



HAMILTON-WENTWORTH  
BRANCH

# Newsletter

OCT-DEC 2025

## Contents:

<i>President's Message</i>	<i>p.1</i>
<i>Membership</i>	<i>p.2</i>
<i>Happenings</i>	<i>p.6</i>
<i>Interest Groups</i>	<i>p.12</i>
<i>Community Events</i>	<i>p.17</i>



*Please send articles and  
photos for our next  
RWTO/OERO Hamilton-  
Wentworth Branch  
Jan. – Mar. 2026  
newsletter by Tuesday,  
Dec. 30, to  
[trandles@rogers.com](mailto:trandles@rogers.com).*

## President's Message

Someone hinted to me that the new year really begins in September, and everything is planned around that. Yes, it was a teacher that abided by that calendar! We have exciting things planned for this season.

HARVEST LUNCHEON means delicious food and the lovely ambiance of the Waterfront Centre with all the colours of the season reflecting off the water.

With cool weather creeping in, we think of the planned outdoor experience of the HAMILTON TIGER-CATS FOOTBALL GAME. Our comradery to cheer together for this amazing team will certainly bring fun and engagement on Saturday, October 11.

On Thursday, October 23 at 5:00 we are going to try KARAOKE at "Tracie's Place" Restaurant at 592 Upper James in Hamilton.

On Wednesday, October 29<sup>th</sup> at 1:30 we have a more somber, informative presentation on our definitive and necessary plans and questions about leaving this earth at the "Circle of Life" Centre, 100 King St. E in Dundas. We have sadly lost 4 of our members in July. We celebrate their lives in the "In Memoriam" section of the Newsletter.

We have a new date for the "NEW MEMBER'S BREAKFAST", now on Wednesday, November 5<sup>th</sup> at "The Egg and I", 1242 Garner Rd W Ancaster. This is a FREE breakfast for new members and for those who recruit them! On November 26 at 1:30 we have a science fiction author Julie Czerneda speaking on zoom. This is besides what is planned by our interest group's book club. If you like reading, take a look at what's going on!

On December 3 at 11:00 we have our Christmas Luncheon, "HOLIDAY HAPPENINGS". Look for the choir "Chorus Hamilton" to present some lovely Christmas music for our entertainment. Enjoy the full course turkey dinner buffet.

We have lots to celebrate. 2026 IS OUR 70<sup>TH</sup> YEAR! As we look forward to our 70<sup>th</sup> year, look for more special events and happenings. Make the most of your social time with RWTO!

It is an honour and a privilege to serve another year as Branch President. Ann Louise Gloyn, President [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com), (289) 921-0705



# Ontario



## Volunteer Service Awards

Six members of the RWTO/OERO Hamilton-Wentworth Branch received awards this year for their years of service on the Executive helping our Branch thrive. It is the first time that our Branch has applied for these awards, that include a certificate, and pin, and a recognition celebration at Liuna Station. Volunteers from throughout the area from various organizations are recognized at these events. Each organization is permitted to recognize 6 members annually. These awards do not include service at the Provincial level of RWTO/OERO, where Nancy, Sandie, and Mardie have also served for several years.

Our sincere congratulations to:

Danielle Chouinard	20 years
Eileen Collins	20 years
Rosemary Marcotte	20 years
Mardie Panabaker	15 years
Sandie Bender	10 years
Nancy Papiez	10 years



Danielle



Eileen



Rosemary



Mardie



Sandie



Nancy



" perhaps our purpose here on earth isn't a grand accomplishment, but a small kindness, that we don't think much of, that changes the life of another. "



## Insurance Tips

- \* If your partner/spouse has our RWTO Insurance and you should pass away, they continue to be covered as long as they keep paying their insurance premiums.
- \* If you have to take a taxi, uber or park for a follow-up appointment after hospitalization, hang on to those receipts as you may be able to submit them. Only applies when related to a hospitalization.
- \* Costs of walkers, canes, and even nordic walking poles may be covered. - Lynn Anderton

## Special Outreach

It's time to think about candidates for our "12th" year of the Special Outreach Project. Let's make this another successful year of helping citizens in our community. Contact Hope, [hopesleon01@gmail.com](mailto:hopesleon01@gmail.com).



### RWTO HAMILTON-WENTWORTH BRANCH "SPECIAL OUTREACH PROJECT" APPLICATION FORM

In keeping with RWTO's 'Caring and Sharing' motto, the Hamilton-Wentworth Branch has established a 'Special Outreach Project'. Once a year, a deserving local person or cause, submitted by one of our members, will receive a one-time donation of \$500 to help offset their financial needs. The donation will be presented privately, and will be announced at the Friendship Luncheon and in a newsletter.

Submissions must meet the following criteria:

- be for a local recipient
- be for an individual, family, or community project
- be for those in immediate or ongoing financial need
- not be a registered charity
- be submitted by an RWTO H-W member
- be received by January 15<sup>th</sup> (annually)

Applications may be submitted at the Christmas Luncheon, or mailed by January 15<sup>th</sup> (annually) to:  
RW Special Outreach Project  
C/O Hope Leon  
35 Delbrook Crt  
Hamilton, ON L8S 2B9



**NEW e-Transfer password and information. Please save this page if you use e-Transfers.**



Tandia Credit Union has included RWTO Hamilton-Wentworth in a pilot project for the use of e-Transfers by not-for-profit groups that require two signatures on the signed documents of the organization.

What does that mean for you? You may choose to use e-Transfers instead of cash or cheques to pay for Membership (Jennie Robson) or Luncheons and Branch Events that are booked through Moe Richardson. (Payments that are collected within our **interest groups** will continue to be paid by cash or cheque, as their funds are handled within the individual groups, and are not included in our main account, that is handled by our Treasurer, Lesley Devries.)

**Please follow these steps: STEP 1:**

**Memberships** - email Jennie Robson [jennierobson4@icloud.com](mailto:jennierobson4@icloud.com) and attach a .pdf or clear photo of your membership form that is available on the Hamilton-Wentworth page of the RWTO/OERO website <https://rwto.org/branch-new/hamilton-wentworth/> Let her know that you will pay by e-transfer but ... **DO NOT send your e-transfer to Jennie.**

**Branch Luncheons and Events** – email or call Maureen (Moe) Richardson [moerich3939@gmail.com](mailto:moerich3939@gmail.com) 905-575-3939 Let her know which event you are attending, your allergies, and the names of people you would like to sit with (for Branch Luncheons). Let her know you will send the funds by e-transfer but... **DO NOT send your e-transfer to Moe.**

**STEP 2: Send your e-transfer to this email address that is connected directly to Tandia Credit Union.**  
**[rwtohwfun@gmail.com](mailto:rwtohwfun@gmail.com)**

Our treasurer, Lesley Devries has access to this email address.

**DO NOT send your e-Transfer to Lesley's personal or RWTO email address!!**

**If you send an e-transfer directly to Lesley, Jennie, or Moe, it might go directly into their personal bank account instead of the Branch Bank account!**

**Type this security question: Name of organization?**

**NEW PASSWORD: RWTOHW** (capitals, no spaces, now 6 letters instead of 4)

**Don't forget include information in the memo/info/message box! (see the pink box below)**

Name: **RWTO Hamilton-Wentworth**

Email: **[rwtohwfun@gmail.com](mailto:rwtohwfun@gmail.com)**

Preferred Language: **English**

Send Transfers by: **Email**

Type **this** security question:

**Name of organization?**

Type **only** this answer: **RWTOHW**  
(all capitals and no spaces)

**Memo/Info/Message Box:**

1. Your name
2. Registration or Event Name
3. Contacted Jennie or Moe

**PLEASE NOTE: THE PASSWORD HAS BEEN CHANGED TO 6 LETTERS**

**How to e-Transfer: (setting up e-transfers in your bank account for the first time)**

- open your on-line account and click on the e-transfer tab
- set up a new contact in your banking Interac e-Transfers including the information in the pink box:
- Your financial institution may or may not require that you include a security question, but if they do, you must use the one **we** provide, do not create your own.
- Your financial institution will notify you by text or email when your e-Transfer has been accepted by RWTO Hamilton-Wentworth.





# In Memoriam



*Hamilton-Wentworth*

**Marilyn Hill**  
1940 - July 9 2025

A member of Hamilton-Wentworth Branch for nearly 30 years, Marilyn was a strong advocate of healthy active living both in our own group, and several others in the community. She was the Hamilton President of the Canadian Federation of University Women (2007-2009), and a prolific storyteller of life in Hamilton with the YWCA Seniors Centre. Marilyn retired in 1996 after 35 years of teaching in Hamilton and Toronto, having achieved her M.Ed. in 1979, and her Principal's papers in 1982. Marilyn greatly enjoyed attending our Branch luncheons over the years, especially our Friendship events where dancing was one of the activities.

Lucy devoted 35 years as an educator for the HWCDSB where she found tremendous joy in teaching the young people of her community. She received her Masters of Science degree while teaching. Lucy enjoyed attending our RWTO events and luncheons.



**Barbara Tweedie**  
1937 - July 19, 2025


**Lucy Maltais**  
1957 - July 18, 2025

A strong believer in service to others, Barb met her future husband "Dr. Tom" at Frosh Week activities at Western University, where she obtained her B.A. in 1959. After teaching high school English for 4 years, she took some time to raise her own family, returning as an Early Childhood Educator with the Public Board for 15 years. Barb received accolades for her church and community service with numerous organizations, and greatly enjoyed attending events held by the Branch.

Kathryn began her teaching career in 1968 with the Wentworth County Board, and later obtained her B.A, B.SW. and M.Ed. during her teaching years. A specialist in Primary and Special Education, she assessed and supported students who were referred to the Board's Diagnostic Centre. Many families lives improved because of her influence. A member of RTO District 13's Goodwill Committee, she kept in contact with Waterdown members by phone even when disabled herself. She enjoyed RWTO events when she able to attend.

**Kathryn Mills**  
1948 - July 22, 2025





**For Connections Magazine**  
December edition  
**Celebrating our 70th!**

**Members are asked to send a one or two sentence answer to the question ...**

**How has RWTO/OERO impacted your life?**

Please email your answers to Sandie B. or Sandra S. by Oct. 15th to ...

[sbender1@cogeco.ca](mailto:sbender1@cogeco.ca) or [smsalerno@rogers.com](mailto:smsalerno@rogers.com)

## Resolution Training

If anyone is interested in training on how to write resolutions for the 2026 Provincial AGM, please let me know by writing [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com) and I will send you the contact.



## Circle of Life Presentation

Free for RWTO members, spouses, & friends

Wednesday, October 22 @ 1:00

100 King St. E. Dundas, ON

Karin Schuett will present:

Changes in industry   Green burial   Aquamation  
Documentation required to have ready upon death

QUESTIONS

REFRESHMENTS

Contact [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com) to register



## Harvest Luncheon

*Wednesday, October 8, 2025, 11:00 am*

*Waterfront Centre, 555 Bay St. N. Hamilton*

**\$45.00**



*Entertainment featuring The DOWNTIME Band*

(Blues & Classic Rock)

Book a ticket from Moe Richardson

905-575-3939 or [moerich3939@gmail.com](mailto:moerich3939@gmail.com)

(send payment to 62 Randolph Ct, Hamilton L8W 2Z8)

Table Envelopes & "share the wealth" supporting Hamilton Foodshare

**September 30th is the last  
day to book your ticket.**

**Payment at the door, due to  
the postal strike.**

# KARAOKE NIGHT

Sing Your Heart Out!

## Welcome to a Night of Melody and Fun!

Step into a world where you are the star! Join us for a spectacular evening of music, laughter, and unforgettable performances at our upcoming Karaoke Night. Whether you're a shower singer or a seasoned performer, this event is designed for everyone who loves to sing, dance, or simply enjoy good vibes in great company.

## Event Details



- Date: Thursday, October 23, 2025
  - Time: 5:00 PM
- Venue: Tracie's Place Restaurant and Karaoke  
592 Upper James St, Hamilton
- Admission: Free! Bring your friends! Sing solo or with friends
- Dinner at Tracie's Place from the menu is optional



## Why You Should Join Us

- All Skill Levels Welcome: Whether you hit every note or just love the limelight, the stage is open to all. Bring your friends or come solo—you'll find a supportive crowd cheering you on.
- Extensive Song Library: From classic rock to current pop hits, old-school ballads to indie gems, the collection has something for everyone. Can't find your song? Request it, and the DJ will do their best to make it happen!
- State-of-the-Art Equipment: Experience crystal-clear sound and vibrant lighting designed to make every singer feel like a superstar. The wireless microphones and big-screen lyrics ensure a seamless performance every time.

## How to Participate

- Sign Up: Register with Lesley Devries at [rwto.lesley@gmail.com](mailto:rwto.lesley@gmail.com) or 289 221 1678





# ***New Members Breakfast Invitation***

Welcome to Retired Women Teachers of Ontario  
Hamilton-Wentworth Branch

## ***You're Invited!***

We are delighted to invite all new members and those who recruited them to our New Members Breakfast. Meet other members, learn about the history of RWTO, and enjoy a delicious breakfast.

### ***Event Details***

Wednesday, November 5 (**note this change of date**), 9:30 a.m.  
The Egg & I, 1242 Garner Rd. W. Ancaster, ON

### ***What to Expect***

- Warm welcome from our RWTO leaders
- Introduction to fellow new members
- Overview of membership benefits and activities
  - Brief History of RWTO
  - Light breakfast and refreshments (vegetarian and gluten-free options available)
  - Order off the menu on us!

FREE

FREE

### ***How to RSVP***

## **We Look Forward to Meeting You!**

Please confirm your attendance by Sunday, November 2  
[moerich3939@gmail.com](mailto:moerich3939@gmail.com) or [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com)  
or call Moe at 905-575-3939





## Author Julie E. Czerneda

**WEDNESDAY, NOVEMBER 26 @ 1:30**

**RWTO Zoom presentation - Register for the link with [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com)**

Julie E. Czerneda is a Canadian science fiction and fantasy author. She has written many novels, including four Aurora Award winners, (In the Company of Others; A Turn of Light; A Play of Shadow; The Gossamer Mage). Julie has also written several short stories and edited several anthologies.

In 2022 she was inducted into the Canadian Science Fiction and Fantasy Association Hall of fame.

The latest book, “A Change of Place”, explores what she finds most intimate and precious about us vs. Community.

Book four, “A Shift of Time”, of her “Nights Edge” series is in stores now.


Make new RWTO friends across Ontario!

Share ideas, contacts & more!

Have fun!

To receive link, Email: [hopesleon01@gmail.com](mailto:hopesleon01@gmail.com)

### “Let’s Do Coffee!”



Come join us for fun!

10:00 am. the last Thursday of each month, Sept. - June

Thurs. Sept. 25

Thurs. Oct. 30

Thurs. Nov. 27

Thurs. Dec. 18 (change of date)

Fun!

Fun!

Fun!





## ***"Holiday Happenings" Buffet***

**WEDNESDAY, DECEMBER 3 @ 11:00**

**St. Naum Orthodox Church, 1150 Stone Church Rd. E., Hamilton**

**FEATURING THE "CHORUS HAMILTON" CHOIR**

**Full course turkey dinner with trimmings (vegetarian option & special diet considered)**

**\$45.00**

**Ticket Registration to Moe Richardson; 62 Randolph Ct., Hamilton, L8W 2Z8**

**[moerich3939@gmail.com](mailto:moerich3939@gmail.com) or 905-575-3939**

**E-transfer [rwtowfun@gmail.com](mailto:rwtowfun@gmail.com); security question:name of organization, answer: RWTOHW**

# INTEREST GROUPS

## *Euchre West Interest Group*

We are looking forward to another season of fun at the Euchre Group West. You do not need to be skilled in Euchre to join the group; we will help you learn to play the game. You just need a desire to socialize and have fun. For those wishing to eat first, Southcote 53 opens at 11:30. We play at 1:00.

We have reserved the room at Southcote 53 in Ancaster for the last Monday of the month. The dates for fall are: October 27, November 24, and December 29.

Contact Gwen Kirkpatrick [rwto.gwen@gmail.com](mailto:rwto.gwen@gmail.com), 905-689-8975. Hope to see you there.



## *Euchre East Interest Group*

Join us once a month to play or learn to play EUCHRE, enjoy good conversation and laughter. We meet on the 2nd Thursday of the month, at noon at TEDDY's on Main St. in Grimsby, (there is lots of parking behind Teddy's). We eat lunch first and then play 2 to 3 games of Euchre.

If you are interested or have questions, please contact Lynn Gillie, [lynngillie@yahoo.ca](mailto:lynngillie@yahoo.ca), 905-309-4438

## *Art Appreciation and Tours Group*

If you wish to join the Art and Tours Group for an event, please email or phone Lynn Anderton the week before the event. Lynn Anderton: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com), 905-308-1133. Also, we are looking for someone who would like to take on the leadership for this interest group starting Jan. 2026.

Wed. Oct. 1<sup>st</sup> 1:30 - Beckett Fine Art Gallery, 197 Locke St. S. Hamilton

Beckett Gallery is celebrating its 100th Anniversary over 3 generations of Beckett owners. (Check out their website, [www.beckettfineart.com](http://www.beckettfineart.com) and fabulous video of the CHCH Morning Live interview with Thomas Beckett about the history and evolution of the Gallery!) They will be featuring the art of many of their top artists over the years. Optional Lunch 11:30 at Joey Turk's Island Grill, 178 Locke St. S. (Caribbean Cooking, including salad bowls, jerk)

Fri., Dec. 12<sup>th</sup> - Glenhyrst Art Gallery and Gardens, 20 Ava Rd., Brantford, (Reservations required by Dec. 1). Enjoy Low Tea at the Golden Teapot for 12:00, followed by visiting the Gallery and Gardens. Low Tea menu can be seen online under 'The Golden Teapot' and is \$29.99. Admission to the Gallery and Gardens is free, but they welcome donations. Glenhyrst is located on the edge of the Grand River. We can try to arrange carpools. Contact Lynn Anderton: [rwto.lynn@gmail.com](mailto:rwto.lynn@gmail.com), 905-308-1133



## *Painting Group*

The Artist Group is in full swing this Fall. We welcome new members who are interested in bringing their own materials and working on their own art. It can be anything from acrylic or watercolour painting to sketching and drawing in pastels and pencil crayons. We have a great group of ladies from beginner to advanced who are always willing to share ideas and inspiration with each other.

Whatever you like to be creative in, please join us on the first Tuesday of each month from 1:00 - 3:30 pm at the Dundas Senior Center, 10 Market Street, Dundas.

Our Fall dates are: October 7th, November 4th and December 2nd.

Contact: Cindy Robinson [cindyrobinson193@gmail.com](mailto:cindyrobinson193@gmail.com), 905-973-3836.

## *Knitting and Crocheting Group*

It was nice to get together again in September to continue making our blankets for various charities and to welcome back Pat Baulcomb after a lengthy recovery from a fall. Two large bags of blankets went to St. Joseph's Hospital in June. They were very appreciative and said that they could use all that we could provide. We will also continue to donate to other charities.

We will be meeting on October 14, November 11, and December 9 at The Dundas Seniors' Centre, 10 Market St. at 1:30. New knitters/crocheters are welcome.

For more information please contact: Gwen at [rwto.gwen@gmail.com](mailto:rwto.gwen@gmail.com), 905-689-8975



## *Zoom Movie Group*

After a summer hiatus, we are up and running again. We are meeting via Zoom at 1pm on October 6, November 10 and December 15.

We hope you will join us on Monday, October 6 to chat about the movie "Chef", found on Kanopy.

After a controlling owner (Dustin Hoffman) pushes him too far, chef Carl Casper (Jon Favreau) quits his position at a prestigious Los Angeles restaurant. As he tries to figure out what his next step should be, he finds himself in Miami. Carl joins forces with his ex-wife (Sofía Vergara), best friend (John Leguizamo) and son (Emjay Anthony) to launch a food-truck business, and the venture provides a chance to reignite his passion for cooking -- as well as his zest for life and love.



To receive more information and Zoom invitations, please contact Mardie at 905-527-6075, [mardiepan@gmail.com](mailto:mardiepan@gmail.com).

## *Golf Interest Group*

We play every two weeks until October 15<sup>th</sup> (and be back in May), ...

Anyone interested contact: Danielle Chouinard, [daniellechouinard3@cogeco.ca](mailto:daniellechouinard3@cogeco.ca), 905-635-9051

## Open Swim

NOTE: The swimming group that meets at WESTMOUNT Recreation Centre on Sundays, 1:00 -2:30 for the open swim for adults 55+ is cancelled until after Thanksgiving due to pool maintenance.

The cost is \$4.00 or recreation cards are accepted. We meet afterwards for a cold drink in the foyer. Contact: Ann Louise Gloyn, [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com), (289) 921-0705.

## Stampin' Up Cardmakers Group

The Cardmaking Team completed almost 1700 cards for the Purse Project. 🤗



Front Row: Nancy Smith, Janice Jacobs, Jeannie Hrycenko, Mardie Panabaker  
Back Row: Liz Dymek, Theresa Linger, Deb Pratt, Mary McCracken, Adrienne Fasullo, Pinky Mauro, Liz Verrall (Annette Rhodes, Marlene Buchanan, Fran Branch)

### MYSTERY CALLER

This is a message to the member who called me asking for more information about the Cardmakers.

I lost your contact information.

Would you please call me again?

Mardie – 905-527-6075

[mardiepan@gmail.com](mailto:mardiepan@gmail.com). (We meet on the 4th Tuesday each month at the Dundas Seniors Centre from 1-3)

Sending a huge shout out to the RWTO members who joined us in July and August to write messages in the cards. Thank you, Patty Alexander, Pat Baulcomb, Lynda Chittley, Trish Cordiner, Kim Catchpole, Ann Louise Gloyn, Anna Iskat, Hope Leon, Isabella Marchese, Sylvia Meyer, Nadia Palchek, Nancy Papiez, Jennie Robson, Dalia Small, Pat Williams.

## Bumper Babes Bowling

We bowl every third Friday of the month, at 11am at Mountain Lanes on Upper Wentworth Street. There is no need to have prior bowling experience. The cost of two games and shoe rental is \$20. After two hard-fought games, we often go out for lunch. We decide on a local restaurant on the actual day.



The next dates will be October 17, November 21 and December 19. Members receive a reminder email the week before. Please contact Marion Brooks, [mebrooks29@gmail.com](mailto:mebrooks29@gmail.com), 905-627-9294, if you are a new member who would like to join us. The more, the merrier!



## *Lunch Bunch*

Summer provided 3 opportunities to get together for some food and fun. Now we are ready to plan our fall outings. I was able to get a confirmation for the Rock Garden Bistro this time. We're looking at going Italian in November and then keeping with tradition, going to the Mandarin in December. If you have ideas of places to try, please let me know and I will look into them. Please keep in mind that they must be accessible and have parking close to the entrance. (not needing to take out a mortgage would be good, too. 😊)

September at State and Main, Upper James



Wednesday, October 15: The Rock Garden Bistro, 1185 York Blvd Hamilton @ 12:00. This is NOT in the main RBG building. It is at the Rock Garden. There is accessible parking by the building and across the street. Anyone wishing to visit the gardens after lunch will have to pay park admission. Note, they are closed Monday and Tuesday so I have to get the final numbers in to them by Saturday, October 11. Also, if our party is 10 or more they add an automatic gratuity of 18%.

Wednesday, November 19: Cavallo Nero, 370 Wilson St. E Ancaster @ 12:00. There is free parking behind the restaurant.

Wednesday, December 17: Mandarin, 1508 Upper James St. Hamilton @ 12:00.  
Lots of free parking around the restaurant.

Please reply by the Saturday prior to each event to [rwto.lunchbunch@gmail.com](mailto:rwto.lunchbunch@gmail.com), or call Gwen Kirkpatrick @ 905-689-8975.

## *Walking on the Mountain & Coffee*

We walk on the first Monday of the month at 1:30.

Call Rosemary at 905-975-8421 or email [rosemarymarcotte@me.com](mailto:rosemarymarcotte@me.com), to let Rosemary know you are coming and to find out where to meet.

## ***Bridge***

IF YOU WOULD BE INTERESTED IN PLAYING BRIDGE, WE HAVE A MEMBER WHO IS INTERESTED IN STARTING A GROUP!

Please contact Ann Louise, [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com) or Danielle, [daniellechouinard3@cogeco.ca](mailto:daniellechouinard3@cogeco.ca)

## ***Book Clubs***

### **Book Club Three**

Our October meeting marks the beginning of the eighteenth year of the book club! For the next three months we have chosen the following books:

- "Blind Tiger", by Sandra Brown
- "Finding Edward", by Sheila Murray
- "Sweet Bean Paste", by Durian Sukegawa

At the November meeting, Sheila Murray will be joining us to discuss her book, "Finding Edward". An author expressing their thoughts enlivens the discussion and deepens the experience of reading a particular book. We are looking forward to this special occasion.

Contact: Ann Ivoll, [ann.ivoll65@gmail.com](mailto:ann.ivoll65@gmail.com), 905-679-2362

## ***Scrapbooking***

### ***AND WHAT DID YOU DO ON YOUR SUMMER VACATION?***

Although, I have been retired now 10 years I still feel the Labour Day jitters. Perhaps this is because 35 years of feeling I was about to jump on a whirling merry-go-round the next day, is a little hard to let go of, or it could be because our oldest is a PE teacher in Halton and I am living vicariously through her.

I think of the first day when students would share what they did on their summer vacation with their teachers or classmates. I still get to do that as a scrapbooker. In fact, I relive our great times with family and friends as well as what we did on day excursions or trips every time I sit down to scrapbook. This summer we travelled to Newfoundland and were impressed with the scenery, food and the friendliness of locals and fellow travellers. With pictures, paper and glue I recreate every happy moment.

We are looking for more enthusiasts who wish to recreate their past memories through scrapbooking. To get started you will need scrapbook paper, glue, paper cutter, scissors; all available at the dollar store, Walmart or Michaels. Consider joining a wonderful group of women, whose creative talents are encouraged and refined by the others.

Where: Dundas Senior Centre – 10 Market St. S. Dundas

When: 3<sup>rd</sup> Tuesday of the month

Time: 1:00pm–3:00pm

Contact: Debbie Pratt – [deb.pratt10@gmail.com](mailto:deb.pratt10@gmail.com), 905-689-0253.

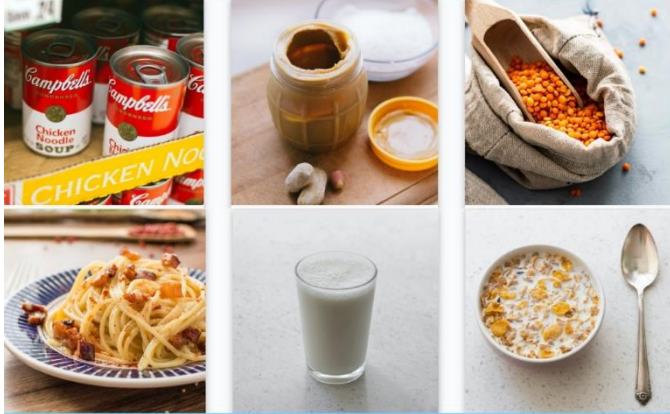


# EVENTS IN THE COMMUNITY

## Donate Food

Help us feed seniors in need.

### M O S T   N E E D E D   I T E M S



st. matt's  
*where hope thrives*

Our Seniors First Response Team offers immediate support to seniors 55+ including emergency food delivery and follow up supports to alleviate a future crisis.

If you are interested in helping us with a food donation, here's a list of our most needed items:

- canned goods
- peanut butter
- dry beans
- rice
- pasta & sauces
- powdered milk
- cereal
- personal hygiene items

Please drop off at 705 Main Street East (entrance off St. Claire Ave at the ramp door/blue wall).

More info at:

<https://stmatthewshouse.ca/help-us/donate-food/>  
#WhereHopeThrives 💙

*Wishing you a Happy Thanksgiving*





**India-Canada Society**  
HAMILTON SECTION

**PROUDLY PRESENTS THE 33<sup>rd</sup> GANDHI PEACE FESTIVAL**



**The Gandhi Festival is Free - All are Welcome**

## **Mahatma Gandhi Peace Festival**

**Saturday, October 4, 2025**  
**10:00 am – 2:00 pm**

City Hall, 71 Main Street West Hamilton,  
ON, Canada (Wheelchair Accessible)

### **Program:**

- 09:00 Display tables, volunteers' registration
- 10:00 Coffee & Tea
- 10:15 Performances
- 11:00 Welcome and Greetings  
(Council Chambers – 2nd floor)  
**TBA**
- 11:15 Keynote speaker  
**TBA**  
Emeritus Professor, McMaster University
- 12:15 Climate Change: What can I do? Take  
the Pledge (at Gandhi statue)
- 12:30 Peace March
- 01:15 Hot lunch (outside)

**Visit our website for details or contact:**  
Gandhi Peace Festival Organizing Committee  
E-Mail: [gpf.hamilton@gmail.com](mailto:gpf.hamilton@gmail.com)

**33<sup>rd</sup> Anniversary Festival Theme:**  
**Threat to Democracy and World  
Order**

### **Related Event**

**Centre for Global Peace and Social  
Justice,  
McMaster University  
The Annual Mahatma Gandhi  
Lecture on Nonviolence  
Details to be announced**

**Gandhi Peace Festival website: [gpsj.humanities.mcmaster.ca/gandhi-peace-festival](https://gpsj.humanities.mcmaster.ca/gandhi-peace-festival)**

**Find us on Facebook page: *GandhiPeaceFest***

### **Co-Sponsors:**

- City of Hamilton
- McMaster Faculty of Humanities
- Centre for Global Peace and Social Justice program
- Mohawk College
- Hamilton Malayalee Samajam



### **Community Partner:**

- Hamilton Spectator



**Food - from India Village  
Restaurant, Ancaster**



# ***Live Your Best Life 2025***

## **"The Power of Connection"**

**A day filled with information and inspiration**

### **Enriching Conversation, Making Connections, Celebrating Each Other**

This is a day to be with people, to connect in a time when so many feel isolated, to remind ourselves how wonderful and healing it is to spend time with family, friends and others in our community.

### **Linda Rourke – Event Emcee and speaker**

With over 30 years in broadcasting and content creation, Linda (Freeman) Rourke is a host, writer, and producer known for her authentic storytelling and ability to connect with people. She has interviewed more than 1,000 guests across television, podcasts, and digital media, and created the long-running lifestyle program *Hamilton Life*. Her leadership experience includes serving as Acting Director with the Mohawk College Foundation and Communications & Digital Content Coordinator at Mohawk College. Today, she produces life and wellness shows with Everything Podcasts and Pattison Media, blending her media expertise with her passion for conscious living as a certified yoga instructor and creative entrepreneur.



### **Dr. Gary Warner - Keynote**

Dr. Warner is a retired professor at McMaster University (Francophone Literature, Peace and International Development). Dr. Warner remains active in the Hamilton Community on issues related to international development, peace, poverty, human rights, antiracism, immigration, and social justice. He has participated in many committees including the Governing Council of the Hamilton Centre for Civic Inclusion, the Steering Committee of the Hamilton Roundtable for Poverty Reduction, the Hamilton Immigration Partnership Council, Hamilton Community Foundation and sits on the Board of the Good Shepherd.

**9:15 – 2:00, Sat. October 25, 2025**

(doors open at 8:30 for registration)

**Marshall Memorial United Church  
20 Gilbert Avenue, Ancaster**

**\$60.00 for the day, includes breakfast fare and lunch**

**For information or to register contact [trandles@rogers.com](mailto:trandles@rogers.com)**

*A Grandmothers of Steel fundraiser for the Stephen Lewis Foundation, Grandmothers to Grandmothers Campaign*



[www.grandmothersofsteel.com](http://www.grandmothersofsteel.com)