



After the Bell

in Scarborough

Retired Women Teachers of Ontario
Organisation des enseignantes retraitées de L'Ontario

Newsletter
October 2023

Caring and Sharing

Carol Nelson - President



"October's bucket list: red and orange leaves, pumpkin lattes, pumpkin pie, jack o lanterns, apple cider, cooler nights, simmering soups, a chill in the air." The second meeting of the year and we welcome the crafters and their wonderful items. Enjoy them. Memberships are still coming in—nearly two months after the August 15 due date. Brigitte and her team have made many phone calls to track down members. The final number still can't be decided until the mail comes in again.

The planned menu—an entree, a salad, rolls (notice there were whole wheat rolls in September), a 'sweet' dessert, tea and coffee will be the menu for each month. The easiest way to deal with changes is to let Carol know of **any** dietary needs—before the lunch. This includes those who would like to have a fruit cup and not the planned delicious dessert.

Email her at nelson.carol@gmail.com. We want everyone to enjoy the lunches. Have fun shopping today.
Carol

Don't Forget!

Allergy Alerts to Carol Nelson
nelson.carol@gmail.com

Tam Heather Curling Club
730 Military Trail,
Scarborough, ON
M1E 4P7

Luncheon Cost
\$39.00

Tuesday, October 17, 2023,
Art & Craft Sale

Tuesday, November 21, 2023
The Enchanted Flutes

Tuesday, January 16, 2024
Fraud Prevention,

Tuesday, February 20, 2024
Chair Yoga Fitness – Diana (Didi)
Duro, Yoga Instructor

Tuesday, March 19, 2024
Tea, Legends and Traditions – Pauline
Grandin – Storyteller

Tuesday, April 16, 2024
Fashion Show by Lady Sophisticate

Tuesday, May 21, 2024, TBA

Grace
For food in a world
Where many walk in hunger
For faith in a world
Where many walk in fear
For fellowship
Where many walk alone
We give Thee thanks,
O God
Amen



LOOKING FOR NEW RETIREES

Please send names and contact information for any friends and colleagues you know who have retired recently. We would like to send them information and an invitation!

Contact- Linda Jarvis at linjar47@gmail.com

or Brigitte Kolozsvary Bryan at bbryan@look.ca



COMMUNICATION

If your e-mail or phone number changes, please contact: ed.cole@sympatico.ca

Connie Cole- Communications Chair 2023-2024

GOODWILL

A Thinking of You card to Diane Nevard, who has been gradually recovering from Long Covid.

A Sympathy card was sent to the family of our member Martha Jane Massey, who passed away Sept. 21st, at the age of 100. A donation was sent to a scholarship in Martha's name, and to the Wolmer's Alumni Association, Toronto Chapter.

Peggy Irwin 647-575-9541 dragonfly67.mi@gmail.com

FROM THE TREASURER COST OF LUNCHEONS

We all know from weekly grocery shopping how much food prices keep rising. Because of this and other costs, we need to raise the cost of the luncheons.

After meeting with the chefs at Tam Heather, here is the breakdown of costs.

Cost of food

13% HST

15% gratuity (servers)

\$1.00 per person – new charge by the City of Toronto

RTO Charges \$52.00 for their luncheons. Catholic

Women pay \$57.00.

We are going to have to charge \$43.00 to cover all costs. This will start for the November luncheon. When you write your cheque for November's Luncheon, next week, make sure you have put in the new price.

After meeting with the chefs, I spent many hours doing the math, trying to figure out what was the best cost to cover everything.

Thanks for all your support in this matter.

Linda Jarvis - treasurer

MARTHA JANE MASSEY

JULY 12, 1923 - SEPTEMBER 21, 2023

Thanks to the obituary, I did find out some other information about Martha. She was born in Jamaica and started her teaching career in 1943 and taught for 47 years. She taught at both Charles Gordon Senior School and Lynngate Junior School in Scarborough.

She was very artistic and planned a HATS OFF meeting for the Branch in the 90s. A scholarship, in her name, will be established by the Wolmer's Alumni Association. This association supports scholastic and personal growth of students and graduates of Wolmer's of Jamaican heritage.

A donation was sent to the Wolmer's Alumni Association. Carol



Make sure your cheque, which is your reservation for lunch, arrives on time.

If your cheque is late or you decide, at the last minute, to attend, Tam Heather has **not prepared a lunch for you or set a place for you at a table.**

ANNUAL ARTS & CRAFT SALE

Get ready for another amazing RWTO Arts and Craft Show & Sale at our October Luncheon, celebrating the many talents of our member ladies.

The Crafters will be set up for you to arrive about 11AM and are accepting varying methods of payment- Cash*, cheques, or E-Transfers and will advise which they accept. Tables will be open until Lunch is served AND after the meal. *Please make sure you have some cash (small bills) on hand.

Get an early start on your Christmas Shopping with unique hand-crafted items for special people OR something special for yourself!

The Curlers have been invited to stop by after their games have finished.

We are all eager to get back into our regular routine with this meeting.

Program- Linda & Pam



50/50 DRAW

Tickets are \$2.00 for one ticket or 3 for \$5.00. The 'pot' will be evenly divided with half to the lucky ticket holder and half to the Branch. Beatrice

SLIP AND SLIDE SEASON



This season can result in more broken bones than usual. The RWTO Hospital & Home Care Plan insurance does cover fractures which may happen.

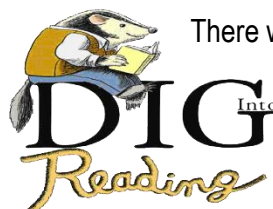
The Fracture Benefit pays a scheduled amount depending on which bone is fractured. IF more than one bone is fractured in a single injury, the amount payable is for the most severe fracture. Fractures which may happen are: pelvis, femur, skull, fibula, tibia, scapula, radius, ulna, patella, spinal vertebrae, clavicle, mandible, hip, toes, fingers and other fractures including chip or hairline fractures vary from \$350.00 to \$125.. It is important that complete information must be described on the claim form that is filled out by the medical staff. Members will also need to remember that they may qualify for related benefits because of the fracture—Comfort Care Benefit, Transportation Benefit, Ambulance/Taxi Benefit, Physician Validation Benefit Patient and Transfer Benefit. All receipts should be kept—someone who checks your claim may see something that the member does not see. Let's hope everyone stays safe.
Carol

FOR YOUR INFORMATION

Volunteers are needed to work for the ROOTS OF EMPATHY program. Information is posted by the Membership table if you are interested or know someone who would like to be a volunteer in the program.

SCIENTISTS IN THE SCHOOLS are looking for presenters to work with children in the GTA, Durham and York Region. A flyer is on the board near the Membership table. Information can also be found at www.scientistsinschool.ca

BOOKS



There will **NOT** be a book sale or Fundraiser at the November Luncheon.
Allison

DONATING WOOL

The RTO Knitting group meets together to make TWIDDLEMUFFS. These have been distributed to many of the nursing homes and care facilities in the area. They have appreciated many donations of wool. If anyone has any extra wool—any colour, any weight, any amount—the group would appreciate donations. There will be a bag on the table near the front of the room for any extra wool you can donate. Thank you for your support. If anyone needs a Twiddlemuff let Chris Elliot know.



OUTREACH

There will be our regular collection of NEW, UNOPENED toiletries and baby products and 3-4-month-old magazines, at the October luncheon. Thank you. Sheila Meyer Trudy Sutton
Outreach Committee

20 Snacks Under 100 Calories

@phetfit



RWTO/OERO ON THE GO



All buses will depart PROMPTLY from in front of Foody's in the **Kennedy Commons Plaza** at 15 William Kitchen Drive, Scarborough. Please park around the perimeter of that parking lot. Paid reservations are NON-REFUNDABLE. Please let the coordinator know if you are unable to attend. NOTE: Cheques for the excursions are to be made payable to Mary Morton Tours and forwarded to the coordinator of each excursion by the Payment Due Date.

Mary Morton Tours Presents TICO #448872

Niagara-on-the-Lake Tour Cost: \$105

Thursday, December 7, 2023

9:30 a.m. Depart from Foody's (in the Kennedy Commons Plaza) – 15 William Kitchen Dr, Scarborough

1:00 p.m. Spend time browsing at Picard Peanuts

2:00 p.m. Enjoy time browsing in Niagara-on-the-Lake.

4:30 p.m. Dinner is included at Betty's Restaurant, and you may make your Entrée choice there.

6:00 p.m. Enjoy the spectacular Niagara Festival of Lights

9:00 p.m. Approximate return time home

Trip Coordinator: Carol Everitt (905)492-0232



September Executive Meeting, taking care of Branch business for 2022-23.



Winners of the 50/50 draw.

IMPORTANT NUMBERS

Carol 416-724-7107 nelson.carol@gmail.com

Linda 416-293-8689 linjar47@gmail.com

Brigitte 416-496-9590 bbryan@look.ca

Chris 416-497-6192 chris.elliott99@hotmail.com

Peggy -647-575-9541 dragonfly67.mi@gmail.com

Manulife Insurance, PO Box 670 Waterloo Station,
Waterloo, Ontario N2J 4B8

Terry Kennedy (Insurance Agent) 1-519-583-0098

tkennedy34@bell.net

ALLERGIES AND DIET RESTRICTIONS:

ALLERGIES AND DIET RESTRICTIONS: If you have food allergies or dietary restrictions, it is important that we know about these so that accommodation can be made for you. We need to have the information BEFORE the luncheon. Please call Carol Nelson at 416-724-7107 or e-mail her at nelson.carol@gmail.com to let her know about these allergies or restrictions. She will confirm the change with you once you have advised her. If fruit for dessert is the only change you require, then you will not have to inform her every month. This will be done automatically. Please keep Carol informed if there are changes during the year. We want to ensure that you enjoy each and every lunch!

Carol

BASIC POINTS OF COMPUTER ETIQUETTE



Replying to an email:

When you receive an email, "reply" to the sender within 24 hours, saying that you received it. Messages can be lost in cyberspace and the sender will be wondering if it went astray. If it requires a detailed answer and you are short of time, simply reply with "Received, ttyl." Time well spent.

When to use "Reply All":

If you receive an email and several others are also listed as recipients, reply only to the person who sent the email to you. One uses "Reply All", only if adding new information that all recipients need to read.

Using CAPITALS:

CAPITALS in an email mean that you are SHOUTING at the recipient. It is considered offensive.

GIFTS FOR KIDS

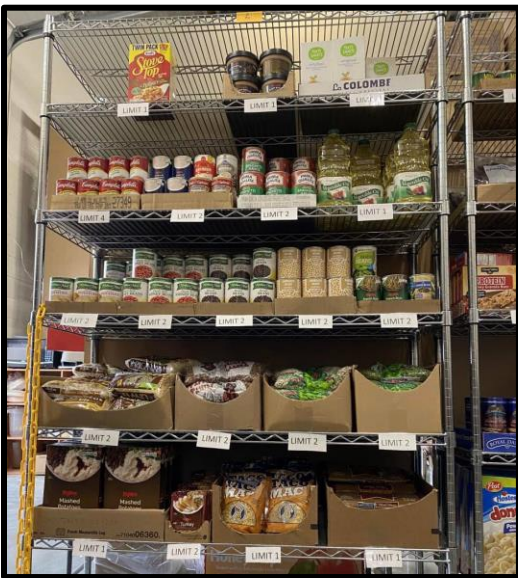


During the covid lockdown, many ladies chose to give cash donations to Julliette's Place. After the lockdown, several RWTO members suggested that we continue our new tradition in a two-fold manner. For some of you, buying gifts for kids is part of the fun during the festive season. For our November luncheon you have the option of bringing a gift or gift card, to be delivered to 42 Division for their annual toy drive. Your gift does not need to be a toy. It can be clothing or another interesting item. If you are purchasing a gift for a child, please place it unwrapped, in a gift bag. On the bag kindly indicate the gender and age range (up to 16 yrs.) of the recipient. Teenagers can be difficult to shop for. They welcome sports equipment, interesting clothing, etc., or gift cards.

You are also welcome to bring a gift of cash or a cheque directly for Julliette's Place. If you are submitting a cheque, please make it out to RWTO – Scarborough Branch. Date your cheque November 21, 2023. In the memo section, indicate "Gifts for Kids." If you will not attend the November 21 luncheon, you may mail your cheque to: RWTO Scarborough, Huntingwood Postal Outlet, P.O. Box 30042, 2355 Warden Ave., Scarborough, Ontario, M1T 0A1. Our treasurer, Linda Jarvis will present a lump sum cheque to Julliette's Place.

The administration of Juliette's Place agrees that the young mothers know best what their children need. So, they like to shop accordingly. Some prefer to use the money towards groceries. During the lockdown, the families also had a socially distanced community turkey dinner.

Brigitte would like 3 volunteer drivers to help deliver the kids' gifts to 42 Division. You may contact her via email bbryan@look.ca or phone 416-496-9590.



FOOD BANK

I spoke to people getting food at a food bank and here are some things I learned from those in need:

1. Everyone donates Kraft Mac and Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
3. Everyone donates pasta sauce and spaghetti noodles.
4. They cannot eat all the awesome canned veggies and soup unless you put a can opener in too or buy pop tops.
5. Oil is a luxury but needed for Rice a-Roni which they also get a lot of.
6. Spices or salt and pepper would be a real Christmas gift.
7. Tea bags and coffee make them feel like you care.
8. Sugar and flour are treats.
9. They fawn over fresh produce donated by farmers and grocery stores.
10. Seeds are cool in Spring and Summer because growing can be easy for some.
11. They rarely get fresh meat.
12. Tuna and crackers make a good lunch.
13. Hamburger Helper goes nowhere without ground beef.
14. They get lots of peanut butter and jelly but usually not sandwich bread.
15. Butter or margarine is nice too.
16. Eggs are a real commodity.
17. Cake mix and frosting makes it possible to make a child's birthday cake.
18. Dishwashing detergent is very expensive and is always appreciated.
19. Feminine hygiene products are a luxury and women will cry over that.
20. Everyone loves Stove Top Stuffing.

In all the years I have donated food at the Holidays, I bought what I thought they wanted, but have never asked. I am glad I did. If you are helping a Family this Christmas, maybe this can help you tailor it more. It does for me!



COMING IN NOVEMBER

Since 2013, the Enchanted Flutes has been entertaining audiences with their unique sound, unique arrangements and high energy performances. Under the baton of Resa, the familiar tunes will find their way into your hearts and you'll be tapping your toes before long. You will be entertained by these talented flutes, saxophones, clarinet, keyboard, percussion, bass, violin and singer.

Resa Kochberg graduated with a degree in music and after raising her family has devoted her time and skills to sharing her love of music. Along with conducting the Enchanted Flutes, Resa plays flute and piccolo with the Encore Symphonic Band and conducts the Resa's Pieces Concert Band. Program Committee



September Luncheon

COLLEAGUES WHO WILL BE MISSED

Linda (Lindee) Ballentine (1951-2023 former TDSB principal

Our Special Ladies



Last month we celebrated our ladies who are 90 and over. We sent out a letter congratulating them: 9 decades of life, seeing the world change tremendously, going through personal joys and hardships, and guess what? You all turned out all right!

You only live once, but if you do it right, once is enough.

Mae West

Aging is as natural as the softness and scent of a baby.

Jamie Lee Curtis

In the end, it is not the years in your life that count. It is life in your years. Abraham Lincoln

Best wishes to our ladies.

Fern Allen Anne Arkell Sheila Badcock Anna Bloom

Gwen Darch Beverley Davis Anna Donnellan

Milberge Gibbons Norma Hail Marie Harvey Mary

Kristiansen Janette McClure Ora McKay Lamoine

Mustard Helen Nighswander Marion Penrose

Margaret Rataj Joyce Simmons Marg White Barb Will

Pat Wright

Linda Jarvis and Pam Parsons

CUESTA COUNTRY TRIP



They
finally
caught
Carol!



Blue Mountain Village



Linda & Carol

October Treasurer's Report

Linda Jarvis

Bank balance September 12, 2023		\$6420.73
Income		
September luncheon	\$2730.00	
50/50	86.00	
Care & Share	83.00	
Membership fees	960.00	
RWTO convention registration rebate	600.00	
Total	\$4459.00	
		\$10879.73
Expenses		
September luncheon	3412.80	
Flowers	93.16	
Newsletter	59.66	
RWTO/OERO remittance	920.00	
Treasurer – stamps	52.00	
Bank charges, cheques	178.91	
Total	\$5466.53	
Bank balance October 7, 2023		\$5413.20

Luncheon Cost - \$43

**Cheques are made payable to
"RWTO Scarborough"**

Cheques are mailed to:

RWTO Scarborough
Huntingwood Postal Outlet
P.O. Box 30042
2355 Warden Ave
Scarborough, Ontario
M1T OA1



From the Editor

Cathie MacGillivray

cathiemacgillivray@hotmail.com

November Luncheon

Cheques for the November lunch should be received by **Monday November 13.** Please ensure your cheque is in the mail on or before November 1st. If you think your cheque may not arrive by the due date, contact Chris Elliot either by phone (416-497-6192) or e-mail (chris.elliott99@hotmail.com) to let her know your cheque is on its way. If you fail to do so and your cheque is late, no meal will be ordered for you.



FROM THE TREASURER

Please make sure that you date your luncheon cheques for the actual luncheon date or before. I do not deposit cheques until the day after the luncheon. I have been getting too many cheques dated after the luncheon date. I have to hold them, and it makes for more work. Linda Jarvis