



# After the Bell

in Scarborough

Retired Women Teachers of Ontario  
Organisation des enseignantes retraitées de L'Ontario

Newsletter  
April 2023

*Caring and Sharing*

*Carol Nelson - President*



"Today I heard a beautiful song that was up in a tree—sitting on a branch so alone—Spring is nearby. As I see my first robin looking down at me. Robins are a sure sign of warm weather—a new beginning." (Jim Fould 2017)

As I walk through the path, not far from where I live, squirrels are scurrying around going up and down the trees and across the fence near the school. On a warm day, it looks and smells of Spring.

This month we celebrate with our annual Fashion Show. There are two models missing who always were part of the show—Jeannie Tom and Nan Collict. However, this year's models are looking forward to showing us the fashions from Lady Sophisticate Fashions. We thank all of you who have taken the time to prepare for this harbinger of Spring.

The Easter Bunny, hopefully, left some chocolate Easter eggs and treats for all of you. Crocuses, daffodils and tulips have just started to pop up in the gardens in my neighbourhood. Let's enjoy these warm sunny days and enjoy spring flowers and wearing a lighter jacket or sweater.

Grace  
For food in a world  
Where many walk in hunger  
For faith in a world  
Where many walk in fear  
For fellowship  
Where many walk alone  
We give Thee thanks,  
O God  
Amen



*Don't Forget!*

Allergy Alerts to Carol Nelson  
[nelson.carol@gmail.com](mailto:nelson.carol@gmail.com)

**Tam Heather Curling Club**  
**730 Military Trail,**  
**Scarborough, ON**  
**M1E 4P7**  
**Luncheon Cost**  
**\$39.00**



Tuesday, April 18, 2023 – 11:30  
Luncheon – Tam Heather Curling Club  
Lady Sophisticate Fashion Show

Tuesday, May 16, 2023 – 11:30  
Luncheon – Tam Heather Curling Club  
Downsizing Diva

## LOOKING FOR NEW RETIREES

Please send names and contact information for any friends and colleagues you know who have retired recently. We would like to send them information and an invitation!

Contact- Linda Jarvis at [linjar47@gmail.com](mailto:linjar47@gmail.com)

or Brigitte Kolozsvary Bryan at [bbryan@look.ca](mailto:bbryan@look.ca)



Update your  
contact info!

## COMMUNICATION

If your e-mail or phone number changes, please

contact: [ed.cole@sympatico.ca](mailto:ed.cole@sympatico.ca)

Connie Cole- Communications  
Chair 2022-2023

## GOODWILL

A Thinking of You card was sent to Ruth Brackley in mid-March when she was hospitalized.

Peggy Irwin

[dragonfly67.mi@gmail.com](mailto:dragonfly67.mi@gmail.com)

647-575-9541

## MEMBERSHIP

Membership renewal for September 1, 2023, to August 31, 2024, will take place at the April and May luncheons.

Please bring your completed Membership Form and a cheque for \$40.00, dated either July 1 or the deadline August 15, 2023. Make your cheque out to RWTO - Scarborough Branch.

Any questions can be forwarded to Brigitte Kolozsvary Bryan (Membership Chair) at 416-496-9590

Email [bbryan@look.ca](mailto:bbryan@look.ca) or

Linda Jarvis (Treasurer) at 416-293-8689

Email [linjar47@gmail.com](mailto:linjar47@gmail.com).



Our Program Committee is looking for someone to help out with a few things. If this is you, please let Lynn Said know. [lynnesaid@sympatico.ca](mailto:lynnesaid@sympatico.ca) or 905-472-5774



Make sure your cheque, which is your reservation for lunch, arrives on time.

If your cheque is late or you decide, at the last minute, to attend, Tam Heather has **not prepared a lunch for you or set a place for you at a table.**



## Lady Sophisticate, Fashions with Flair



We will be showcasing the fashions from Lady Sophisticate at the April Luncheon. They offer an eclectic mix of fashions ranging from sportswear to smart dressing in sizes 4-16, with larger sizes available. A pop-up shop, featuring tops, handbags, jewelry and scarves, will be open after the

show, with Mastercard, Visa and American Express accepted.

Linda, Lynne

## ALLERGIES AND DIET RESTRICTIONS:

ALLERGIES AND DIET RESTRICTIONS: If you have food allergies or dietary restrictions, it is important that we know about these so that accommodation can be made for you. We need to have the information BEFORE the luncheon. Please call Carol Nelson at 416-724-7107 or e-mail her at [nelson.carol@gmail.com](mailto:nelson.carol@gmail.com) to let her know about these allergies or restrictions. She will confirm the change with you once you have advised her. If fruit for dessert is the only change you require, then you will not have to inform her every month. This will be done automatically. Please keep Carol informed if there are changes during the year. We want to ensure that you enjoy each and every lunch!

Carol



Some questions that are often asked by members:

**How long do I have until I can submit my claim? Is there a time limit when a claim must be filed?**

Claims must be received by Manulife within 12 months of the date the expense was incurred.

Prior Authorization form is a generic form provided by Manulife and covers home care, hearing aids, nursing, orthotics, prosthetic appliances, medical equipment and supplies.

The RWTO's form is the Home Nursing Benefits which is not required for RWTO's plan for Hearing Aids, Special equipment, Mobility Assistance or Assistive devices benefits.

**COORDINATION OF BENEFITS** through another plan—  
The RWTO member will first submit her claim to primary insurer and then she would submit the claim to Manulife through the Hospital and Home Care Plan.

**IMPORTANT NUMBERS**

Manulife's Customer Service-----1-877-222-7340  
Call Manulife at 1-800-222-7340 if a member urgently requires verbal approval for Home Nursing  
Terry Kennedy RWTO's rep can always be reached at [tkennedy34@bell.net](mailto:tkennedy34@bell.net)



**50/50 DRAW**

Tickets are \$2.00 for one ticket or 3 for \$5.00. The 'pot'

will be evenly divided with half to the lucky ticket holder and half to the Branch. Beatrice

## Coming in May



In 2001, Downsizing Diva was founded by Gail Shields and Karen Shinn, two entrepreneurs who recognized a growing need for helping older adults downsize and manage their moves with grace, dignity and humour!

## DIVA DOZEN



**Check out these TWELVE things you can do to begin simplifying your home and your life... RIGHT NOW!**

1. Clean out under your bathroom sink(s).
2. Make sure all the lights are in working order. Change to energy-efficient bulbs.
3. Fill a box with gently used clothing and donate it to your favourite charity.
4. Re-pot or refresh indoor plants and give them a new lease on life.
5. Clear horizontal surfaces and only put back things you love. Donate the rest.
6. Get bill paying up to date. Reconcile your cheque book.
7. SNAP! SNAP! Update family photos in frames around the house.
8. Open your junk drawer. De-junk it!
9. Keep cleaning supplies you use regularly. Dispose of the rest responsibly.
10. Edit your clothes. Keep the ones that make you feel... FABULOUS!
11. Sharpen all your pencils and make sure all your pens are working!
12. Clean your fridge. Eliminate items past best-before dates OR unrecognizable.



# RWTO/OERO ON THE GO



All buses will depart PROMPTLY from in front of Foody's in the **Kennedy Commons Plaza** at 15 William Kitchen Drive, Scarborough. Please park around the perimeter of that parking lot. Paid reservations are NON-REFUNDABLE. Please let the coordinator know if you are unable to attend. NOTE: Cheques for the excursions are to be made payable to **Mary Morton Tours** and forwarded to the coordinator of each excursion by the Payment Due Date.

Mary Morton Tours Presents TICO #448872

## ***Shirley Valentine***

**Cost: \$157**

Wednesday, May 17, 2023

9:30 a.m. Depart from Foody's

11:00 a.m. Spend time browsing in Port Hope

12:00 p.m. Lunch at the Railside Restaurant, with an

Entrée choice of Fish and Chips or Chicken Souvlaki

(your choice is due to Carol 2 weeks in advance)

2:00 p.m. It's showtime at the Capitol Theatre

6:30 p.m. Approximate return time home

**Cheques due March 31, 2023, payable to Mary Morton Tours**

Trip Coordinator: Carol Everitt (905)492-0232

**Please note: Masks are required in the theatre.**



"Feeling like she's in a rut, middle-aged Shirley has taken to talking to the wall while preparing dinner for her emotionally distant husband. When

her best friend wins a competition for two to Greece, she packs her bags, leaves a note on the cupboard door in the kitchen, and heads for a holiday that will alter the course of her life. This classic story, and a hit 1989 film, will touch your heart, tickle your funny bone, and make you think about living in the here and now.



The Canadian Cancer Society works tirelessly to save and improve lives. Thanks to our donors and volunteers, we're able to fund groundbreaking cancer research into all types of cancer, offer support services to help people better manage life with cancer, shape healthy public policies to prevent cancer and support those living with the disease, and offer trusted cancer information for all Canadians.

## **IMPORTANT NUMBERS**

Carol 416-724-7107 [nelson.carol@gmail.com](mailto:nelson.carol@gmail.com)

Linda 416-293-8689 [linjar47@gmail.com](mailto:linjar47@gmail.com)

Brigitte 416-496-9590 [bbryan@look.ca](mailto:bbryan@look.ca)

Chris 416-497-6192 [chris.elliott99@hotmail.com](mailto:chris.elliott99@hotmail.com)

Manulife Insurance, PO Box 670 Waterloo Station,  
Waterloo, Ontario N2J 4B8

Terry Kennedy (Insurance Agent) 1-519-583-0098

[tkennedy34@bell.ne](mailto:tkennedy34@bell.ne)

READING WON'T SOLVE YOUR  
PROBLEMS; BUT AGAIN  
NEITHER WILL HOUSE-WORK



# MARCH LUNCHEON & CRAFT SHOW



There's a restaurant in New York that doesn't employ chefs; they employ grandmas. Every day, a different grandma from around the world designs her own menu.



*The Journey Home*

Everyone has a stomach like an ironing board. It's just that some of us have bigger piles of ironing on ours than others!

Anon



## THE PERFECT HUSBAND

Several men are in the locker room of a private club after exercising. Suddenly a cell phone on one of the benches rings. A man picks it up and the following conversation ensues:

"Hello?"

"Honey, It's me."

"Sugar!"

"Are you at the club?"

"Yes."

"Great! I'm at the mall 2 blocks from where you are. I saw a beautiful mink coat. It is absolutely gorgeous! Can I buy it?"

"What's the price?"

"Only \$1,500."

"Well, okay, go ahead and get it, if you like it that much."

"Ahhh, and I also stopped by the Mercedes dealership and saw the 2002 models. I saw one I really liked. I spoke with the salesman, and he gave me a really good price ... and since we need to exchange the BMW that we bought last year..."

"What price did he quote you?"

"Only \$60,000!"

"Okay, but for that price I want it with all the options."

"Great! Before we hang up, something else..."

"What?"

"It might seem like a lot, but I was reconciling your bank account and...well, I stopped by to see the real estate agent this morning and I saw the house we had looked at last year. It's on sale! Remember? The one with a pool, English garden, acre of park area, beachfront property..."

"How much are they asking?"

"Only \$650,000... a magnificent price, and I see that we have that much in the bank to cover..."

"Well, then go ahead and buy it, but just bid \$620,000, OK?"

"Okay, sweetie. Thanks! I'll see you later!! I love you!!!"

"Bye."

The man hangs up, closes the phone's flap and asks aloud,

"Does anyone know whose phone this is?"

## SILENT AUCTION/ BOOKS –

There will NOT be a silent auction or used book table at the April luncheon due to the fashion show.  
Allison, Lynne



Our RWTO Scarborough website is changing. More information will instead be posted on our Facebook page at: RWTO Scarborough.

Create a Facebook account and visit our site for pictures, information, and everything else.

*Join us today*

## JUST A REMINDER...

For those of you coming in from the back parking lot through that door, there is a small step at the bottom of the glass door. Please be careful that you see it before stepping up to go up the stairs.

A reminder that our RWTO luncheons are scent free so everyone can enjoy our time together.

Please do not leave your car keys in your coat pocket when hanging it on the rack. We have, in the past, had coat mix ups.

## RWTO/OERO 67th Convention 2023

**June 6th – June 8th, 2023**



Linda Jarvis, Sheila Meyer and Trudy Sutton will be the Scarborough Branch Delegates attending the Convention.

# TOP 10 CROPS FOR POTS

**1. Potatoes**



**2. Peas(purple)**



**3. Tomatoes**



**4. Salad Leaves**



<https://www.thompson-morgan.com/top-10-crops-for-pots>

**5. Courgette**



**6. Strawberries**



**7. Patio fruit trees**



**8. Runner beans and climbing beans**



**9. Herbs**



**10. Chilli peppers**

## Treasurer's Report Linda Jarvis

Bank balance March 10, 2023		\$8701.62
<b>Income</b>		
March luncheon	3082.00	
50/50	70.00	
Craft tables	40.00	
RWTO/OERO rebate	10.00	
<b>Total</b>	\$3202.00	\$11903.62
<b>Expenses</b>		
March luncheon	3152.00	
Flowers	45.20	
Carol Nelson – mailings	60.31	
<b>Total</b>	\$3257.51	
Bank balance April 10, 2023		\$8646.11

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## Luncheon Cost - \$39

### Cheques are made payable to "RWTO Scarborough"

#### Cheques are mailed to:

RWTO Scarborough  
Huntingwood Postal Outlet  
P.O. Box 30042  
2355 Warden Ave  
Scarborough, Ontario  
M1T 0A1



**From the Editor**

Cathie MacGillivray  
[cathiemacgillivray@hotmail.com](mailto:cathiemacgillivray@hotmail.com)

Cheques for the May luncheon should be  
received by Friday, May 5th.

Chris Elliot  
[chris.elliott99@hotmail.com](mailto:chris.elliott99@hotmail.com)



### FROM THE TREASURER

Please make sure that you date  
your luncheon cheques for the  
actual luncheon date or before. I  
do not deposit cheques until the  
day after the luncheon. I have been getting  
too many cheques dated after the  
luncheon date. I have to hold them, and it  
makes for more work. Linda Jarvis