

**RWTO UPPER CANADA EAST
SPRING 2023 NEWSLETTER**

Hopefully spring has arrived, despite the nasty wintry weather last week! We hope that everyone survived it without power outages, tree damage and flooded basements. We are all looking forward to more sunshine

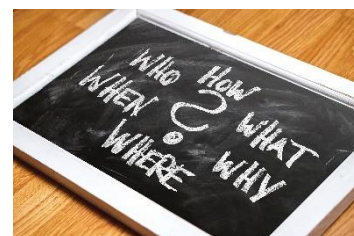
and warmth!

Our next luncheon is on **April 19th**, at **St. John's United Church in Cardinal**, with a social time at 10:30 a.m. followed by our meeting at 11:00 and lunch at 12:00. The cost is \$25.00. Our guest speaker will be Cathy Ashby from the House of Lazarus, who will be filling us in on the latest HOL project, that being the new drop-in center in Morrisburg as well as their other programs. There will also be gift-sharing and a book exchange.

Monetary donations for our local food banks are requested too, and always greatly appreciated by these organizations. We hope to see you then.

As mentioned at our last meeting in November of 2022 we are looking for a new **outreach project**. We received several suggestions from that meeting and if you have any other ideas, please let anyone on the executive know as we are looking to make a decision soon. The **Crisis Gowns** was a wonderful project, and we thank everyone

who helped make the kits and also sew up and deliver the completed gowns back to us. At our last executive meeting we had some fun making a short video about this project which will be part of a presentation at the RWTO Convention in June.



Speaking of the Convention, we thank those who have already agreed to **volunteer** in the hospitality room. We have one shift left to cover, that being Tuesday June 6th, from 6 – 8:30 p.m., so if you are interested or have questions just let anyone on the executive know.



Also, there are a number of **resolutions** that will be voted on at this year's convention. You can find these in your copy of "Connections" or on the website. (rwto.org) We ask that you look these over and if you have any comments, questions or suggestions on how you'd like us to vote, please get in touch with the executive.

We plan to **donate** four \$100.00 bursaries, one to each of the four local high schools as we have done over the past several years. Other donations will be discussed at the summer or fall luncheons.



TEAM

Together
Everyone
Achieves
More

A reminder to all that we have **vacancies** to fill on our **Executive** this year, namely **President, Membership Convener and Communications Convener**. Please consider taking one of these positions so that our group can continue next year. If you're interested just let us know!

Looking forward to seeing you all next week!

Betty Lou, Diana,
Sandie, Mary-
Ellen, and
Colleen

