivray@hotmail.com)

I asked a friend who has crossed 70 & is heading towards 80 what sort of changes she is feeling in herself? She sent me the following:

Courtesy of Joan

- 1 After loving my parents, my siblings, my spouse, my children and my friends, I have now started loving myself.
- 2 I have realized that I am not "Atlas". The world does not rest on my shoulders.
- 3 I have stopped bargaining with vegetable & fruit vendors. A few pennies more is not going to break me, but it might help the poor fellow save for his daughter's school fees.
- 4 I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.
- 5 I stopped telling the elderly that they've already narrated that story many times. The story makes them walk down memory lane & relive their past.
- 6 I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
- 7 I give compliments freely & generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment, never, NEVER turn it down, just say "Thank You."
- 8 I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.
- 9 I walk away from people who don't value me. They might not know my worth, but I do.
- 10 I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat & neither am I in any race.
- 11 I am learning not to be embarrassed by my emotions. It's my emotions that make me human.
- 12 I have learned that it's better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships, I will never be alone.
- 13 I have learned to live each day as if it's the last. After all, it might be the last.
- 14 I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be! I decided to share this for all my friends. Why do we have to wait to be 60 or 70 or 80, why can't we practice this at any stage and age?