



HAMILTON-WENTWORTH  
BRANCH

# Newsletter

APR - JUN 2026



## Contents:

<i>President's Message</i>	<i>p.1</i>
<i>Membership</i>	<i>p.2</i>
<i>Happenings</i>	<i>p.8</i>
<i>Interest Groups</i>	<i>p.11</i>
<i>In the Community</i>	<i>p.16</i>

*Please send articles and photos for our July 2026 RWTO/OERO Hamilton-Wentworth newsletter by June 26, to [trandles@rogers.com](mailto:trandles@rogers.com).*

## President's Message

We usher in a new season with hope for our own growth as well as that of our gardens. This year Retired Women Teachers of Ontario celebrates its 70<sup>th</sup> year, with a rich history and caring women at the helm. Read the brief history on our website at <http://rwto.org/>. We have certainly come along way!



Besides growing as individuals, we are growing as an organization. Organizing and participating in interest groups and luncheons means each one of you plays a part in developing this social organization. We have added trivia night, and authors on zoom this year. We have added to our interest groups with Book Club # 4, and Open Swim. We hope you play a part by sharing ideas with our executive.

"*From Chalk to Change*", this year's convention in London, should be an incredible event. Held at Western University, it will start with a Wellness Fair including speakers and yoga. There will be tours on Wednesday afternoon, and of course the banquets on Tuesday and Wednesday, with entertainment. The silent auction usually has such wonderful things that we all compete for. The business portion of the convention is for delegates, so consider volunteering or joining this highly social adventure.

Our "Friendship Luncheon" is on Wednesday, April 8<sup>th</sup>. Bring a non-member who is a retired education professional. Our silent auction is usually a hit, and this year the proceeds go to help support our interest group costs. "Spring Fling" and Annual General Meeting is more than a business meeting. It is all about the food, fellowship, and fun. Book a ticket for Wednesday, May 13<sup>th</sup> and join with us in celebrating Spring and the fiscal year-end.

It has been an honour to serve another year as President of RWTO Hamilton-Wentworth, such a vibrant and caring organization. I look forward to continuing the executive role as Past President and holding the 'Events' portfolio.

In closing, I must mention that we need you as well to be a part of our planning!

-President Ann Louise Gloyn, [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com), (289) 921-0705

## ***2026 AGM Convention***

*Call to Convention  
"From Chalk to Change"  
70th RWTO/OERO  
London, Western University AGM Convention  
June 2 - 4, 2026*

Wellness Fair including speakers and yoga!  
Tours and Staycations  
Entertainment after the Banquets on Tuesday and Wednesday  
Annual General Meeting with Resolutions

To register <https://rwto.org/convention/rwto-oero-jubilee-online-registration/>

For accommodation in Clair Hall residence, University of Western Ontario  
<https://share.google/eCbULKoJ2niroGMPq>

We need volunteers for positions on the Executive Committee. The committee meets four or five times a year. You can share positions. You are welcome to attend the next executive meeting on Wednesday, April 22 at 9:30 at the Chartwell Deerview Crossing, 460 Rymal Rd. W. Hamilton, to learn more about what each position requires of you and how we operate. See a meeting first hand.

### ***Insurance Tips***

Comfort Care Benefit- \$25.00 per day to a maximum of \$600.00. For any one stay it is automatic.

Physician Validation Benefit- pays for expenses charged for validating or completing a form. \$50.00 maximum for any one injury or sickness.

Hearing Aid Benefit- pays towards the purchase or repairs to hearing aids, including costs of batteries, or cochlear implants. Maximum of \$200. Every 4 benefit years.

- Lynn Anderton, Insurance Convenor



## ***Beacon of Light Illumination Campaign***



### ***The Beacon of Light – A Special Celebration***

In honour of the 70<sup>th</sup> Anniversary of our RWTO/OERO organization, we have arranged a Beacon of Light Campaign to illuminate the good works our not-for-profit group has been involved in for over 70 years. This is appropriate, as our ladies have been involved since the beginning in shedding light on inequities, the sometimes unseen needs within our communities as well as across the province, and working to improve them. We do this not only for our members, but for citizens across Ontario. Our ladies believe in our motto of *Caring and Sharing*. They willingly use their varied talents to light up the lives of those around them. They donate their time and skills, running programs, collecting materials and giving monetary gifts to many local charities. They share their humour, their ideas, their love for humankind. These ladies just glow with inspiration, warmth and light!

For our Hamilton-Wentworth Branch, the celebration will take place at City Hall at 11:30 on Thursday, April 9<sup>th</sup> and include the lighting up of our Hamilton sign. Similar light ups and ceremonies will be happening across the province. We are hoping for the CN Tower, the Toronto sign, Niagara Falls, areas in London, Ottawa, Gananoque, Sarnia, Stratford, Windsor and more, focusing on the original 12 areas that banded together to create what we are now. The celebrations will highlight how, what began as an innocent conversation during a card game in Toronto more than 70 years ago, grew to include 42 branches across Ontario. It has grown from retired women teachers to a wide variety of women who have worked in the education field. It will be amazing to see all the philanthropic works our organization has been involved in over the years, and hear what we have accomplished.

We hope you will consider joining us at City Hall. Car pool with member friends if possible. Consider wearing our colours, blue and yellow. If you can bring a lantern or battery operated candle that would be great. You will be able to join in our opening song, which is a version of This Little Light of Mine. This will take place on the second floor foyer, just outside the council chambers. The ceremony will run around 30 to 40 minutes and include photos inside City Hall and also in front of our HAMILTON sign outside. It will be lit up in blue and yellow that night. There will be a few speeches, including a summary of some of the many ways our branch has supported the citizens of Hamilton. We are hopeful that we will have media joining us, CHCH, Cable 14, The Spectator, The City of Hamilton Magazine and some radio celebrities.

If you are able to participate, please email Lynn Anderton via [Rwto.lynn@gmail.com](mailto:Rwto.lynn@gmail.com). I will send further info and it will allow us to know how many chairs we will require for members and guests. Plan to be there by 11:00 so we can review during set up. The program begins at 11:30 and will likely wind up by 12:30 or sooner.

The more of us that participate, the greater the statement it will make. Hopefully this gets word out about our organization to a wide range of people. We hope the media follow up reaches many. If ever there was a time to get some good coverage, this 70th anniversary would be the year.

This jubilee year culminates in our 70<sup>th</sup> Convention, taking place the first week of June. It is being held on the campus of Western University, the site where our first convention took place. Clare Hall, a newer residence for women, will house and host us. There will be a free Womens Wellness Day on June 2<sup>nd</sup>, with over 200 amazing displays, speakers and information.

It is a privilege and honour to belong to this amazing group of women. May we continue to grow and glow for another 70 years!

Hope to see you on April 9th!

Lynn Anderton  
Area 4 Director  
Provincial Marketing Chair

## *Beacon of Light*

*Seven decades of wisdom, a legacy bright,  
Twelve original branches, our beacons of light  
From those first pioneers who paved the way,  
To the retired women educators leading today.*

*With good will as our compass and hearts ever kind,  
Community involvement is a treasure we find.  
In every small gesture, the message is clear,  
The RWTO/OERO spirit is felt far and near.*

*Our motto of caring and sharing rings true,  
A bond of sisterhood in all that we do.  
Our history we highlight with these illumination lights  
April 9<sup>th</sup> will show such marvellous sights!*

*So we celebrate seventy years of this grace,  
For the women who make this a much better place.  
Still shining, still leading, with stories to tell,  
Congratulations RWTO/OERO,  
70 years, we've done quite well!*

*- by Colleen Robertson*



## Outreach

What an inspirational story we received this year for our branch's "12th" anniversary of "The Special Outreach Project". Our recipient of the \$500 grant, Louise Reid, ... affectionately known as "Grandma Louise", is an almost "90" year old woman who cares for her "93" year old husband of 69 years. He has dementia, and requires a personal support worker three times a week. She is a mother of three, and grandmother and great-grandmother of eight. Louise works hard in the community, and has been volunteering at the Eva Rothwell Centre for over twenty years, stocking pantry shelves, and driving at her own expense, to pick up food donations to feed the hungry. The \$500 grant will certainly help with family expenses, care for her husband, and help her continue to support her own family who are on a limited budget. She is certainly an inspiration to us all, and it was a pleasure meeting her!



The \$500 cheque was presented to her at the Eva Rothwell Centre on Thursday March 5th. She was extremely excited and pleased to receive this monetary gift from our Branch.

Thank you to our member, Isabella Marchese, for sending us this wonderful application, and to my committee, Ann Louise Gloyn, Lesley Devries, and Ann Ivoll, for your assistance. Thank you to our membership for your support of this very worthwhile initiative, and helping our goal to help others in our community.

- Hope Leon, ... "Special Outreach" Chair

### Outreach Report from Ruth Settle

The executive has approved the following charities or non-profit organizations for the members to support:

At our Friendship luncheon - The Native Women's Centre - providing support, guidance and services regardless of creed, sexual orientation or ethnicity.

At our AGM - Monies raised will go through the Compass Community Health, specifically to the Compass Breakfast Program providing hot breakfast 4 times a week at the St. Lawrence and Bennetto Elementary Schools.

Just a reminder that we are also supporting the Purse Project. See the attached information about what to include in the Purse if you choose to participate. Enjoy personally choosing the items and knowing that a purse no longer needed by you will be appreciated by someone else. We will collect purses in the parking lot at our Harvest Luncheon on October 7.

Please see the directions below.

# The Purse Project Network



## HOW TO PACK A PURSE



**1) Source a MEDIUM - LARGE PURSE.** Ensure that the purse is **NEW** or **"LIKE NEW"** and is in excellent condition. Remember this is a **GIFT** you are giving to a woman!

**TIP:** The purse should be big enough to hold the 10 Essential Items.

**2) Purchase the 10 ESSENTIAL ITEMS.** These products are what Organizations have requested be included in each purse.

**TIP:** If filling a purse gets too pricey for you - why not do it with a friend or two and share the expense!?

**3) PACK THE PURSE with these items.** ALL the items included in the purse **MUST BE NEW!**

**TIP:** If a scarf doesn't fit in the purse, tie it around the handle!

### 10 ESSENTIALS:

- |   |                            |
|---|----------------------------|
| <b>1. Toothbrush</b>  | <b>6. Lip Balm</b>         |
| <b>2. Toothpaste</b>  | <b>7. Body Wash</b>        |
| <b>3. Deodorant</b>   | <b>8. Warm Socks</b>       |
| <b>4. Body OR Hand Lotion</b>                               | <b>9. Hat OR Scarf</b>     |
| <b>5. Shampoo (or 2-in-1<br/>shampoo &amp; conditioner)</b> | <b>10. Mitts OR Gloves</b> |

### OPTIONAL EXTRA ITEMS:

- Coffee, Walmart or Dollar Store Gift Card
- Journal & Pen
- Facial Cleanser
- Gum, Mints
- Snacks, Protein Bars
- Mascara, Eyeshadow
- Lipstick
- Nail Polish
- Nail File, Emery Board
- Nail Clippers
- Foot Scrubber
- Rain Poncho
- Playing Cards
- Facial Mask
- Purse-size Tissues
- Purse-size Feminine Products
- Makeup Case
- Dental Floss
- Body Spray
- Hair Conditioner
- Bath Scrubby
- Small Umbrella
- Makeup Remover Pads
- Purse-size Q-tips Package

Use the QR code to get an electronic version of this document



For Information about our Chapters, Campaigns & Other Details:

[www.thepurseprojectnetwork.com](http://www.thepurseprojectnetwork.com)

#### PLEASE NOTE THE FOLLOWING RESTRICTIONS:

##### ALL ITEMS MUST BE NEW - NO USED PRODUCTS

- Ensure purse is **CLEAN** inside & out, and in **VERY** good condition
- Please Remove or cover all price stickers
- **NO** small purses, evening bags, overnight bags, or school-type backpacks
- **DO NOT INCLUDE THESE ITEMS:** super-sized containers or packages, glass jars, vitamins, medications, essential oils, bath bombs, mouthwash, razors, nail polish remover, books



The Purse Project Network



Joanne Weeks, one of our Associate Members from the Haldimand Branch received the Cora Bailey Award in a recent ceremony in her area.

Sending congratulations and our warm regards her way!

## ***A Well-Deserved Nomination***

We are delighted to share that Mary McCracken has been nominated for the 2026 Women of Distinction Awards in the Education | Training category, presented by YWCA Hamilton. The Education | Training award honours a woman who mentors and empowers others, equipping them with the tools to make positive change. Mary truly embodies that spirit. Please join us in celebrating this well-deserved recognition.

*A lifelong Hamiltonian, Mary's steadfast commitment to education, equity, and community service has transformed countless lives. The daughter of Japanese Canadian parents who rebuilt their lives in Hamilton after WWII internment, Mary was raised with a deep belief in resilience, learning, and service. She went on to earn her Master's degree and dedicated 31 years to teaching, becoming an important role model for visible minority girls and a champion for inclusive education.*

*Beyond the classroom, Mary worked to advance systemic change through the Federation of Women Teachers' Association of Ontario (FWTAO), advocating for equity for women and racialized educators. In retirement, her commitment has not slowed. She continues tutoring French Immersion students and newcomers, and remains a pillar of our church community – supporting Wesley and local families through more than six decades of generous volunteer service. She works with seniors and promotes outreach activities in her day to day life.*

(Unfortunately I did not win the award but continue to be active in the community. Thank you for your support!!! You are the best! - Mary)



**"Spring is nature's way of saying, 'Let's party!'" - Robin Williams**

# HAPPENINGS – LOOKING BACK

## *Trivia Night at Shawn & Ed Brewery Co.*

RWTO was represented by an 11-member team on February 25<sup>th</sup>. We were the “Teacher’s Pets” and with the first set of 12 questions were in 2<sup>nd</sup> place. Unfortunately, by the end of the 3 sets of 12 questions per set, we ended up 7<sup>th</sup> out of 18 teams! The place was crowded and everyone seemed to have a good time. It was an interesting night, perhaps though pointing out more of what we don’t know! Participants are eager to plan another TRIVIA NIGHT, perhaps trying another location.



# HAPPENINGS – LOOKING FORWARD

**Don't forget**

## **The Friendship Luncheon**

**Wednesday April 8th 2026, 11:00 - 3:00**

**Courtyard Marriot, 1224 Upper James, Hamilton**

**\$45 per person, tickets must be booked by April 1<sup>st</sup>.**

**There are two ways to pay for the meal:**

- **by cheque payable to "RWTO Hamilton-Wentworth" and mailed to Maureen (Moe) Richardson, 62 Randolph Court, Hamilton ON L8W 2Z8**

- **by e-transfer to [rwtohwfun@gmail.com](mailto:rwtohwfun@gmail.com)**

**Security question: name of organisation**

**Answer: rwtohw**

**(If you choose to pay by e-transfer, please confirm with Maureen that you have made this payment.)**

# Zoom with Author Cinda Gault

Thursday, April 16, 1:30 - 2:15 p.m.

Book the zoom by contacting [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com)

Cinda Gault holds a PhD in English from York University. Her most popular fiction books include “Everything I Hope For” and “A Small Compass”. She writes historical fiction that “brings courageous women to life—women who defy the limits placed on them and insist on choosing their own path”. She has grandchildren in the Hamilton area!

You can order her books on Amazon, Kindle, or Goodreads.

Cinda Gault, Author of *Everything I Hope For* and *A Small Compass*, Grey Goose Press

## “SPRING FLING” & AGM

Wednesday, May 13, 2026, 11:00 a.m.

**WATERFRONT CENTRE, 555 Bay St. N., Hamilton**

Contact Maureen Richardson to book ticket by Wed, May 6

[Moerich3939@gmail.com](mailto:Moerich3939@gmail.com), 905-575-3939

(tell Moe if you're e-transferring payment)

Pay by:

- cheque to Moe: 62 Randolph Ct., Hamilton L8W 2Z8

or

- e-transfer to treasurer Lesley [rwtohwfun@gmail.com](mailto:rwtohwfun@gmail.com)

(security question is name of organization answer rwtohw)




**BOOK DRIVE & TABLE ENVELOPES & SHARE THE WEALTH TBA**

# MAMA MIA

**Glendale Secondary School, 145 Rainbow Dr. in Hamilton is putting on a production of Mamma Mia. We are supporting them by reserving 20 tickets at a reduced rate of \$15. If you are interested in attending the matinee on Wednesday, May 27 at 11:00, please book a ticket with us by E-transfer, ([rwtohwfun@gmail.com](mailto:rwtohwfun@gmail.com)) and contact Ann Louise. Alternatively, you can pay cash or cheque at the "Spring Fling" and AGM on April 13th. For more information contact [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com)**



Make new friends throughout Ontario!		Thurs. Jan. 29
		Thurs. Feb. 26
Sharing, Caring, & so much FUN!		Thurs. Mar. 26
		Thurs. Apr. 30
Plan events, invite each other, and give support to each other!		Thurs. May 28
		Thurs. June 25
How great is that?		@ 10:00 am.
		<b>JOIN THE FUN!</b>
Come-join us!	<b>"Let's Do Coffee!"</b>	in 2026

Contact Hope Leon for the link, [hopesleon01@gmail.com](mailto:hopesleon01@gmail.com)

*"It is spring again. The earth is like a child that knows poems by heart."*

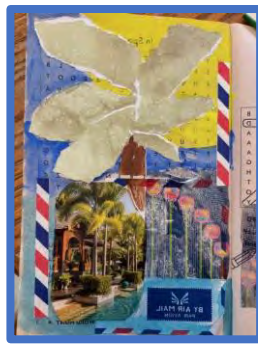
— Rainer Maria Rilke

# INTEREST GROUPS

## *Artists Group*

Our RWTO Artist Group has enjoyed a productive winter season. We have been sharing our creativity with each other. Tina showed us how to create "Altered Books" using an old book, collage material and paints or markers to turn pages into something beautiful. There will be more sharing in the spring.

We have continued to gather and inspire each other as we work on our own projects. We have a few new members and always welcome more. We meet at the Dundas Senior Center (10 Market Street) the first Tuesday of each month from 1:00 - 3:00. The next dates are: April 7th, May 5th, and June 2nd. Hope to see you there! Cindy Robinson - [cindyrobinson193@gmail.com](mailto:cindyrobinson193@gmail.com), 905-973-3836



## *Bumper Babes Bowling*

The Bumper Babes meet every third Friday of the month, at 10:45 at Mountain Lanes on Upper Wentworth Street. We bowl 2 games at a cost of \$20 then go for lunch (if desired). No experience is needed to enjoy this fun outing with your fellow retirees.

Our next bowling dates are April 17, May 15. There will be no bowling in June, but we will bowl on Friday, July 3 to make up for June.

Contact Marion if you are interested in joining us at [mebrooks29@gmail.com](mailto:mebrooks29@gmail.com), phone 905 627 9294.



## *Walking on the Mountain & Coffee*

We will be meeting at 1:30 pm, Monday, April 6<sup>th</sup>, (the first Monday of the month), at the stairs near the incline at Mountain Park.

Sharon Miller will be the contact person for at least 3 months Contact Sharon at 289-489 6163 [sharonmiller163@gmail.com](mailto:sharonmiller163@gmail.com).

## *Scrapbooking*

*Thank Goodness it's Spring!*

It was a long snowy cold winter and when it was just too cold to venture outside, I chose to gather up my pictures and scrapbooking supplies and create. It wasn't too long before pictures of sand, sun and gardens warmed my heart and body.

In the spring edition of Thirteenth World, the focus was on Mind and Body: Strategies for well-being. Scrapbooking has allowed me to learn new techniques, explore creativity, engage socially and challenge myself. It serves as a mental rather than physical outlet for me.

If you are interested in joining our group of accepting, encouraging and positive women, please reach out to me and I can get you started for the upcoming meeting.

Where: Dundas Senior Centre – 10 Market St. S. Dundas

When: 3<sup>rd</sup> Tuesday of the month

Time: 1:00 pm-3:00 pm

Contact: Debbie Pratt – [deb.pratt10@gmail.com](mailto:deb.pratt10@gmail.com), 905-689-0253.

## *Lunch Bunch*



After a well attended fun lunch at the Collins Brewhouse in January, we ended up having to cancel our February lunch due to an ice storm. In March we enjoyed a meal at the Watermark in Waterdown. Now that spring has arrived, we shouldn't have a problem with the weather so we are going to try again the Village Restaurant in Stoney Creek. These are the restaurants, dates and times for our spring Lunch Bunch:

April 15 : The Village Restaurant, 25 King St. W., Stoney Creek @ 12:00 (There is parking behind the restaurant)

May 20: Betula, 225 King St. W., Dundas @12:00 ( There is parking beside the restaurant)

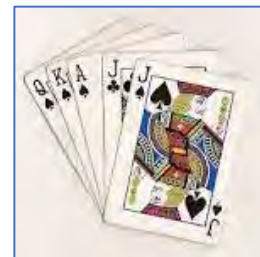
June 17: Copetown Woods Bistro, 1430 2nd Concession Rd. W., Copetown (Lots of parking in the lot. (Please note, this one is not confirmed because they don't open until April. It is a golf course)

As always, I will need to know by the Saturday prior to the lunch if you are coming so that I can confirm the reservation. Gwen Kirkpatrick [rwto.lunchbunch@gmail.com](mailto:rwto.lunchbunch@gmail.com) or 905-689-8975.

## ***Euchre West Interest Group***

After having to cancel our euchre games in December and January due to inclement weather, we were glad to be able to get together again in February for food and fun. Our next Euchre dates are April 27, May 25 and June 29.

As usual, we will meet at Southcote 53 Tap and Grill at 534 Garner Rd. E. in Ancaster. We will continue to meet at about 11:45 for lunch or if you just want to play Euchre, we start at 1:00. Everyone is welcome to join us. You don't have to be a pro. Just come and enjoy the companionship and the game.



A reminder will be sent out to those on my list in the week prior to playing. If you wish to be added to the list or have any questions, contact Gwen Kirkpatrick [rwto.gwen@gmail.com](mailto:rwto.gwen@gmail.com), 905-689-8975.

## ***Euchre East Interest Group***

We meet in Grimsby on the third Thursday of the month. Join us at noon at Teddy's, on Main Street for lunch and then we play euchre until 3 PM. Enjoy good food, conversation, laughter and euchre.

Our next get-togethers are on Thursday, April 16th, Thursday, May 21st, & Thursday, June 18th.

If you are interested or have any questions contact Lynn Gillie, [lynngillie@yahoo.ca](mailto:lynngillie@yahoo.ca), 905-309-4438

## ***Open Swim***



Do you want to splash around in a fabulous large pool? Chat with new friends while running on the spot or doing leg lifts? Relax in the hot pool? Swim lengths? Have a drink and conversation after? The Westmount Recreation Center pool on Sundays at 1 - 2:30 with a bunch from RWTO is right for you! There are no kids. Contact: Ann Louise Gloy, [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com), 289 921-0705.

## ***Stampin' Up Cardmakers Group***

The RWTO Cardmaking Interest Group meets monthly on the 4th Tuesday of the month at the Dundas Community Centre at 10 Market Street in Dundas. We have a great time.

The upcoming dates include April 28, May 26 and June 23.

Newcomers are welcome. If you are interested in joining or have questions, contact Nancy Smith at [marcelsmith@rogers.com](mailto:marcelsmith@rogers.com).

## Zoom Movie Group

We watch a free film on our own and then meet, online at 1pm for 45 minutes to discuss the film. In April, May and June our dates and screenings are:

Monday, April 13 – *Citizen Kane*, on Hoopla

Monday, May 11 – *My Donkey, my Lover and I*, on Kanopy

Monday, June 15, tbd.



Come and join us. To receive more information and Zoom invitations, please contact Mardie at [mardiepan@gmail.com](mailto:mardiepan@gmail.com), 905-527-6075.

## Art Appreciation and Tours Group

Hopefully a member who has enjoyed many of our trips will step forward to keep this interest group going!

Tips: With the Junos in Hamilton again this year, the Beckett Fine Art Gallery has an exhibit which focuses on Hamilton and area singers who are also artists! This display continues till April 11th. If you have not had the chance to visit it yet, Bloomland in OZ at the RBG is fabulous. It ends on April 6th, but you might still be able to reserve a ticket. The AGH is free every Thursday. Art Crawls are usually the 2nd Friday of the month, with the Supercrawl happening in September.

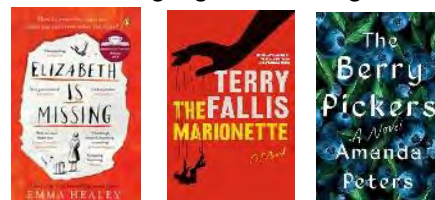
## Book Clubs

Book Club Three – Spring has finally arrived so Book Club Three is meeting again. During the next three months the following books will be read and discussed:

April: *Elizabeth is Missing*, Emma Healey

May: *The Marionette*, Terry Fallis

June: *The Berry Pickers*, Amanda Peters



For the April get-together we will watch the movie, *Elizabeth is Missing*, starring Glenda Jackson to enhance our review of the book. At the May meeting, we will be joined by Terry Fallis, in person, to discuss his latest book *The Marionette*. As always it is exciting to have an author present to hear his/her views on writing a particular book.

We meet on the first Tuesday of the month, at 1:30. Contact: Ann Ivol, [ann.ivol65@gmail.com](mailto:ann.ivol65@gmail.com), 905-387-6662.

**Book Club Four \*\*\*NEW\*\*\*** – We met for the first time on February 19<sup>th</sup> in the afternoon at the Hamilton Airforce Association downstairs. We had read *Identity*, by Nora Roberts as our first book, which was one of “Heather’s Picks” from Indigo. All but one of us found the book captivating but a bit predictable.

Our next book is Canadian author Alice Zorn’s *Five Roses*, which is one of the Library Book Club suggestions. There is still room to join us! We meet the third Thursday of the month at 1:30. Contact [rwto.annlouise@gmail.com](mailto:rwto.annlouise@gmail.com) or [ruthsettle@hotmail.com](mailto:ruthsettle@hotmail.com)



## ***Knitting and Crocheting Group***

Our prolific knitters and crocheters have really been busy over the winter making blankets for various homes. Before Christmas we took 24 in to Wentworth Lodge and received the following acknowledgement:

*On Christmas morning, the residents of Wentworth Lodge were thrilled to receive the beautiful blankets which were hand made by the Retired Women Teachers Hamilton Wentworth group. We are so grateful to have received these cozy blankets. Almost immediately, the residents put them to good use!*

*At this time of year especially, the gift of warmth is greatly needed, and appreciated by all. With sincere thanks and gratitude. - The staff and residents of Wentworth Lodge*

We have more ready to go to St. Joseph's hospital and some have gone to Macassa Lodge where they will be used as part of the welcome package for new residents, with more to follow.

Our next gatherings will be on April 14, May 12, and June 9 at the Dundas Senior's Centre, 10 Market St. S., from 1:30 to 3:00. We'd like to welcome our new members who are contributing their expertise. Anyone who is able to knit or crochet a square is welcome to join us.

For more information please contact Dalia Small ([ladybggg@gmail.com](mailto:ladybggg@gmail.com)) or Gwen Kirkpatrick ([rwto.gwen@gmail.com](mailto:rwto.gwen@gmail.com)) (905-689-8975)

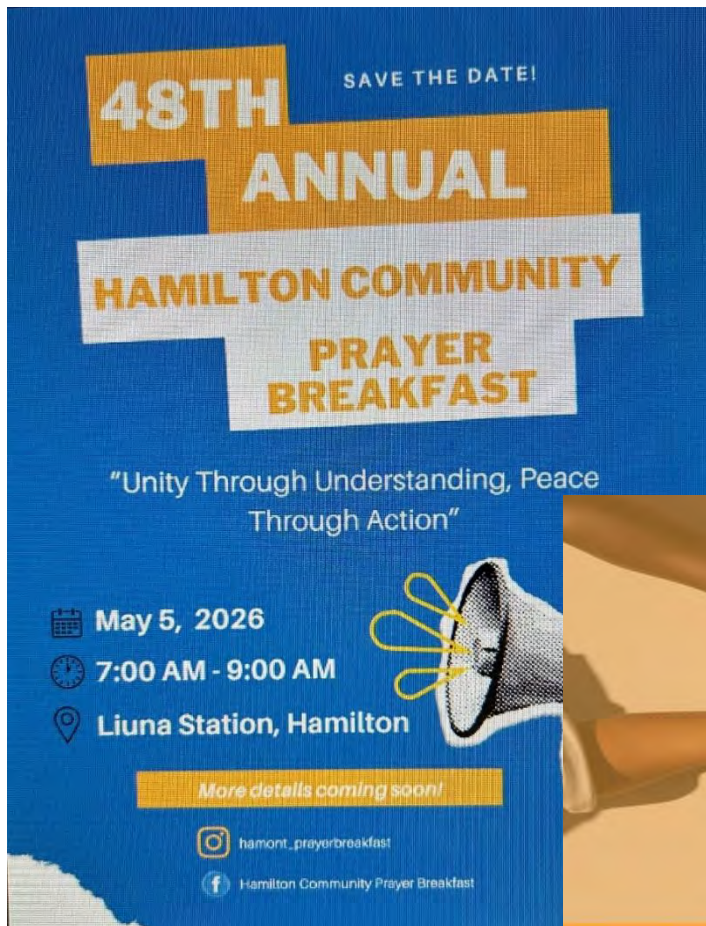
## ***Golf Interest Group***

The Golf group will be starting on May 6th (weather permitting).

We don't keep score. It's for fun and socializing. We play 9 holes every two weeks, from May until October 15<sup>th</sup>. Anyone interested in joining us can contact: Danielle Chouinard, 905-635-9051, [daniellechouinard3@cogeco.ca](mailto:daniellechouinard3@cogeco.ca).



# IN THE COMMUNITY



**48TH** SAVE THE DATE!  
**ANNUAL**  
**HAMILTON COMMUNITY**  
**PRAYER BREAKFAST**

"Unity Through Understanding, Peace Through Action"

May 5, 2026  
7:00 AM - 9:00 AM  
Liuna Station, Hamilton

More details coming soon!

hamont\_prayerbreakfast  
Hamilton Community Prayer Breakfast



## TICKET ORDER FORM

Kindly make cheques payable to:  
"Hamilton Community Prayer Breakfast"  
Please return cheques & a copy of this ticket order to:

**Dawnmarie Warburton**  
Hamilton Paramedic Service  
489 Victoria Ave. N. Hamilton, ON L8L 5H1

**For e-transfer information email:**  
dwarburt@hamilton.ca

**Deadline to order tickets: April 26, 2026**

Organization: \_\_\_\_\_ Contact Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Email: \_\_\_\_\_

Tickets: \_\_\_\_\_ x \$35.00 = \_\_\_\_\_

Table of 10: \_\_\_\_\_ x \$350.00 = \_\_\_\_\_

Total amount enclosed: \_\_\_\_\_

Doors Open  Hamilton **MAY 2 & 3,  
10AM - 4PM**

## Auchmar Estate

88 Fennell Avenue West (at West 5th St)  
Hamilton, Ontario



### Supporting Seniors at Home

As we age, maintaining independence and connection becomes essential. *Home Instead* provides compassionate, personalized support for older adults who wish to remain in the comfort of their own homes. From companionship and meal preparation to personal care and errands, our caregivers help seniors live safely and comfortably while bringing peace of mind to families. Learn more at [www.homeinstead.ca/3032](http://www.homeinstead.ca/3032) or call 905-521-5500.

Snow Nguyen  
Home Care Consultant  
Hamilton & Brantford  
2338113 Ontario Ltd.

Home Instead®  
108 George St, 2nd Floor  
Hamilton, ON, L8P-1E2  
T: 905-521-5500



Here is a letter from Geras Centre for Aging Research at St. Peter's Hospital, which RWTO Hamilton-Wentworth supports. We donate to Geras at our Annual General Meeting, on behalf of the memorial to those who we have lost in our RWTO Hamilton-Wentworth membership.

" I ... wanted to connect to share a resource that may be of interest to you and the RWTO members. Recognizing your long standing support of the Geras Centre for Aging Research at St. Peter's Hospital, I wanted to share that a podcast series was launched, titled GeriEvidence. The podcast series features guest experts from Geras, Hamilton Health Sciences, McMaster University, and around the world, and is available for streaming on Spotify and the Geras website. Episodes are released monthly, each lasting about 25 minutes. I will attach the link below for easy access.

The podcast is hosted by Dr. Alexandra Papaioannou, Geras' executive director, award-winning geriatrician, and professor of medicine at McMaster. Dr. Papaioannou has shared: *"GeriEvidence is a great way for us to share the important work and research happening here in Hamilton and around the world."* Each episode focuses on a different aspect of aging research and geriatric care, with topics including fall prevention, delirium, dementia and innovations in hospital care.

I thought GeriEvidence may provide more insight into the incredible research conducted at Geras, supported by our generous donor community. Link to access GeriEvidence podcast: <https://www.gerascentre.ca/gerievidence/>

I hope you enjoy the podcast, and I hope to connect with you soon!"

Warm Regards,  
Sophie  
Sophie Hughes (*she/her*)

*Development Coordinator*



# INTRODUCING Parkland Ancaster

For many retired teachers, leaving the classroom does not mean leaving behind curiosity, connection, or care for others. A lifetime spent nurturing young minds, advocating for fairness, and building community leaves a lasting impact. Retirement becomes not an ending, but a new chapter where relationships, learning, and belonging matter more than ever.

At Parkland Ancaster, this philosophy shapes daily life. Opened in 2024 within one of Canada's most historic communities, the residence has been thoughtfully designed for people who value independence, and meaningful connection. It is a place where experience is respected and where every resident's story is welcomed. "Residents often speak about the comfort of finding familiar rhythms in our community," said General Manager, Cameron MacDonald. "They love their morning walks in our beautiful outdoor spaces, lively conversations over shared meals, book clubs, lectures, and wellness programs. The opportunity to continue learning, sharing ideas, and forming friendships feels natural and deeply affirming."

The community itself is nestled in a quiet neighbourhood surrounded by natural beauty, offering a calm setting without disconnecting from the world beyond its doors. Spacious suites and welcoming shared spaces allow residents to balance solitude and togetherness, while daily programs encourage both reflection and participation. Whether someone prefers a discussion group, gentle movement, creative pursuits, or simply time spent connecting with others, there is room to choose what feels right.



What many residents value most is peace of mind. Parkland Ancaster offers a full continuum of lifestyle options, from Independent Lifestyle Apartments to All-Inclusive and Supportive Living. This means residents can remain within the same community as their needs or preferences evolve, supported by services and care that adapt over time. The reassurance of aging in place, surrounded by familiar faces and trusted support, allows residents to focus on living well. Belonging is not something that happens by chance. Team members at Parkland Ancaster are intentional about creating an environment rooted in respect, dignity, and genuine care. Residents are known by name, listened to, and encouraged to share their interests, talents, and leadership. Many find joy in mentoring, volunteering, or contributing ideas that help shape community life, continuing a lifelong habit of giving back.

Beyond its walls, Parkland Ancaster remains connected to the broader community through relationships with local schools, cultural groups, and volunteer organizations. These partnerships reflect shared values of social responsibility, learning, and advocacy, values deeply familiar to those who spent their careers in education.

If you believe in caring and sharing, in staying intellectually engaged, and in supporting one another through life's changes, Parkland Ancaster offers more than a place to live. It offers a community where friendships grow, voices are heard, and purpose continues. A place where the lessons of a lifetime are not left behind, but carried forward, together.



[experienceparkland.com/ancaster](https://experienceparkland.com/ancaster)

905-379-9839

550 Golf Links Rd, Ancaster, ON L9G 0J5