



RWTO/OERO

Owen Sound and Area

RWTO Spring Luncheon

Wednesday, March 26, 2025 @ 11:30

Georgian Shores United Church

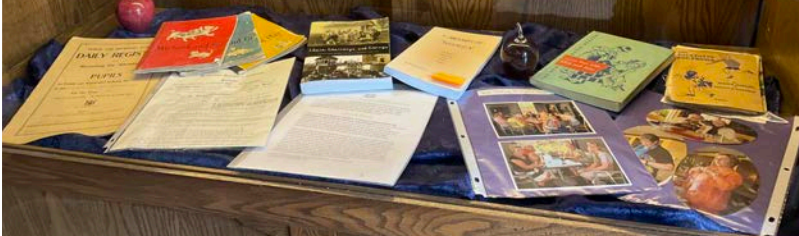
Cost: \$35.00

Speaker: Jason Crannie (Community Liaison Officer) from the Owen Sound Police Services, talking about Scams, Frauds and Seniors

Jan Murdoch, RWTO president will be joining us.

RSVP - Please call or email - Sue Loyst by Friday, March 21 if you plan to attend. 519-372-8660 sloyst@gmail.com

Did you visit the Owen Sound Artists Co-op and see the display window for RWTO?





We can make a difference!

Belated Happy International Women’s Day to all!

“Here’s to strong women: may we know them, may we be them, may we raise them.” Source unknown.

We are in a time of conflict and disruption. The shadow of great negative change looms over us. Yet we see regularly wonderful and amazing things being done by wonderful and amazing women. We are fortunate to be part of RWTO/OERO whose members are also wonderful and amazing retired women. Not only have you done great things in your schools but you have also done great things in our communities. Bravo! Now is not the time to step back from the challenges that we face. Be strong! Be firm! Use your voice. Be an advocate for all that should be kind and good and right in our province, country and the world!

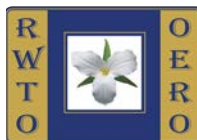


As you know, the RWTO/OERO Annual Convention is being held in June of this year. Marcia Masuda and Rebecca Hlynialuk have agreed to go as our Owen Sound and Area delegates. We thank them for giving of their time to attend.

Some of the work that will occur at the Convention is the consideration of resolutions that have been submitted. You can find these in the MARCH 2025 CONNECTIONS newsletter that you will have received. It is important to know what changes may result in RWTO/OERO if these resolutions are approved. If you have any questions regarding these resolutions please let me know.

I look forward to seeing you on March 26th at our March general meeting and luncheon. In the meantime, may we enjoy some sunshine in our days!

In caring and sharing,
Cynthia - President



Cards sent since our last Newsletter in November.

Sympathy cards were sent to Sharon Johnston at the passing of her brother, and to the family of Sandy Houlgrave at her passing,

Thinking of You cards were sent to Diane McLean at the cancer diagnosis of her daughter, and to Faye Sinclair after she suffered a stroke.

Birthday cards went to Armintha Belbeck and Donna Steinacher as they celebrated.

Valentines were sent to all our over 90 lovely ladies for Valentine’s Day.



Remember to claim your RWTO insurance premiums on your income tax! Manulife will be issuing tax receipts for those members who have not registered their ID cards online. Please ensure that you have advised Manulife if you have changed your address. You can also access your information and download your tax receipt online.

Remember that your RWTO dues for our group must be paid in order to access your services in the RWTO Insurance Program.

A reminder to members who may come home from a hospital stay and require services of a Personal Support Worker, Registered Nurse or Registered Practical Nurse, access to this benefit must be pre approved by Manulife. If your need for this service is urgent, you can call for verbal approval.

1-877-222-7340 or Terry Kennedy 519-583-0098
If you have any questions please feel free to contact me.

Take Care, Rhonda O’Reilly
RWTO Insurance Convenor

This lime recipe is from the Cook Islands women who are with the Women's Inter-Church Council of Canada (WICC).

Enjoy! Marcia Masuda

Lime Cookie Recipe (from Cook Islands)

- 1 cup butter
- 1 1/2 cups sugar
- zest from a lime and lime juice (approx. 2 tblsp.)
- 2 eggs
- 3 cups flour
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt
- Preheat oven to 350 degrees F.
- Cream together butter, eggs, lime zest, lime juice, eggs.
- Stir in dry ingredients.
- Bake for 10 minutes.



"Amidst life's chaos, find your happiness in the simple elegance of tulips." -

Ralph Waldo Emerson



USE IT UP WEAR IT OUT MAKE IT DO OR DO WITHOUT

- ★ Before tossing food or household items, think about how you can **use every last bit**. Plan meals to use up leftovers and rinse and reuse bottles or containers.
- ★ Extend the life of your clothes, furniture and tools. Sew up tears, mend shoes and fix broken zippers, or upcycle into patches or tote bags. Visit the monthly **Repair Cafe** at the Owen Sound Library for help with fixing & mending!
- ★ Before you buy something new, ask yourself: **Can I make do with what I have?** Find creative solutions and join local sharing groups or libraries to access or share tools, appliances, or items you rarely use.
- ★ Sometimes the best way to reduce waste is to skip unnecessary purchases. Before buying, ask yourself: **Do I really need this?** Waiting a day or two can help avoid impulse buys. Choose digital options for books, magazines and subscriptions and embrace a simpler lifestyle by focusing on what truly adds value.



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