



Hello Everyone,

Now that the Convention is so close at hand, there are just a few last-minute messages that may be helpful to you.

Revised Address

Please ensure that you have the correct address for Clare Hall as some information that went out had a typo in the street number. My apologies.

**Clare Hall
271 Ramsay Rd,
London, ON
N6G 0S2**

Driving/Parking

Just a reminder that if you are staying overnight at Clare Hall, parking is free (and breakfast too). You will be given a parking pass when you register for your room. If you have not booked a room, you can pay with a credit card \$3.00 an hour to a maximum of \$12.00 a day, with free parking after 5pm.

Our 90+ guests will have free parking and receive their free parking pass when they arrive for the Thursday luncheon.

When you arrive (*if on Tuesday):

- Pull up to the front of Clare Hall (driving from right to left)
- Assistants will help you unload your car. (supervised storing area until you return)
- Register and pick up your parking pass to put on your dashboard.
- Find a parking spot (directly in front of Clare Hall, or in the over flow lot, especially if you enjoy a bit of exercise.)
- Handicapped parking (with permit) is to the right of the road into Clare Hall
- Return to Clare Hall, and get your luggage and take the elevator to your room.

We have been told that there is also the possibility of some construction on Western Rd. Please drive carefully.

Volunteers

We are very fortunate to have over 55 volunteers to assist you at the convention. They are there to greet you, answer questions, and help and guide you to areas you wish to go. You can recognize them by the long white scarf around their neck which has red Maple leaves on it.

They will also have a volunteer name tag.

The Convention 2026, registration desk staff are also there to help with any questions that you may have and to help provide directions. The convention registration desk will be staffed until dinner time each day. They will also have a master list of all activities that will take place throughout the convention.

We know Mardie Panabaker and her knowledgeable team will be pleased to assist you in any way that they can.

Pine Croft Pottery Tour Message

This is a message for those individuals who signed up for the Pincroft Pottery tour. Nancy Strutt and Connie McInnes, your very organized and capable tour organizers have a great trip planned for you. Please be prepared to leave the AGM or wherever you may be at 11:00am, and board the bus immediately at 11:15am. You may leave AGM bags etc. with the Registration team, to pick up when you return.

Room Temperature

We had a question about the room temperatures. In the Mercato room, the temperature is set at 23C. Each room in the residence will have its own thermostat.

Clare Hall has air conditioning so if you get cold easily, you may wish to bring a sweater or indoor jacket, just in case. Most temperatures may be adjusted, if necessary.

Meals

Just a reminder that the meals are buffet style. You help yourself to the plentiful buffet and take your dishes back at the end of the meal. For those who require assistance, help will be there for you.

Wellness Fair/Staycations

Drums

Drums with instructor Anne Low will be at the Wellness Fair. She will be in Lounge 1 at 11am and 1pm on Tuesday. She is bringing her own drums and some additional drums for you to experience.

Exercise Balls

For delegates who are participating in the Wednesday AGM, during the morning break there will be an opportunity to do some ball exercises. There will of course be beverages and pastries at this time as well. The break will be extended to 20 minutes from 15 minutes.

Each delegate will receive an exercise ball.

If you are not a delegate and wish to purchase your own ball, or you wish to purchase an additional ball, you may do so at the Wellness Fair on Tuesday @ Table 31. For those who wish

to learn more about the ball exercises, the Canadian Centre for Activity and Aging instructor will also be available on Wednesday afternoon at 1pm and 2pm. Location to be announced.

New Workshops! Wellness Fair, 10am & 1pm



Sound Healing with Reiki for mind, body and soul. Join Kim Totten from the Nurture Company of London, and Linh Doan for a restorative Reiki & Sound Healing session to align energy and bring calm into the body. Each session is 30 minutes in length.
(Location to be announced.)

ALSO - Check out the “Caring & Sharing Quilt” raffle information on the last page!!

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Caring & Sharing Quilt Raffle



A Professionally Crafted Quilt entitled “Caring & Sharing” has been handmade and donated by Gale Bulkley of Quiltinator. Made especially for the Jubilee Convention - this quilt will be “raffled” (as its value far exceeds the value of a Silent Auction donation).

The value of the quilt is \$600.00.

Quilt Dimensions: Queen sized. Approx. 117cm x 103cm (70inches x 80inches)

Tickets are **3** tickets for **\$10.00** or an arms length for **\$20.00**.

Tickets can be purchased at the **Silent Auction during Auction Hours** - CASH ONLY

1. Please put your name and phone number on the back of your purchased ticket.
2. Place your purchased ticket which has your contact info in the white raffle bucket.
3. Keep the other ticket that matches the ticket you placed in the bucket

Draw for the Jubilee “Caring & Sharing” Quilt will take place at the Gala Dinner on Wednesday. You do not need to be present to WIN provided you have printed your name and phone number clearly on your draw tickets.

Good Luck!

Best wishes. I can't wait to see you all at the convention.

Judy Massey, Convention Convenor, 2026