



After the Bell

in Scarborough

Retired Women Teachers of Ontario
Organisation des enseignantes retraitées de L'Ontario

Newsletter
February 2024

Caring and Sharing

Carol Nelson - President



'February is the border between winter and spring'
(G. Guillemet)

In late February, there might be some warmer days which might bring out the early blooming of crocuses and snowdrops. (anon)

As I look out the window, I see that snow is coming down—how much and in what format---it has been one of those months which seems to be bringing a variety of weather. Drive safely since it seems the weather changes quickly and often.

There is an important message in this newsletter about needing members to help with the Branch programming. Let's hope that someone or a group can fill this position.

Looking at the present and upcoming Executive list, it would be difficult to add up the number of years that some of these people have served the Branch. We are proud of their accomplishments which have served the members and those we help in the community. Carol

It is still winter but sunnier days are coming.

Grace
For food in a world
Where many walk in hunger
For faith in a world
Where many walk in fear
For fellowship
Where many walk alone
We give Thee thanks,
O God
Amen



Don't Forget!

Allergy Alerts to Carol Nelson
nelson.carol@gmail.com

Tam Heather Curling Club
730 Military Trail,
Scarborough, ON
M1E 4P7
Luncheon Cost
\$43.00

Tuesday, February 20, 2024
Chair Yoga Fitness – Diana (Didi)
Duro, Yoga Instructor

Tuesday, March 19, 2024
Tea, Legends and Traditions – Pauline
Grandin – Storyteller

Tuesday, April 16, 2024
Fashion Show by Lady Sophisticate

Tuesday, May 21, 2024,
Plant Sale
Avril D'Souza - Nutrition
"Healthy Living, Healthy Eating"

LOOKING FOR NEW RETIREES

Please send names and contact information for any friends and colleagues including educational assistants, early childhood educators and child and youth workers that you know who have retired recently. We would like to send them information and an invitation!

Contact- Linda Jarvis at linjar47@gmail.com
or Brigitte Kolozsvary Bryan at bbryan@look.ca



Update your
contact info!

COMMUNICATION

If your e-mail or phone number changes, please contact: ed.cole@sympatico.ca
Connie Cole- Communications Chair 2023-2024

GOODWILL

A sympathy card was sent to Beverley Williamson whose husband, Bob, passed away in January. A card was also sent to Grace Ruttle, sister of Bob Williamson and donations were sent to Toronto Sick Children's Hospital.. Peggy Irwin 647-575-9541 dragonfly67.mi@gmail.com



Make sure your cheque, which is your reservation for lunch, arrives on time.

If your cheque is late or you decide, at the last minute, to attend, Tam Heather has **not prepared a lunch for you or set a place for you at a table.**

BOOKS

There will be a book sale at the February Luncheon. Paperbacks would be appreciated. Allison

OUTREACH



There will be our regular collection of NEW, UNOPENED toiletries and baby products and 3-4-month-old magazines, at the February

luncheon.

Thank you. Sheila Meyer Trudy Sutton
Outreach Committee

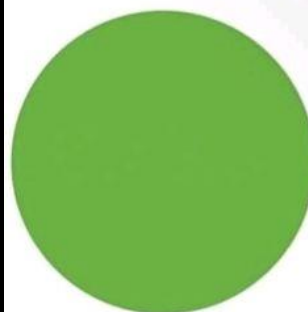
PROGRAM VOLUNTEER(s)



There is only one Executive position for 2024-25 that has not been filled. A person or persons is needed to fill the position of PROGRAM COORDINATOR. This person or persons would be responsible for

planning the year's program. It was decided that there will be no speakers/programs for September, November and May. So that means the Program Coordinator would oversee those months and then have to plan a program for October, January, February, March and April. It has been tradition to have a fashion show each Spring. If you want programs, members need to come forward—this could mean more than one person or a group. Let us know your thoughts. Carol

What people THINK teaching is:



Teaching

What TEACHING really is:



From the Past President

URGENT!

We need two members to join the Executive to plan the program for next year. Linda Brent will help you get started and she will show you what to do. This is an important job but not a big undertaking when you have two people.

Please let Linda Jarvis know if you are willing to take on this job.

Linda linjar47@gmail.com

RWTO/OERO ON THE GO



All buses will depart PROMPTLY from in front of Foody's in the **Kennedy Commons Plaza** at 15 William Kitchen Drive, Scarborough or 1880 Valley Farm Road Pickering. Please park around the perimeter of Foody's parking lot. Paid reservations are NON-REFUNDABLE. Please let the coordinator know if you are unable to attend. NOTE: Cheques for the excursions are to be made payable to Mary Morton Tours and forwarded to the coordinator of the excursion by the Payment Due Date.
Mary Morton Tours Presents TICO #448872

Mennonite Countryside Tour \$129.00 **Saturday, April 6, 2024**

8:30 a.m. Depart Pickering, or 9:00a.m. at Foody.
10:30 a.m. Spend time at St. Jacobs Market
12:00p.m. Lunch at the River Song Restaurant
After lunch enjoy a countryside tour, with a local step-on guide. Tour area where Mennonites live, with a stop at the Mennonite General Store, followed by a visit to West Montrose to see Canada's last remaining covered bridges, still in use and known as the "Kissing Bridge".

Payment due: Friday March 22, 2024

Coordinator: Carol Everitt (905)492-0232

Winery Tour \$157 **Wednesday, May 29, 2024**

9 a.m. Depart Foody's or depart Pickering 9:30 a.m.
Stop at the Big Apple, offering a serene country setting and apple pies baked on site. Enjoy the Warkworth Lilac Festival with rare and unique varieties of Lilacs.
12:30 Lunch at the Waring House with an entrée of Chicken
2:30p.m. Enjoy 3 wine tastings at Huff Estate Winery
3:30p.m. Spend time at Casa Dea Estates Winery and enjoy 3 wine tastings.

Payment due: Wednesday May 15, 2024

6:30p.m. Approximate return time home.

Trip Coordinator: Carol Everitt (905)-492-0232

Grand River Cruise \$159.00 **Wednesday, June 26, 2024**

Pick up in Pickering 8:30 a.m. Pick up at Foody, 9a.m.

11:00a.m. Arrive at Grand River Cruises and enjoy complimentary coffee and muffins.

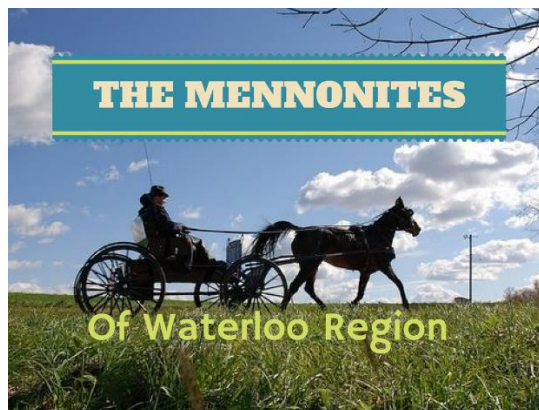
11:30 a.m. Be entertained by "The Blazing Fiddles" during their live Music show.

12:00 p.m. Embark on your lunch cruise, including a snack and dip upon boarding, fresh baked bread and a salad. After the cruise there will be time to browse in the gift shop, where bread, apple pies and other baked good are available.

6:30 p.m. Approximate time home.

Payment due: Wednesday June 12, 2024

Coordinator; Carol Everitt (905)492-0232





50/50 DRAW

Tickets are \$2.00 for one ticket or 3 for \$5.00. The 'pot' will be evenly divided, with half to the lucky ticket holder and half to the Branch. Beatrice

IMPORTANT NUMBERS

Carol 416-724-7107 nelson.carol@gmail.com

Linda 416-293-8689 linjar47@gmail.com

Brigitte 416-496-9590 bbryan@look.ca

Chris 416-497-6192 chris.elliott99@hotmail.com

Peggy -647-575-9541 dragonfly67.mi@gmail.com

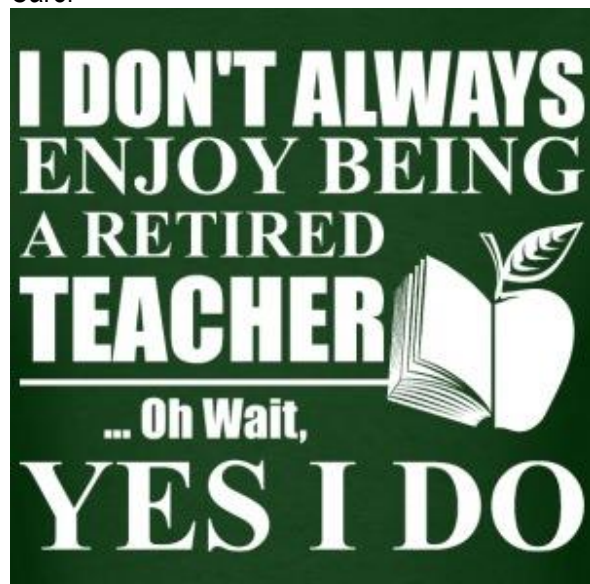
Manulife Insurance, PO Box 670 Waterloo Station,
Waterloo, Ontario N2J 4B8

Terry Kennedy (Insurance Agent) 1-519-583-0098
tkennedy34@bell.net

ALLERGIES AND DIET RESTRICTIONS:

ALLERGIES AND DIET RESTRICTIONS: If you have food allergies or dietary restrictions, it is important that we know about these so that accommodation can be made for you. We need to have the information BEFORE the luncheon. Please call Carol Nelson at 416-724-7107 or e-mail her at nelson.carol@gmail.com to let her know about these allergies or restrictions. She will confirm the change with you once you have advised her. If fruit for dessert is the only change you require, then you will not have to inform her every month. This will be done automatically. Please keep Carol informed if there are changes during the year. We want to ensure that you enjoy each and every lunch!

Carol



COLLEAGUES WHO WILL BE MISSED

MARIGOLD ANNE WILSON, better known as MAL loved music and participated in the Scarborough Teachers' Choir and conducted children's school choirs. She worked as primary teacher and teacher-librarian. She passed away in January 2024. There will be Celebration of Life at a later date.



ELIZABETH/BETTY CASTAGNETTE

passed away just before Christmas. Betty was an Educational Assistant at Willow Park. She was also a wicked Euchre player and lived for many years in the Orton Park area.

AL LEIGHTON passed away in January 2024. He loved music and participated in musicals and many choirs including The Toronto Choristers, The Canadian Singers and The Sharps and Flats. A highlight of his musical accomplishments was the development of the ORFF instrument program. There will be a private family celebration of his life.

COMMUNICATION TEAM

It is important to us that each and every member be informed in a timely manner of RWTO Scarborough events and news. Therefore, the Communication Team contacts you, our RWTO Scarborough members, with The Dispatch around the 28th of the month before each luncheon, The Newsletter on the Friday before the luncheon, and Bereavement Notices or other news when necessary. This is done through emails for those who have an email address.

Also, a very dedicated and long-serving phone committee makes phone calls regarding the above to those who do not have an email address.

There are times now and then, because of personal reasons, trips, events, that the existing phoners are unable to make the calls temporarily. If you are willing to be a supply phoner for these emergency times, please email Connie Cole to indicate this. Your assistance would be greatly appreciated.

Thank you,
Connie Cole
ed.cole@sympatico.ca

FRAUD PREVENTION



Banks will never ask you for your credit card number or your Social Insurance Number nor will they email you and ask you to click on a link.

Products and services that cannot be sold door-to-door. If you enter into a contract, there is a 10 day "cooling off" period to cancel.

Always ask to see photo identification!

Solicitors must leave when you ask them to!

The Grandparent Scam

* Scammer calls and says "hey grandma/grandpa, do you know how this is?"

* Once the unaware grandparent answers who they think it is the scammer instantly secures their trust.

* The fake grandchild then begins asking for money to solve some urgent financial problem (such as over rent, car repairs, or to bail them out of jail.)

* The scammer will ask for gift cards or money transfers.

* Ask the scammer something only they (your grandchild) would know. Ask them the name of their mother/father/siblings.

* Never go and get cash from a machine to hand to them.

* Never buy bitcoin and digital currency.

Reporting to Police

Emergency

911

- Immediate need for help
- In danger

Non-Emergency

416-808-2222

- Offence has been committed
- No immediate urgency
- Want to make a report to be investigated or documented.
- Report suspicious activity

Increasing your Financial Security

Equifax

1 800 465 7166

TransUnion

1 800 663 9980

FUNDRAISER

The theme for February is "Self-Care." Practicing self-care could include using skin care items, eye masks, bath and shower products, adult colouring books, Sudoku and other types of puzzles. In short, any type of activity that will improve our mental, emotional and physical health.

Allison



MODELS NEEDED

No previous experience is required. We need 6 ladies to model the new styles and colours for Spring/Summer 2024. Lady Sophisticate

has the latest styles. Their store is located on Avenue Rd., south of 401. If you are interested in participating, please let Linda Brent know at: lindabrent63@gmail.com

Our Famous RW Member Joan Watson



We performed at The Club Top Hat, 1960 - 1961 on Kingston Rd. opposite Guildwood GO train station every Saturday night. The average age of the girls was 21. Back then, the patrons brought their own liquor in brown bags and hamburgers were 35 cents! We had a problem getting a full house because the Maple Leaf Hockey games were on TV at the same time that we were putting on our show. The Top Hat eventually burnt down.

We also danced for the Toronto Argonaut Football team's half-time and were pregame entertainment as well as other venues in the city such as the O'Keefe Centre, the CNE Grandstand shows, the CNE Bandshell shows, the Santa Claus Parade, etc.

Those were the days. We meet up annually. Still best of friends.

Average age today is 80 years. Old!!!

Guess which one is Joan.

COMING IN MARCH

Tea, Legends and Traditions

Pauline Grondin – Storyteller



Pauline Grondin is “multitheretorial”, a professional storyteller, heritage performer, historical interpreter, 1812 reenactor and musician who has been telling stories and making music all of her life to listeners from the age of 2 to 102.

Pauline was given the honour of having her name included on the Ireland Canada Monument in Vancouver, B.C. “The monument honours Irish Canadians for their immense contribution to Canada.”...*“each name has been chosen on that person’s contribution to their fellow Canadians, on their commitment to do something good to build a better community locally or globally within Canada.”* Pauline’s music and stories, especially those telling of Canadian history, have been recognized as her contribution.

Pauline is also the recipient of the Halton Heritage Award, the Burlington Junction Appreciation award and the Hamilton Wentworth Heritage award.

Pauline is a tenth generation French Canadian with an Irish citizenship. Following her dual roots, her storytelling has delighted audiences of all ages in Canada, Northern Ireland, Scotland and England.

Pauline was the voice of Elizabeth Gage on the War of 1812 documentary produced for the bicentennial on History Television. Her stories of “Women in Upper Canada during the War of 1812” were recorded for Route 1812, a driving route linking historical sites and cultural institutions in the Southwest, Toronto and Niagara regions. Her voice and instruments were also recorded singing heritage songs along the same route. Pauline is the social historian for the Southwest Ontario Barn Quilt trail and was the historical advisor for the Lincoln Lamplighter Tours for their bicentennial production.

Pauline has written a number of children’s history books and stories for the young at heart. She has also recorded four CD’s telling stories of Canadian pioneer women, “Voices of the Past”, “Voices of the Past Two”, “Voices of Toronto’s Past” and “Stories of Women in Upper Canada during the War of 1812”.

Victorian Tea

“Afternoon tea provided the simple function of ladies getting together to give and receive mutual support and to enjoy the warmth of friendship.

One would keep up with the happenings in the community, share news and yes, even gossip...”

When the men joined the tea it was referred to as a Kettledrum Tea...There was a great deal of noise and less to eat.” Invite Pauline to tea and she will tell you more about the beginnings and customs of tea and the etiquette required when you host and attend Afternoon Tea and the “Five O’clock Function” in the colonies.



Coming Soon ...
to a computer,
tablet or
smartphone
near you!



Virtual AGM Convention 2024

Tuesday June 4th & Wednesday June 5th

Opportunities for both Delegates and All Members will be included.
Watch for details in the March Connections!

Hosted by your Provincial Board of Directors



JULIETTE'S PLACE staff continue to acknowledge our donations with thank you letters. They are so appreciative of all that we do for them.
Carol

After being married for thirty years, a wife asked her husband to describe her.

He looked at her for a while, then said "You're A, B, C, D, E, F, G, H, I, J, K."

She asks ... "What does that mean?"

He said, "Adorable, Beautiful, Cute, Delightful, Elegant, Foxy, Gorgeous, Hot."

She smiled happily and said ... "Oh, that's so lovely ... What about I, J, K?"

He said, "I'm Just Kidding!"

FROM OUR DIRECTOR

Hello Scarborough retired women educators. I represent you on the RWTO/OERO Provincial Board as the Area 5 Director (final term). I attend meetings, both live and virtual, a few times each year and work on a committee.

This year the AGM/Convention will be online, so I won't be sitting at a real table with your Delegates. I encourage all of you to step up and join your Executive in leading the many activities the Scarborough Branch offers. Congratulations on maintaining your huge membership in challenging times. You are one of the largest branches in our organization.

Caring and sharing,
Judy Anderson
Area 5 Director

PROGRAM

"Louyse Vigneault.



Louyse has been in the fitness and wellness industry since 1994. In 2003, after she decided to leave her corporate job to follow her passion in fitness and wellness, she became a PRO TRAINER for all the canfitpro certifications

including CPR. Over the years, she received many awards as a canfitpro PRO TRAINER. She is a MASTER LICENSED TRAINER for EAST TO WEST YOGA AND PILATES INC, and a Master Trainer for Barre Above. Louyse is a Rescue-7 trainer for First Aid and CPR. Louyse has been practicing yoga for over 50 years, and this has helped her to get over a major car accident in 1989. Following this car accident, she had to learn to walk again and to get her strength back for the many sports she was practicing. She decided to join a gym and get her strength back through muscle conditioning. It has helped her in many aspects, and it got her strong again and had improved her yoga practice as well. She is a Humber College Alumni and holds a certificate in Fitness and Nutrition Leadership Program and many certifications in different disciplines as she strongly believes we should be balanced in mind, body, and soul. She is certified canfitpro Personal Trainer, Fitness Instructor and Healthy Nutrition and Weight Loss Coach; she is EWYT Yoga 500; a Pilates Mat Instructor; a Reiki Master-Teacher; a Neuro-Linguistic

She will be leading our members through a series of gentle stretches to help them gain strength and balance. Comfortable, casual clothes are suggested.



From GWEN DARCH

TO THE MEMBERS OF RWTO
Thank you for the lovely flower arrangement you sent to me on my 100th birthday and thank you for all the kind words on the birthday card. You helped to make my day very special! Happy New Year everyone!

TREASURER'S REPORT LINDA JARVIS

Bank balance January 9, 2024		\$7132.89
Income		
50/50	88.00	
Books	4.50	
Silent auction	58.00	
January luncheon	2791.00	
RWTO rebate	24.00	
Total	\$2965.50	\$10098.39
Expenses		
January luncheon	\$2801.60	
Flowers	64.13	
Newsletter	24.95	
Stamps/mailling	41.58	
Speaker – honorarium	100.00	
Total	\$3032.26	
Bank balance February 10, 2024		\$7066.13

Luncheon Cost - \$43

**Cheques are made payable to
“RWTO Scarborough”**

Cheques are mailed to:

RWTO Scarborough
Huntingwood Postal Outlet
P.O. Box 30042
2355 Warden Ave
Scarborough, Ontario
M1T 0A1



From the Editor

Cathie MacGillivray

cathiemacgillivray@hotmail.com

Joan is the girl in the middle of the group!

February Luncheon

The cheques for the March luncheon need to arrive in the P.O. Box by Friday, March 8th. Cheques should be mailed by March 1st. to be sure of arriving on time. If you think your cheque might not arrive in time, call or email Chris Elliot to be sure a lunch will be ordered for you.

Thanks, Chris Elliot

Chris.elliott99@hotmail.com

416-497-6192