



RWTO/OERO Branches Recommend Speakers

Thank you to the Branch Presidents and/or helpful members who submitted these speaker suggestions in **November 2022**. Please note that Branch Presidents and Contacts may have changed since this document was created.

Area 2

Cambridge Branch – President Mary Jane Novak

Note: Our honorarium is \$125 donated to the charity of the speaker's choice.

Amy Di Nino Music therapist amy@connectinginrythmn.com - 905 466 3774

John Anderson Forest therapy papajawknee@yahoo.ca - 519 716 1000

Jayne Herring Cambridge Poppy Project - cambridgepoppyproject@gmail.com

Dr. Sharon Livingstone Aging in Place livignstone.sharon@gmail.com - June Anderson

Cambridge Self-Help - Foodbank programs - june.anderson403@gmail.com - 519 221 4955

D.C. Dan Cimermanic - Waterloo Regional Police - Fraud and Seniors www.wrps.on.ca/fraud

Jane Howitt Syrian Refugee Program at Reception House - Receptionhouse.ca - 519 743 2113

Matt Lanz Financial Planner matt@powervestfinancial.com - 519 404 3491

Helen Scutt Bed kits for third world countries - info@scaw.org - 1 866 321 1841

Elaine Charal Handwriting analysis elainecharal@me.com - 416 446 2903

Eric Hageman Fitness and Strength for Seniors - www.ymcacambridgekw.ca - 519 623 9622

Gloria Rudney History of Canada's Flag www.flagwaversofwaterlooregion.com

Palmerston Branch – President Kathy Watt

Friends of the Orphans, Canada (Fotocan)

At a Palmerston event this year, Mark Robinson, a volunteer with the Fotocan organization, was an excellent speaker, and most passionate about the work he does with Fotocan. If you need

Friends of the Orphans, Canada (Fotocan) is a charitable organization that has been helping to change the lives of orphaned, abandoned and at-risk children in Latin America since 1954. Mark Robinson, from Palmerston, has been on a variety of “mission” trips since 2003 and now serves on the Board of Directors for Fotocan (head office located in Guelph). “Some travel to see the world, others travel to make a difference.” Ever wondered about going on a “mission trip”? In his presentation, Mark will explain, using pictures, how he became involved in that first trip in 2003 and what Fotocan is doing. www.fotocan.org

(-Expectations – In lieu of a “speaker fee” the Branch could consider making a donation to Fotocan – or possibly sponsoring a child from one of the NPH Homes - \$35. Per month.

If individual members are making a donation, anything over \$20. would receive a tax donation – your complete mailing address would be required.

-Mileage – Consideration for mileage in excess of 50 km would be appreciated.

-**Zoom** – Zoom would be an excellent presentation format for any RWTO Branch that is too far for convenient travel.

-Contact – Mark Robinson – m.v.robinson@hotmail.com 519-343-5149

Box 520, Palmerston, Ontario, N0G 2P0

AREA 3

Windsor-Essex Branch – President Pat Wales

1. **Mary Ann Mulhern - Poet** - RWTO Windsor-Essex member

Mary Ann grew up in a “cemetery house” and spent eight years in a convent before attending teacher’s college. She taught for 25 years before becoming a poet in 2001. She writes narrative poetry and has published 8 books of poetry with Black Moss Press, two of which were shortlisted for the Acorn-Plantos Award. From 2019-2022 Mary Ann has been the Poet Laureate for the City of Windsor, Ontario. Her soon to be released book of poetry called *Bring Them Home*, is about the residential schools.

Mary Ann did a reading of her poetry at a Branch luncheon, held member attention and would be able to do readings of her poetry in person or via Zoom. More information can be found online by googling her name. **Contact Information:** Email: maryannmulhern6@gmail.com

2. **Nicole Hall - Horticulturist/Gardener** - Town of Tecumseh

In September and November 2021, Nicole did two presentations via Zoom with Windsor-Essex RWTO members. She works as a horticulturist/gardener for the Town of Tecumseh and has a wide background in varieties of plants and their care. She readily answered member questions about plant care.

In the second presentation, Nicole discussed holiday table centerpieces and designing outdoor evergreen planters. Members were later invited to submit photos of their creations. She has also done a succulent garden Zoom presentation for the Town of Tecumseh.

Our Branch gave Nicole an honorarium of \$75 for each session. This can be worked out with her.

Contact Information: Email: nico.hall@hotmail.com Phone(after 4p.m.): (226) 757-2712

Photos are attached as well as videos from the Town of Tecumseh Facebook page. -

<https://www.facebook.com/tecumsehrec/videos/2821466518082680/>

https://www.facebook.com/233466080175658/videos/2592615304333831/?_so_=_watchlist&_rv_=_video_home_www_playlist_video_list

Area 4

Haldimand Branch – President Joanne Weeks

1. Bone Health 101 by Osteoporosis Canada - Cathy Percy - CPearcy@osteoporosis.ca - 1800 463 6842
2. Rabiya Azeez from Rabi’s Grand Kitchen in Caledonia - Cooking lesson live: Samosas and date chutney - rabiyaamt@gmail.com

Hamilton-Wentworth Branch - President Linda Sargeant - Past President Lynn Anderton

Musical:

1. Mike Stoneman, The Piano Playing DJ
Address: 57 Donegal Brantford, Ontario N3T6L2
Website: <https://thepianoplayingdj.com/>
Email: info@thepianoplayingdj.com/
Phone/Text: (226) 381-7448 Toll Free: 1-855-966-8742
2. Musical Stylings of Brad Boland – Brad has been described as a “Vocal Chameleon” because of his unique way of sounding like the original artist he is performing. He was an amazing Elvis at one of our events. His repertoire spans music from the 20’s to today. Also does Country, Irish, and Pub shows.
W: <http://bradbolandentertainment.com/> T: (905) 358-6992 E: bookings@bradbolandentertainment.com
3. Mix-Dup : A cappella Quartet from Harbourtown Sound Group
Contact Dale Wood via 905-689-5088
4. Duo Jeff Giles (Canada’s Own Buddy Holly) and professionally trained singer, dancer, actor Jenn Kee. Our outdoor concert included a variety of favourite oldies, pop and rock and original tunes on the guitar.
Web: jennandjefflive.com email jennandjefflive@gmail.com
5. Dr. J’s Rockin’ Zoomers Show
Jeff plays electric keyboard and sings popular tunes for seniors.
Plays all over GTA and Golden Horseshoe
Contact: Jeff Ewing 416-270-2765 - doctorjmusic.ca - doctorjmusic@gmail.com
6. Hamilton All Star Jazz Band - A jazz band of 15 to 25 year olds directed by Dr. Russ Weil
Also: Rising All Stars : ages 15 to 18
All Stars Jrs.: ages 12 to 15
Contact: infor@hamiltonallstarjazz.org Phone; 289-768-0485
7. Classic Blends Singers - A Capella Women’s Chorus
Contact: Barb Carruthers 905-296-4648
8. Theatre Ancaster Chorus - Mixed men and women’s SATB chorus
contact: chorus@theatreancaster.com
9. Marie Gogo
Fun and Engaging Professional Entertainment Designed for Seniors
289 865-9001 theholidaylady@yahoo.ca
Listen to her on internet. Coming to us this Dec.

Hamilton-Wentworth Zoom Workshops/Speakers - may also be available in-person.

1. Travel - October 2022 - A travel dialogue with Amanda Beaver, President of Glow Travel. Amanda used a multi-media presentation to outline travel during Covid times and current changes in the industry. Amanda is very knowledgeable with excellent presentation skills and we really enjoyed our time with her. Amanda lives in Welland. In addition to remote sessions, she can attend regional in-person events.
T: 1-289-668-9229 E: amanda@glowtravelandevents.com
2. Carole Bertuzzi Luciana “Moodivational Speaker” Carole is a hilarious speaker with many different topic ideas. Sure to be uploading and uproarious! Cannot recommend her enough!
E-mail: cbertuzziluc@gmail.com Tel: 905.844.9276
3. Author Lawrence Hill - The Book of Negroes, The Illegal, Beatrice and Croc Harry.
W: <https://www.lawrencehill.com/>
c/o The Writers’ Union of Canada - 600-460 Richmond St. W. Toronto ON M5V 1Y1 -
mail@lawrencehill.com
4. Ancaster Author Ross Pennie. “A talk with Ross”. Ross is a retired physician who has travelled the world and written a series of mystery books involving medical catastrophes, mainly set around Hamilton area and Golden Horseshoe. He has been approached for a movie contract. Beneath The Wake, Up in Smoke, Tampered, Tainted, Bitter Paradise -
<http://rosspennie.ca/new>
5. “How to Manage Difficult Conversations about Equality, Diversity and Inclusion.
Pat Wright, B.Sc., M.Ed Retired educator, former chair of Race Relations Advisory Committee for the City of London and Interim Executive Director Hamilton Centre for Civic Inclusion among many other posts.
Patricia Wright 905-664-8271 gamatrica@icloud.com
6. The Shopping Channel retired duo and hosts Richard Nester and Norm Murray – “An Evening with Richard and Norm”. Delightful chat about their careers and meeting celebrities.
richardnester85@yahoo.ca murray123@rogers.com
7. Journalist Karen Cumming – Mindful living, medication and self-care Book Author of the The Indispensable Survival Guide to Ontario's Long-Term Care System and Author of The Martian’s Guide to Self-Care and Stress Relief. FYI, Karen is one of “The Mars 100”: one hundred people who made it to the final round of astronaut selection in a legitimate mission to colonize Mars. W: <https://karencumming.com/> Fabulous!!!
8. Kathy Kimmons, Laugh Yoga Instructor – “Laugh Yourself Healthy” Zoom workshop. Kathy is a certified Laughter Yoga teacher. No equipment needed for a remote session including the history of laughter yoga and engagement in a warm up involving stretching and diaphragmatic breathing, interactive laughter and deep breathing exercises.
Website: <https://www.laughyourselfhealthy.com/> LaughYourselfHealthy.ca
(C) 905-574-1765 Email: Kathryn@LaughYourselfHealthy.ca

9. Financial Fraud Zoom Workshop “Protect your Money”– Christine Allum from the Ontario Securities Commission offer security advice as well as answers your questions. Excellent! Christine Allum - 519-396-1120 callum@osc.gov.on.ca
10. Golf Pro Duo Zoomer Workshop –with Deb Eldridge and Fareen Samji,two pro golfers, present golf tips and hints. Deb Eldridge - PGA of Canada Class A Teaching Professional, former LPGA Tour player, winner of 12 professional tournaments and 89 top 10 finishes, Ontario Hall of Fame 2019. golfwithdeb@gmail.com
Fareen Samji -International and Canadian National Women’s Long Drive champion - farsamji.com
11. Katie Muirhead from the Ontario Caregiver Organization - ontariocaregiver.ca The OCO supports caregivers of any kind: for any ages and developmental, physical, mental or health issues of any kind. Katie is the Regional Lead at The Ontario Caregiver Organization in St Catharines. biancaf@ontariocaregivers.ca
647-453-0166 most excellent info! also Bianca Feitelberg
12. Staff from the Bob Kemp Hospice re “Living your Best Life” and Advance Care Planning and legal forms. Clare Freeman 905-387-2448 Ext 2201 cfreeman@kemphospice.org. Excellent presentation with powerpoint and group interactions. Can be done as a zoom.
13. Estate Planning with Lawyer Heather Watson – including a Q and A. Heather is an associate lawyer at Agro Zaffiro LLP, focusing in the area of estates. Her practice consists of estate litigation, estate administration, and estate planning (which includes the preparation of Wills, Powers of Attorney, Trusts, etc.).
mail@agrozaaffiro.com (905) 527 – 6877
14. “Enjoying the Holidays with Dementia Sufferers.” Diane Mulholland from the Alzheimer’s Society of Halton and Hamilton. Karen Robinson 905-529-7030 Ext 211
15. Duncan Young has a unique presentation call “MindBusters” which is like a stand up comedy act with brain exercises for seniors who are light at heart!!
dyoung@ywcahamilton.org Fantastic and fun!
16. Speaker/ Author Catherine Astolfo, author of the Emily Taylor Mystery Series. Besides teaching for 34 years, Catherine Astolfo is an award-winning, Canadian best-selling author of mystery and psychological suspense. Find her on facebook.
cathy@catherineastolfo.com www.catherineastolfo.com 519-304-2741
17. Pauline Grondin—Professional Storyteller and Speaker. She has presentations on a variety of historical topics. We really enjoyed her Talk. titles; “ If Teapots Could Talk” - teacup conversations about the history of Canada. Pauline lives in Burlington 905-522-4157 \ spingolli@hotmail.com
www.Paulinegroindin.com

18. Terry Fallis: Award winning Canadian Author - fallis@thornleyfallis.com 416-515-7417
Ext 322 An excellent speaker who cares greatly about teachers.
19. Norma Shephard is the founder and director of the Mobile Millinery Museum, a unique travelling museum whose 'working hats' have raised funds for diverse causes, from homeless teens in rural Ontario, to cancer research and diagnostic equipment, to a women's and children's shelter in Israel.
Contact via: nfo@classicalextra.com
Norma Shephard, 691 Dynes Rd., Burlington On L7N 905-220-2762

AREA 6

Orillia – Pres. Kay-Ann Broger

1- Harry Skiddaw Crease (Skid)

Skid is a lifelong eco-activist. He is a former North York teacher, a program leader in Outdoor Education, and a course director in the Faculty of Education at York University. He wants to be part of the solution. He is passionate about his topic and an excellent communicator. We found him through his article in Renaissance.

Contact we had was **416-212-6349**

2- We had a very timely speaker in Chris Allum from the Ontario Securities Commission, who spoke of all the current frauds out there. We sent her a few questions ahead of time so that she could address specific concerns our members had. She was excellent and she tailors her talk to her audience. When she spoke to us it was about more personal types of fraud and when she spoke to our PROBUS club it was more about Ponzi schemes, financial scams etc.. Contact chrisallum@osc.gov.on.ca

AREA 7

Belleville Branch – Lynda Rollins

Our branch pays \$200 to our musical and theatre groups. Professionals will not take less than this. The Quinte area has a wealth of entertainers to select from. Too many to list them all.

1. KINDRED SPIRITS

a musical duo that consists of Gerry Burford and Lianne Snow

Gerry plays the guitar while Lianne sings. Her voice is perfection. They have a repertoire of 200 jazz and blues standards and love songs that span the decades from 1920 to today.

Email. kindredspirits315@gmail.com Text. 437-353-3040. They live in Colborne

2. TONY SILVESTRI - musician/singer. Plays. Keyboards and guitar solo or duo with bassist

Email. tonysilvestrimusic@gmail.com

3. STRING MASHUP

String quartet, Ukelele guitars percussion

From Colborne. Contact. Marie Lachner Email. mlachner@eagle.ca Phone. 905-269-6841

4. ONE ACT PLAYS

- contact your local playhouse/theatre group

Our branch pays \$200 to our musical and theatre groups. Professionals will not take less than this.

The Quinte area has a wealth of entertainers to select from. Too many to list them all.

GUEST SPEAKERS

Contact your local Probus group, Historical Society, etc. for a list of speakers.

Trenton – Jan Coates

Elizabeth Churcher and George Thomson (environment/nature topics)

541 Hunt Rd.

Tweed, ON K0K 3J0

613-478-3205

elizchurcher@gmail.com

Debra Palmer (theatrical—songs/skits)

52 Lost Channel Court

Thomasburg, ON K0K 3H0

613-724-8297

danel.palmer@gmail.com

Rhonda LaFosse (travelogue—Camino Trail for example)

1 Simmons Crt.

Trenton, ON K8V 6M9

613-391-1322

rhondalafosse@gmail.com

AREA 10

Sudbury Branch – President Hénédine Weiman

1. Fraud Presentation by the Sudbury Police
2. Elder Abuse
3. Parkinson Association
4. Chron's & Colitis
5. a) Wills & Power of Attorney by a member of the Advocacy North for Elders and Seniors (Funded by Legal Aid Ontario, Provincial Organization)

- b) Joint accounts between an elderly parent and a caregiver,
down-sizing - North for Elders and Seniors (Funded by Legal Aid Ontario
 - needing a ride for appointments
 - need to find accommodations
 - needing help at homesame organization.
6. Goshenite: business supporting seniors.

AREA 12

Mississauga Branch – Program Convenor Margaret Geare

The following is a list of excellent presenters compiled by Mississauga Branch:

Circle of Enrichment - <https://circlesenrichment.com/> Variety of subjects and speakers such as Cinema, Travel, Nature, Music our branch had Daniel Aonso daonso@gmail.com speak on Romantic Music in Films (fee \$150)

Thanh Campbell - Author, *Orphan 32*, thanhjames32@gmail.com - Autobiography, Orphan from Vietnam War, Reunion with Family (Fee \$500)

Lianne Harris - History By Harris - <https://historybyharris.ca/> History Consultant with Toronto Board - Topics - Ancient cultures, Medieval Era, Pre-Modern & Modern, Contextual History, religious History (Fee \$250)

Sue Williams, Author of a Sailing Adventure, *Ready to Come About*
(swilliams@golden.net)

Ready to Come About is the story of a mother's improbable adventure on the high seas and her profound journey within, through which she grew to believe that there is no gift more precious than the liberty to chart one's own course, and that risk is a good thing ... sometimes, at least. (\$200 + two books to raffle)

Peel North Branch – from Brenda Bissell, Liz Reinhardt – (President Kathy Avey)

1. Lianne Harris. The Queen's Closet. HistorybyHarris.ca. (647) 407-7951
liannerr@gmail.com Lianne is an excellent presenter with about 25 different topics to choose from. Many have artifacts that illustrate the topic. Her fee was \$250 last time I hired her and that was for a zoom presentation.

2. Sue Williams swilliams@golden.net

I would highly recommend Sue and Dave. Good power point. Quite an emotional story. Lots of photos, maps and a dramatic video while Sue reads a final excerpt from her book.

3. Georgetown Transfer - Sharon Allen - alltoones@gmail.com. (905) 230-1129

These 3 ladies, plus a fellow, have a very polished singing presentation a la Andrews Sisters complete with airforce uniforms. I've booked them for a Christmas party several times and they did not disappoint. They do have a few seasonal numbers as well. I believe their fee is \$350.\

Burlington – President Mary McCully

Author Jen J Danna. Jen is a scientist in the labs at McMaster University. She can talk about Covid, forensics, mystery writing. She's very personable and easy to listen to.

Lydia Snow – President Margaret Beaudette

Raptors Around the World (Mountsberg), virtual presentation

1 hr in length, \$100 + HST, Lara Butt, lbutt@hrca.on.ca, 905-878-5011 ext. 3310

Exploring Canada on the Trans Canada Trail, virtual presentation Sonya

Richmond & Sean Morton, comewalkwithus@hotmail.com,

\$125 cheque to Sonya Richmond, 205 - 693 Windermere Rd., London, ON N5X 2P1, 1-647-296-6267

Amazing Women

Lianne Harris: Historian & Social Studies Resource Specialist Consultant

Lianne Harris Racioppo, 56 Waringstown Dr., Toronto, M1R 4H3

liannerr@gmail.com 647-407-7951, virtual \$200,

An Adventure on the High Seas & the Journey Within, Sue & Dave

Williams, swilliams@golden.net, 1-519-827-7914, 30 Regent St., Guelph, N1E 4W4,

in person \$150 (Etransfer email address only suewilliamsgolden@bell.net)